glyceraldehyde 7^{13} was converted into a mixture of stereoisomers 8 and 9 (1/1.4). The isomeric mixture was subjected to the intramolecular hydrosilation-oxidation sequence to form 10 and 11 in 64% combined yield. The acetonides were, fortunately, readily separated into two optically pure stereoisomers, 12 (R_f 0.5) and 13 (R_f 0.29), by simple column chromatography (silica gel, hexane/EtOAc, 2.5/1).11 No 2,3-erythro isomers were obtained, if any only trace, indicative of the perfect syn stereoselective hydrosilation.¹⁵ These products, 12 and 13, were deprotected to free pentitols which were converted into, respectively, optically pure D-arabinitol pentaacetate (14) and xylitol pentaacetate (15). 16,17 It may be mentioned that the present pentitol synthesis is among the shortest pathways together with the highest stereoselection ever reported, 4a,d,g starting with optically active glyceraldehyde derivatives.^{2a} Refinement and further applications as well as development of the procedure for the opposite stereoselection, 2,3-erythro (anti), are now under investigation.

Acknowledgment. We thank the Ministry of Education, Japan, for a Grant-in-Aid for Scientific Research (no. 60550605) and H. Fujita for measurements of 400 MHz ¹H NMR spectra.

Supplementary Material Available: Data and/or copies of 400-MHz ¹H NMR spectra of acetonides 4a and 4b and 8, 9, 12, and 1 (7 pages). Ordering information is given on any current masthead page.

(17) Optical rotations, $[\alpha]_D^{20}$, of compounds prepared in this study are as follows: 8, +1.82° (c 1.10, benzene); 9, -2.97° (c 1.01, benzene); 12, -10.0° (c 1.56, EtOH); 13, +21.1° (c 1.28, EtOH); 14, +37.25° (c 1.02, CHCl₃); 15, $\pm 0.00^{\circ}$ (c 1.07, CHCl₃).

Biosynthesis of Ephedrine

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Received January 29, 1988

It is remarkable that the biosynthetic origin of the simple phenylpropanoid skeleton of the Ephedra alkaloids (e.g., (-)-

ephedrine (1) and (+)-pseudoephedrine (3)) is still not established. Label from [3-14C]phenylalanine was shown, 1 30 years ago, to be specifically incorporated into C-1 of (+)-norpseudoephedrine (4) in Catha edulis and, 10 years later, into C-1 of (-)-ephedrine

(1) in Ephedra distachya.^{2,3} Tritium from [ring-³H]phenylalanine also entered the alkaloids. 2,3 It was originally thought 4-6 that the aminophenylpropanoid system of the alkaloids was derived either directly from the aminophenylpropanoid system of phenylalanine⁴ or by reaction of a phenylalanine-derived phenylethylamine moiety with a one-carbon unit.5-7 These views had to be abandoned when it was found^{2,3} that label from [2-14C]phenylalanine did not enter (-)-ephedrine (1) and that label from [2,3-14C]phenylalanine was found solely at C-1 of ephedrine (from 3-14C) but not at C-2, the site predicted for entry of label from [2-14C]phenylalanine. It thus became evident that phenylalanine supplies neither the intact C_6-C_3 skeleton of the alkaloids nor a C_6-C_2 moiety but merely a C₆-C₁ unit. Benzoic acid and benzaldehyde, whose sidechain carbon atom enters C-1 of (-)-ephedrine, 2,3 are presumably intermediates on the route from phenylalanine into the C₆-C₁ unit of the alkaloids.

The origin of the C₂ unit, C-2,-3, of the alkaloids remained unknown. None of a wide range of ¹⁴C-labeled substrates ([2-¹⁴C]glycine,³ [U-¹⁴C]alanine,³ [U-¹⁴C]serine,³ [U-¹⁴C]aspartic acid,³ [2-¹⁴C]propionic acid,³ [1⁴C]formic acid,^{3,7} [6-¹⁴C]glucose³) delivered radioactivity preferentially into this unit.

We now report that this C₂ unit is derived from the intact CH₃CO- group of pyruvic acid.

A freshly prepared solution of sodium [2,3-13C₂]pyruvate (99.0 atom % 13C, 100 mg, MSD Isotopes, Montreal, Canada) in demineralized water (1 mL) containing Tween 80 (0.01 mL) was applied with a fine paint brush to the growing stems of mature plants of *Ephedra gerardiana*, on each of 5 successive days (September 1987). Thus, a total of 500 mg of labeled pyruvate was administered. The plants were allowed to grow for 2 more days and were then harvested. The aerial parts (66 g fresh weight) were macerated in methanol (100 mL), hydrochloric acid (4 M, 3 mL) was added, methanol was removed, the residue was suspended in dilute hydrochloric acid (0.1 M, 50 mL), and the aqueous suspension was washed with ether (4 × 50 mL) and was then basified with K₂CO₃. The alkaloids were extracted into ether $(4 \times 50 \text{ mL})$ and reextracted into hydrochloric acid $(1 \text{ M}, 2 \times 10^{-4})$ 5 mL). Evaporation of the acid extracts gave a residue containing base hydrochlorides. The 75.47 MHz proton noise decoupled ¹³C NMR spectrum of this sample (57 mg in 0.6 mL of D₂O) is presented in Figure 1.

The spectrum shows that the sample consists of the hydrochlorides of pseudoephedrine⁸ (3), ephedrine^{8,9} (1), norpseudoephedrine (4), and norephedrine⁸⁻¹⁰ (2) in the ratio 52:35:10:3

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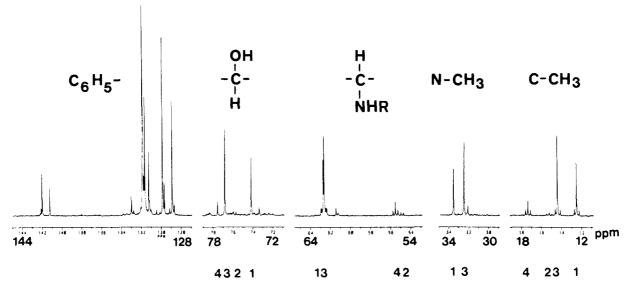


Figure 1. Proton noise decoupled ¹³C NMR spectrum (75.47 MHz, 5000 transients) of alkaloid hydrochlorides (57 mg in 0.6 mL of D₂O) obtained from plants of Ephedra gerardiana after administration of sodium [2,3-13C2] pyruvate. The spectrum was recorded on a Bruker AC 300 spectrometer under standard conditions, with sodium 2,2,3,3-tetradeuterio-3-(trimethylsilyl)propionate (\$0.00 ppm) as internal reference. The numbers below the δ (ppm) scale show assignments of the signals to the four compounds 1-4.

Scheme I

(based on the peak integrals of the central lines of the C-methyl signals). The C-methyl signal (C-3) of each of the four alkaloids consists of a central line (δ 12.49 (1), 14.39 (3), 15.24 (2), 17.36 (4) ppm) straddled by a doublet (J = 37 Hz). A similar pattern is discernible in each of the signals due to C-2 (δ 54.95 (2), 55.51 (4), 62.61 (3), 62.69 (1) ppm), i.e., the carbon atom to which the amino group is attached. The benzylic carbon atoms (δ 74.16 (1), 75.69 (2), 76.81 (3), 77.55 (4) ppm) and the phenyl carbon atoms (δ 128-142 ppm) give signals which appear as singlets.

The relative intensities of the central lines of the multiplets, and of the singlet signals, in each of the four components of the spectrum of the enriched sample, are identical within experimental error with the relative intensities of the signals in the natural abundance spectra of authentic alkaloid hydrochlorides. Thus, only the doublets in the spectrum of the enriched sample are due to ¹³C-enrichment. The specific incorporation of pyruvate into each of the alkaloids can thus be calculated from the relative intensities of the satellite and central peaks in the signals due to the coupled carbon atoms, C-2 and C-3 (percent incorporation = 1.1 × (area of doublet/area of central peak)): pseudoephedrine (3) 0.22%, ephedrine (1) 0.32%, norpseudoephedrine (4) 1.0%, norephedrine (2) 1.4%.

It can be concluded on the basis of the spectrum that pyruvic acid supplies an intact CH₃CO- group from which the C₂ unit, comprising the C-methyl group and the neighboring carbon atom, of the four Ephedra alkaloids, 1-4, is derived. Thus, the carbon skeleton of the Ephedra alkaloids is generated from two fragments, a C₆-C₁ unit related to benzaldehyde and a CH₃CO- moiety derived from pyruvate.

The enzyme-catalyzed condensation of precisely these fragments is known to occur in yeast and has been the subject of many investigations:11-21 Carboxylase (EC 4.1.1.1) catalyzed condensation¹⁸ of benzaldehyde and pyruvic acid in the presence of thiamin pyrophosphate leads, with loss of carbon dioxide, to the two enantiomers of 1-hydroxy-1-phenylpropan-2-one (5). Stereospecific amination of the two enantiomers at the carbonyl group, catalyzed by a transaminase, leads to (-)-norephedrine (2) and (+)-norpseudoephedrine (4), respectively.²² It is tempting to speculate that a similar sequence of steps is responsible for the biosynthesis of these two compounds in Ephedra species.

Methylation of the two norbases, 2 and 4, by transfer of an S-methyl group from methionine, 23 yields (-)-ephedrine (1) and (+)-pseudoephedrine (3), respectively, in the final step of the biosynthetic sequence.

Attempts to trap the putative intermediate, 1-hydroxy-1phenylpropan-2-one (5) or to demonstrate²⁴ specific incorporation into the alkaloids of label from ¹⁴C-labeled samples of this compound have so far been unsuccessful, however.

The present finding, that the nonbenzylic C₂ unit of the Ephedra alkaloids is derived from pyruvate, solves a biosynthetic problem of long standing. The solution, so long delayed, turns out to be anticlimactic.

Acknowledgment. This work was supported by a grant from the Natural Sciences and Engineering Research Council of Canada. We are indebted to N. J. Bollerup, The Geographic Garden, Kolding, Denmark, for a gift of Ephedra plants and help with their propagation and to N. Rastrup Andersen, Leo Pharmaceutical Products, for recording the ¹³C NMR spectra.

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