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A versatile synthetic methodology for the synthesis of tryptophols

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Abstract—Tryptophols have been obtained in high yields by the reduction of 3-substituted-dioxindoles (obtained by the aldol condensation reaction of ketones with isatins or by a modified Knovenagel malonate condensation) using a borane tetrahydrofuran complex. The reported methodology offers distinct advantages over existing methods for the synthesis of these compounds, including consistently greater yields, diastereoselective syntheses and the possibility for the synthesis of a wide range of structurally different tryptophols. The reduction reaction was found to proceed via an intermediate 1,3-diol-oxindole, which was obtained diastereoselectively and, which was subsequently reduced to the corresponding tryptophol. © 2002 Elsevier Science Ltd. All rights reserved.

1. Introduction

The indole nucleus is widespread in both natural and unnatural products. The interest in this skeletal structure is reflected by the numerous methodologies that have been devised and continue to be explored for its synthesis.¹

Tryptophols are a class of indoles bearing a C-3 hydroxyethyl side chain that may or may not be α - and or β -substituted. Tryptophol and a number of its derivatives have been isolated from a variety of natural sources.² In addition, some tryptophol derivatives are known to posses biological activity. Esters of 5-methoxytryptophol posses anticholinergic activity, whereas 5-methoxytryptophol and other tryptophols have little or no activity.³ The production of tryptophol, by tryptophan metabolism, has been implicated as one of the pathophysiological mechanisms that provoke sleeping sickness upon infection by trypanosomes.⁴ Of pharmaceutical importance is 7-ethyltryptophol as this compound is used for the synthesis of Etodolac, an important non-steroidal anti-inflammatory drug (NSAID).⁵ Whilst 2-phenyl-2-(3-indolyl)-1-ethanol has been used to prepare Pemedolac, a compound that has been found to be one of the most potent analgesics known and that displays anti-inflammatory activity similar to that of Etodolac.⁶

A number of methods have become established for the synthesis of tryptophols though generally these methods present a number of limitations in that they lack generality,

or yields are variable, or that they require the synthesis of highly reactive intermediates. One of the earliest reports describes the obtention of tryptophol by the yeast fermentation of tryptophan.^{2a} A number of years later, Jackson⁷ prepared tryptophol by the reduction of indole acetic acid esters using sodium in ethanol. Since this earlier work, there has been a steady evolution of methodology. The introduction of LiAlH₄ resulted in its use in the reduction of ethyl indole oxoacetic acid derivatives⁸ as well as indole acetic acid derivatives.⁹ The less powerful reducing agent NaBH₄, has also been successfully employed.⁶ The diastereoselective synthesis of 3-(2-hydroxycyclohexyl)indole using NaBH₄ or Zn(BH₄)₂ by reduction of the corresponding ketone was reported by Freter¹⁰ and by Audia.¹¹ Other methods for the synthesis of tryptophols include: the Fischer indole methodology;^{1b,d,5,8a,12} the ring opening of epoxides by indolyl Grignard reagents,¹³ or by a 3-lithioindole;¹⁴ the reaction of indoles with diols in an autoclave;¹⁵ or by reaction with epoxides under pressure.¹⁶ This latter method has been further developed where the use of lanthanide cations was found to be beneficial.¹⁷ Lithiation of orthoalkylphenylisocyanides and subsequent treatment with epoxides gave moderate yields of the respective tryptophols.¹⁸ N,N-Diallyl-ortho-iodo- or bromo-anilines undergo metal halogen exchange on reaction with *t*-BuLi at -78° C, which upon warming cyclize to the respective lithiomethylindoline which can react with an electrophile to yield 3-substituted indolines, subsequent oxidation of which yields the respective 3-substituted indole.¹⁹ ortho-Iodoanilines have also found use in a synthetic sequence involving a Heck reaction with an acrylate ester, followed by reduction to the cinnamyl alcohol and subsequent rhodium catalysed hydroformylation yielding tryptophol.²⁰

An alternative method to the reduction of indolyl derivatives is based upon the reduction of isatin derivatives. Isatin,

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indol-2,3-dione, is an oxidised form of indole that may be regarded as a masked indole or an umpoled indole equivalent. Isatin and indole have complementary C-3 reactivity. Indole readily reacts with electrophiles whereas isatin readily undergoes a range of C-C bond forming reactions by nucleophilic attack at C-3.²¹ This complementary C-3 reactivity offers a versatile synthetic strategy for the synthesis of indolic compounds. Tacconi²² described a two stage reduction of an isatylidene derivative using NaBH₄ followed by sodium in propanol to obtain α -methyltryptophol in low overall yield. Whilst David and Doucet²³ as well as Bergman²⁴ have shown that the aldol products, obtained by the condensation of a methylketone with an isatin, can be reduced using LiAlH₄ to give the corresponding α -substituted tryptophol in 40–50% yield. The use of isatin derivatives for the preparation of 3-hydroxy-2-oxindole acetic acid esters and the subsequent reduction of these compounds using LiAlH₄ has been shown to be a general route for the obtention of tryptophols in good to excellent yields (65-95%).^{6,8a,25}

In ongoing investigations from our laboratory, the reduction of isatin derivatives using borane in THF has proved to be a versatile method for the synthesis of indole derivatives. This relatively unknown method was successfully applied to the reduction of N-acylisatin derivatives in excellent yields to give N-alkylindoles²⁶ and, more recently, to the reduction of 3,3-difluoro-2-oxindole derivatives, where either 3-fluoroindoles or 3,3-difluoroindolines were obtained depending upon electronic effects of substituents on the aromatic ring.²⁷ Previous studies on the BH₃·THF reduction of isatins and or their derivatives include those of Sirowej,²⁸ Wierenga and co-workers,²⁹ as well as applications to the synthesis of some natural products.^{13c,30} On the other hand, refluxing mixtures of BH3. THF and 2-oxindolylacetic acid derivatives in THF yielded the respective indoline ethanols in 43-79%.³¹

The ketone carbonyl of isatin derivatives is susceptible to nucleophilic attack and aldol type condensations are readily performed under a variety of conditions.²¹ It was therefore reasoned that these aldol products should readily undergo reduction with borane in THF to yield tryptophols. The synthetic potential of these compounds may as of yet be unrealised. There are few reports, with the exception of the previously indicated studies on the synthesis of tetra-hydropyranoindoles (Etodolac) and some recent examples of asymmetric syntheses,³² that investigate this reactivity. Tryptophols can be converted to tryptamines either by a Mitsunubo reaction,¹¹ without inversion of configuration of the chiral center, or by Swern oxidation (yielding tryptophones) and subsequent NaCNBH₃ reduction in the presence of an amine.^{13d,33}

2. Results and discussion

Our investigation began with the preparation of **2a** by the reaction of isatin (**1a**) in acetone in the presence of a catalytic quantity of diethylamine.³⁴ A solution of freshly prepared borane (1 M) in THF³⁵ (5 equiv.) was then added to a THF solution of **2a** under a nitrogen atmosphere and externally cooled with an ice water bath (Equation 1). Initial



Equation 1. (a) Acetone, Et₂NH or K₂CO₃; (b) BH₃·THF.

reaction, during the addition of borane, resulted in the rapid evolution of hydrogen gas. The reaction was subsequently accompanied by TLC, which readily revealed the formation of a product and the consumption of the starting material over the period of a couple of hours. Isolation of the crude product was achieved by acidic decomposition of the excess borane, followed by neutralisation, extraction, drying of the organic phase and removal of the solvent under reduced pressure. The crude product was obtained as a slightly yellow oil that was subsequently filtered through a short column of silica, using CH₂Cl₂ as solvent, to remove baseline (TLC) immobile impurities. Evaporation of the solvent yielded a colourless oil that crystallised on storage. GC-MS and ¹H NMR analysis of this product revealed it to be a mixture of the tryptophol 3a contaminated with a small quantity of the respective indoline 4a (less than 5%), Equation 1.

Subsequent experiments economised the quantity of borane resulting in the finding that the reaction proceeded equally effectively using only 3 equiv. of borane. GC–MS and ¹H NMR analysis of the crude product obtained using 3 equiv. of borane revealed the absence of the indoline **4a**. The crude product was purified as described above and the colourless oil crystallised upon storage. The reported literature melting points for **3a** are diverse and therefore **3a** was characterized analytically and spectroscopically. In experiments using less than 3 equiv. of borane it was found that an incomplete

Table 1. Compounds 2a-t, substrates for BH₃·THF reduction

₹ ₆ 5
2

Compound	R_1	R_2	R_3	R_4	R_5	R ₆
2a	Н	Н	Н	Н	Н	Me
2b	Me	Н	Н	Н	Н	Me
2c	Н	Н	Ι	Н	Н	Me
2d	Н	Н	NO_2	Н	Н	Me
2e	Н	Br	Н	Br	н	Me
2f	Н	Н	Br	Н	Br	Me
29	Н	н	Н	н	H	Ph
-8 2h	н	Br	н	Br	н	Ph
2i	н	н	Br	н	Br	Ph
2i	н	н	н	н	н	a
-j 21-	н	н	н	н	н	t-butyl
2K 2l	Me	и Ц	и Ц	и Ц	и Ц	t butyl
21 2m	Dn	и П	и П	и П	и П	<i>i</i> -butyi
2111 2m		п	п	п	п	
20	п	п	п	п	п	
20	п	п	п	п	п	$CH(OH)CH_3$
2p	Н	H	Н	H	н	CH(OH)CH ₃ *
2q	Me	Н	H	H	Н	OMe
2r	Bn	Н	Н	Н	Н	OMe
2s	Bn	Н	Н	Н	Et	OMe
2t	Н	Н	Н	Н	Et	OEt

^a Condensation of isatin with cyclohexanone.

^b **2n**, 2 diastereoisomers (ratio 1:1), **2o** (170–171°C); **2p** (116–169°C).

reaction occurred, vide infra. It was also found that maintaining the reaction at temperatures below zero ($\approx -15^{\circ}$ C) inhibited the reaction, but the reaction recommenced on warming. Temperatures above those of room temperature were not investigated as it was known that 2-oxindole acetic acid derivatives can be reduced to indoline ethanols when refluxed with borane in THF.³¹ Indolines have also been obtained by the reaction of the BH₃·NMe₃ complex with indoles under acidic conditions via the 3-*H*-indolium ion.³⁶

A closer investigation of the effect of reducing the reaction temperature revealed the formation of an intermediate during the reduction of **2a**. This intermediate was consumed when the reaction was allowed to warm to room temperature. The intermediate (**5a**), Equation 2, was subsequently isolated in 21% yield, along with 72% of the tryptophol **3a**, when the reaction was run using a deficiency of BH₃·THF (2 mol equiv.).



Equation 2. (a) 2 mol equiv. of BH₃·THF.

In an independent experiment, the reduction of 5a using an excess of BH3. THF yielded 3a quantitatively. Spectroscopic investigation of 5a by ¹H and ¹³C NMR revealed it to be structurally related to the starting dioxindole 2a. The following differences were observed: the ¹H methyl signal was now a doublet; the methylene hydrogens were now doublets of doublets; a new multiplet corresponding to one hydrogen at 3.97 ppm (CH methine) and a doublet at 4.44 ppm (OH). The ¹³C NMR revealed the absence of the keto-carbonyl and a new methine signal at 62 ppm. The adjacent methyl and methylene signals were shifted upfield by 7 and 5 ppm (δ 23.2 and δ 44.5) with respect to the substrate 2a, whereas the other ¹³C signals were largely unaffected. The most notable changes in the infra-red spectrum of the product (5a) in comparison with the substrate (2a), were the disappearance of the keto-carbonyl stretching vibration (1721 cm^{-1}) and a broadening of the absorption in the region 3400 cm^{-1} . The spectroscopic data are entirely consistent with the reduction of the exocyclic keto-carbonyl group and no reduction of the dioxindole nucleus. Further, the ¹H and ¹³C NMR data indicated that the product had a greater than 95% diastereomeric excess.

The successful synthesis of the tryptophol **3a** prompted the investigation of the reduction of various isatin aldol condensation products (**2b**–**t**, Table 1). These substrates were prepared analogously to **2a** or by using a modified methodology. Subsequent treatment with borane resulted in smooth reduction to give excellent yields of the respective tryptophol in all experiments; the results are summarised in Table 2. In a number of cases, it was found that 3 equiv. of BH₃. THF were insufficient for the complete reduction of the substrate to the respective tryptophol. For example, the reduction of the cyclohexanone derivative (**2j**)³⁷ required 4 equiv. of borane in THF. The reduction occurred stereoselectively yielding principally the *trans* isomer

(8:1). Preferential formation of the *trans* isomer is consistent with previously observed results of the reduction of α -substituted cyclohexanones using BH₃·THF.^{11,38} The isomers were readily separated by column chromatography and individually characterized. The *trans* configuration of the major isomer was confirmed by comparison with data from the literature.^{13d}

The reduction of **2m** also required 4 equiv. of BH_3 ·THF in order to completely consume the substrate and to give the respective tryptophol **3m** in 80% yield. When the same reaction was conducted using only 3 equiv. of BH_3 ·THF, the tryptophol **3m** was obtained in 63% yield along with a 25% yield of **5m** (Equation 3). Compound **5m** was unambiguously characterized as the intermediate diol by spectroscopic and elemental analyses. As in the case of **5a**, **5m** was also obtained as essentially a single diastereoisomer.



Equation 3. (a) 3 equiv. of BH_3 ·THF (~1:2.5 mixture of 5m/3m).

Having observed and characterised the formation of intermediate single diastereoisomer diols (5a and 5m), it was of interest to investigate the origin of this diastereoselectivity. At first the possibility of a directed reduction of the keto-carbonyl group was considered.^{39,40} The alternative hypothesis being that reduction of the exocyclic ketocarbonyl group was not diastereoselective, thus generating an approximately one to one mixture of syn/anti diol diastereoisomers (5) which were subsequently reduced at different rates (kinetic resolution) to give the tryptophol 3a or 3m and, in essence, the single diastereomer 5a or 5m as a consequence of the deficiency of reducing agent. In order to investigate these hypotheses, the reduction of 2a was performed using 1 mol equiv. of BH₃·THF. Spectroscopic analysis of the crude product by ¹H and ¹³C NMR revealed the product to be a mixture of starting material (2a) and diastereomeric diols (5a), though it was not possible to determine a diastereomeric excess with any certainty. Further experiments to investigate the diastereoselective reduction of 2a using triacetoxyborohydride salts in THF were unsuccessful, no reaction occurred.⁴¹ Attempts to produce a mixture of the syn/anti 5a using sodium borohydride (in protic or aprotic solvents) were unsuccessful and resulted in complex mixtures of products.⁴²

As the reduction of **2a** using only 1 equiv. of BH₃·THF was found to give a mixture of the diols **5a**, but determination of the diastereomeric excess of **5a** had proven to be difficult, and in order to further investigate the possibility of a diastereoselective reduction, the *N*-methyl derivative **2b** was reduced with 1 equiv. of BH₃·THF. After workup of the reaction in the manner described previously, or utilising an aqueous ammonium chloride workup, spectroscopic investigation of the crude reaction product revealed it to be a 2:1 mixture of the diastereomeric diols (**5b**) with no other product present (93% yield). This mixture was readily

Table 2 (continued)

Table 2. Tryptophol products obtained in this study

Produ	let	Yield (%), mp (°C)
3a	СТРОН	90, 53-54
3b	СССКА	89, 74–75
3c	CH CH	86, 93–95
3d	O ₂ N C C C C C C C C C C C C C C C C C C C	66, 155–157
3e	Br OH	90, 125–126
3f		92, 128–130
3g	CTN Ph OH	85, oil
3h	Br Ph H	88, 151–152
3i	Bry Ph OH Br H	90, 120–121
3ј		80 (<i>trans</i>), 157–160 ^b
3k	С ОН	82, 121–122
31	C C CH	80, 49–50
3m	C N Bn	80, oil
3n		83–85, oil ^c

Produ	let	Yield (%), mp (°C)
3q		87, oil
3r		90, oil
3s	N Bn	82, oil
3t		78, 47–48

All compounds gave satisfactory analytical and/or spectroscopic data. A typical experimental procedure: dioxindole (1 mmol) was solubilised in anhydrous THF (5 ml). To this was added a solution of BH₃·THF (1 M, 3 ml) under a nitrogen atmosphere. The reaction mixture was stirred at room temperature until TLC indicated complete consumption of the substrate (typically a few hours). The reaction was subsequently quenched with aqueous HCl (2N) and neutralised with aqueous NaOH (2N). Dilution of the reaction mixture with water and extraction with ethyl acetate gave the crude product. Pure tryptophols were obtained by filtration through a short column of silica with CH₂Cl₂.

^a Four mole equivalents of BH_3 . THF were required for complete consumption of the substrate.

^b trans/cis, 8:1; cis 110–112°C.

^c The same 4:1 mixture of diol indole diastereoisomers was obtained in all three reactions irrespective of the starting material [**2n**, 2 diastereoisomers (1:1), **2o** (170–171°C); **2p** (116–119°C)]. The relative stereo-chemistry of the major diastereoisomer has not been unambiguously determined.

reduced to the tryptophol **3b** in 94% yield upon treatment with 3 equiv. of borane, Equation 4.





In a similar manner, the reduction of 2m was conducted using 1 mol equiv. of BH₃·THF. This experiment furnished a 3:1 mixture of the diastereometric diols (5m) in 97% yield. Comparison of the spectral data for the single diastereoisomer, obtained when 3 mol of BH₃·THF were used (Equation 3), with that of the mixture of the two diastereoisomers, revealed it to have the same structure as the major diastereoisomer. Therefore, the origin of the single diol diastereoisomer in the preceding experiments, where a deficiency of borane was utilised during the synthesis of the respective tryptophols, lies in a mildly diastereoselective reduction of the diols (although differences in the rates of reduction of the diols may have a minimal role).

Compound **2n** was first prepared by condensation of 3-hydroxy-2-butanone with isatin in methanol at room

temperature in the presence of a catalytic quantity of diethylamine yielding a 1:1 mixture of the diastereoisomers 20 and 2p. On workup it was found that one of the diastereomers (20, the isomer with the higher melting point) was reasonably insoluble in ethyl acetate, thus separation of the diastereoisomers could be achieved by fractional crystallisation. Subsequently, the synthesis of 2n was performed in ethyl acetate under otherwise equivalent conditions, but in this case the ethyl acetate insoluble isomer 20 precipitated during the reaction. The isomer 2p was obtained as a crystalline solid by the slow evaporation of the ethyl acetate solution enriched with the soluble isomer. The reduction of compounds 2n-p was realized using 4 equiv. of BH₃·THF and in each case it was found that the reactions yielded the same mixture (4:1) of diastereomeric tryptophol diols (3n). These diastereoisomeric diols have been recently isolated from a Streptomyces broth.43

In addition, tryptophols without α - or β -substituents can be prepared by the reduction of (3-hydroxy-2-oxindol-3-yl)acetates.^{8a} Examples of these compounds have been prepared by the Reformatsky reaction.^{8a,44} As an alternative method, the reaction of N-alkylisatin derivatives and malonic acid (1.1 equiv.) in a 1:3 mixture of pyridine and ethanol was conducted under reflux for 20 h resulting in the obtention of (3-hydroxy-2-oxindol-3-yl)-acetic acids which were isolated by evaporation of the solvent and addition of dilute aqueous HCl followed by filtration, washing with water, and air drying (Equation 5). The intermediate acids were of sufficiently good quality that they could be used in the next step without further purification. Esterification was performed by the dropwise addition of SOCl₂ to a methanolic solution of the acid (Equation 5). The resulting esters (2q-s) were subsequently purified by filtration through a short column of silica. Esters 2q-s were reduced with 4 equiv. of BH₃·THF to give excellent yields of the respective tryptophols (Table 2, 3q-s). However, this procedure was found to be incompatabile with isatin derivatives that were not N-alkylated. These substrates yielded the respective quinolone derivatives upon esterification via ring opening and ring closure. Therefore, an alternative procedure employing the potassium salt of the mono-ethyl malonyl ester with 7-ethylisatin in a mixture of pyridine, acetic acid and ethanol under reflux was investigated. This modified Knovenagel reaction gave the β -hydroxyester (2t) in good yield. Ester 2t was subsequently reduced with BH3. THF to give the corresponding tryptophol after acidic workup (Equation 5). The use of an aqueous ammonium chloride workup resulted in the isolation of substantial quantities ($\approx 20\%$) of the ethyl ether of the respective tryptophol.



Equation 5. For R_1 =Me or Bn; R_2 =H **a** (1) CH₂(CO₂H), pyridine, EtOH (1:3 v/v), \triangle , (2) SOCl₂, MeOH (R_3 =Me); (**b**) BH₃·THF; for R_1 =H; R_2 =Et. (**a**) EtO₂CCH₂CO₂K, pyridine, AcOH, EtOH (5:2:15 v/v/v), \triangle ; R_3 =Et; (**b**) BH₃·THF.



Scheme 1. Simplified reaction mechanism for the obtention of tryptophols by the BH₃. THF reduction of isatin aldol adducts.

The foregoing results are consistent with a mechanism that involves diastereoselective reduction of the ketone to the secondary alcohol due to the presence of the β -asymmetric tertiary alcohol. The diastereoselective reduction can be envisaged to occur either by external or internal hydride delivery.⁴⁵ The amide carbonyl is subsequently reduced to the amine in a two step process via a carbinolamine borate ester.⁴⁶ Subsequent elimination of the leaving group bonded to C-3 with concomitant deprotonation of C-2 would yield the tryptophol (Scheme 1).

3. Conclusion

In conclusion, we have found that the use of BH_3 ·THF solutions for the reduction of isatin aldol or Knovenagel products (2a-t) to be not only a very convenient method, but also to be a readily reproducible and high yielding method for the synthesis of a diverse range of tryptophols (3a-t). We have also found that the reduction of compounds 2 proceeds via diol intermediates (5) that may be obtained with limited stereoselectivity when a 1 mol equiv. of borane is used. However, reduction of 2, using an insufficient quantity of borane for complete reduction to give 3, does allow isolation, in low yields, of what was identified as being the major diol diastereoisomer of 5 along with the corresponding tryptophol 3 as the principle product.

4. Experimental

General. ¹H and ¹³C NMR spectra were recorded using 300 and 200 MHz (¹H) Bruker spectrometers and are referenced to CHCl₃. Coupling constants are quoted in Hz. ¹H and ¹³C NMR assignments, where given, were based upon 2D experiments (COSY, HMQC, and HMBC) or by comparison with related structures. Primary (p), secondary (s), tertiary (t) and quaternary (q) assignments in ¹³C spectra were based upon analysis of PENDANT spectra. Mass spectra were recorded using a Hewlett-Packard GC-MS or by direct insertion using a VG Autospec. Infra-red spectra were recorded using a Perkin-Elmer 1600 FT-IR as either KBr or KCl discs. Melting points were recorded using a Meltemp II capillary melting point apparatus and are reported as uncorrected values. THF was dried by refluxing with a Na/K alloy and benzophenone. BF₃·Et₂O, purified and redistilled, (Aldrich) was used as received. Isatin was

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purchased from Merck and NaBH₄ from Grupo Química and Merck. The isatin derivatives were prepared using literature procedures.⁴⁷

4.1. General method for the synthesis of the acetone aldol adducts

Isatin (10 mmol) was solubilised/suspended in acetone (50 ml) to which was added a few drops of Et_2NH . The reaction mixture was left stirring at room temperature until complete consumption of the respective isatin had occurred. The excess acetone was removed by rotary evaporation under reduced pressure. The crude product was extracted with hot ethyl acetate, filtered and the ethyl acetate solution evaporated to yield the respective product which was used without further purification.

Alternatively, K_2CO_3 (10 mol%) was used as the basic catalyst. The reactions were filtered through a pad of diatomaceous earth and evaporated under reduced pressure. The crude product was used without further purification.

4.1.1. 3-Hydroxy-3-(2-oxopropyl)-2-oxindole (2a). Yield 85%; mp 166–168°C; lit.³⁴ 166–167°C.

4.1.2. *N***-Methyl-3-hydroxy-3-(2-oxopropyl)-2-oxindole** (**2b**). Yield 70%; mp 146–148°C; lit.³⁴ 145°C.

4.1.3. 5-Iodo-3-hydroxy-3-(2-oxopropyl)-2-oxindole (2c). Yield 80%; mp 232–234°C; lit.⁴⁸ 233–235°C.

4.1.4. 5-Nitro-3-hydroxy-3-(2-oxopropyl)-2-oxindole (**2d**). Yield 55%; mp 237–239°C; lit.⁴⁸ 239–240°C.

4.1.5. 4,6-Dibromo-3-hydroxy-3-(2-oxopropyl)-2-oxindole (2e). Yield 77% (recryst. $CHCl_3$); mp 198–202°C (decomp.);^{47a} lit.⁴⁹ 190–195°C.

4.1.6. 5,7-Dibromo-3-hydroxy-3-(2-oxopropyl)-2-oxindole (2f). Yield 83%; mp 173–175°C.^{47a}

4.2. Acetophenone and pinacolone condensation products. General condensation procedure

Isatin derivative (10 mmol) was solubilised/suspended in MeOH (30 ml). To this was added 2 equiv. of methyl ketone (acetophenone or pinacolone) followed by a few drops of Et_2NH . The reaction mixture was stirred at room temperature (or refluxed) until complete consumption of the starting material as judged by TLC. The reaction mixtures were evaporated under reduced pressure to yield the crude products which were subsequently recrystallised.

4.2.1. 3-Hydroxy-3-(2-phenyl-2-oxoethyl)-2-oxindole (**2g**). Recrystallised from EtOAc/hexane. Yield 80%; mp 175–177°C; lit.⁵⁰ 173–175°C.

4.2.2. 5,7-Dibromo-3-hydroxy-3-(2-phenyl-2-oxoethyl)-2-oxindole (2i). Recrystallised from CH₂Cl₂/hexane. Yield 89%; mp 162–165°C. IR (cm⁻¹): 3330, 3192, 1730, 1708, 1678, 1619, 1462, 1349, 1218, 1158, 1082, 996, 859, 752, 691. Mass, m/z (%): 427 (M⁺⁺, C₁₆H₁₁⁸Br₂NO₃, 3), 425 (M^{++C}, C₁₆H₁₇^{19,81}Br₂NO₃, 8), 423 (M⁺⁺, C₁₆H₁₁¹⁹Br₂NO₃, 4), 380 (59), 320 (13), 304 (10), 277 (15), 249 (5), 170 (7), 120 (10), 105 (100), 77 (76). ¹H NMR (300 MHz, CDCl₃, DMSO-d₆): δ 2.95 [1H, d, H-8, *J*=18.0 Hz], 3.30 [1H, d, H-8', *J*=18.0 Hz], 4.76 [1H, s, OH], 6.66 [1H, d, H-6, *J*=1.8 Hz], 6.69 [2H, t, H-12, *J*=7.5 Hz], 6.71 [1H, d, H-4, *J*=1.8 Hz], 6.82 [1H, t, H-13, *J*=7.5 Hz], 7.11 [2H, d, H-11, *J*=7.5 Hz], 9.90 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃, DMSO-d₆): δ 44.7 [s, C-8], 72.6 [q, C-3], 101.4 [q, C-7], 112.2 [q, C-5], 124.3 [t, C-6], 126.5* [t, C-11], 127.2* [t, C-12], 132.1 [t, C-13], 132.1 [t, C-4], 134.0 [q, C-3a], 134.4 [q, C-10], 140.6 [q, C-7a], 176.5 [q, C-2], 194.80 [q, C-9]. The assignments for the signals marked * may be interchanged.

4.2.3. 4,6-Dibromo-3-hydroxy-3-(2-phenyl-2-oxoethyl)-2-oxindole (2h). Recrystallised from CH₂Cl₂/hexane. Yield 80%; mp 195-200°C. IR (cm⁻¹): 3382, 3170, 1715, 1683, 1609, 1576, 1355, 1216, 1066, 839, 687. Mass, m/z (%): 427 (M⁺⁻, C₁₆H⁸¹₁₁Br₂NO₃, 9), 425 (M⁺⁻, $C_{16}H_{11}^{79,81}Br_2NO_3, 21), 423 (M^+, C_{16}H_{11}^{79}Br_2NO_3, 10), 407$ (4), 380 (6), 328 (6), 316 (13), 306 (16), 277 (9), 120 (70), 105 (100), 77 (50). ¹H NMR (300 MHz, CDCl₃, DMSO-d₆): δ 3.76 [1H, d, H-8, J=18.0 Hz], 4.56 [1H, d, H-8', J= 18.0 Hz], 6.20 [1H, bs, OH], 7.05 [1H, d, H-7, J=1.6 Hz], 7.15 [1H, d, H-5, J=1.6 Hz], 7.45 [1H, t, H-12, J=7-8 Hz], 7.58 [1H, t, H-13, J=7-8 Hz], 7.89 [1H, d, H-11, J=8.0 Hz], 10.45 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃, DMSO-d₆): δ 43.2 [s, C-8], 73.6 [q, C-3], 111.6 [t, C-7], 117.9 [q, C-6], 122.0 [q, C-4], 126.4 [t, C-5], 126.8* [t, C-11], 127.3 [q, C-3a], 127.5* [t, C-12], 132.4 [t, C-13], 134.7 [C-10], 145.2 [C-7a], 177.0 [C-2], 195.4 [C-9]. The assignments for the signals marked * may be interchanged.

4.2.4. N-Benzyl-3-hydroxy-3-(2-phenyl-2-oxoethyl)-2oxindole⁵¹ (2m). The title compound was crystallised from the reaction medium and isolated by filtration and washed with small portions of cold MeOH. More product was obtained by concentration of the filtrate. Yield 82%; mp 192–196°C. IR (cm⁻¹): 3323, 3075, 3030, 2897, 1697, 1682, 1618, 1496, 1389, 1348, 1216, 1180, 1070, 1008, 767, 733, 685, 643. Mass, *m/z* (%): 357 (M⁺⁺, 17), 312 (4), 238 (8), 237 (13), 209 (6), 180 (10), 146 (35), 120 (10), 105 (81), 91 (100), 77 (56), 65 (25), 51 (19). ¹H NMR (200 MHz, CDCl₃, DMSO-d₆): δ 3.84 [1H, d, H-8, J=17.4 Hz], 4.04 [1H, d, H-8', J=17.4 Hz], 4.95 [2H, s, H-14, CH₂ benzyl], 6.18 [1H, s, OH], 6.69 [1H, d, H-7, J=7.6 Hz], 6.94 [1H, t, H-5, J=7.6 Hz], 7.15 [1H, td, H-6, J=1.2, 7.6 Hz], 7.2-7.6 [9H, m], 7.88 [2H, d, H-11, J=7.8 Hz]. ¹³C NMR (50 MHz, CDCl₃, DMSO-d₆): δ 45.5 [s,C-8], 43.1 [s, C-14], 72.7 [q, C-3], 108.6 [t, C-7], 121.8 [t, C-5], 122.7 [t, C-6], 126.7 [t, C-16], 126.8 [t, C-17], 127.4* [t, C-11], 127.9* [t, C-12], 128.0 [t, C-18], 128.7 [t, C-4], 130.3 [q, C-3a], 132.8 [t, C-13], 135.4[#] [q, C-10], 135.7[#] [q, C-15], 143.0 [q, C-7a], 176.6 [q, C-2], 195.8 [q, C-9]. The assignments for the signals marked * or # may be interchanged.

4.2.5. 3-Hydroxy-3-(3,3'-dimethyl-2-oxobutyl)-2-oxindole⁵² (**2k**). The title compound was prepared by refluxing the reagents in MeOH and purified by filtration through a column of silica eluting with CH₂Cl₂. Yield 53%; mp 158– 161°C. IR (cm⁻¹): 3362, 3272, 2966, 1735, 1698, 1627, 1474, 1340, 1185, 1045, 752. Mass, m/z (%): 247 (M⁺⁺, 16), 202 (6), 190 (7), 162 (46), 148 (100), 147 (18), 120 (27),

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119 (22), 92 (23), 57 (57). ¹H NMR (300 MHz, CDCl₃, DMSO-d₆): δ 1.05 [9H, s, H-11, CH₃, *t*-butyl], 3.19 [1H, d, H-8, *J*=17.6 Hz], 3.44 [1H, d, H-8', *J*=17.6 Hz], 5.68 [1H, bs, OH], 6.87 [1H, d, H-7, *J*=7.7 Hz], 6.94 [1H, td, H5, *J*=0.9, 7.3 Hz], 7.18 [1H, td, H-6, *J*=1.2, 7.7 Hz], 7.24 [1H, d, H-4, *J*=7.3 Hz], 9.71 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃, DMSO-d₆): δ 25.6 [p, C-11], 43.5 [s, C-8], 43.8 [q, C-10], 73.6 [q, C-3], 110.0 [t, C-7], 121.6 [t, C-5], 123.1 [t, C-6], 129.1 [t, C-4], 130.7 [q, C-3a], 142.0 [q, C-7a], 178.6 [q, C-2], 213.1 [q, C-9].

4.2.6. N-Methyl-3-hydroxy-3-(3.3'-dimethyl-2-oxobutyl)-2-oxindole (21). Prepared as for compound 2k. Yield: 50%; mp 150–152°C. IR (cm⁻¹): 3350, 3168, 2970, 1731, 1698, 1614, 1473, 1379, 1349, 1112, 1090, 1061, 1000, 805, 764, 748. Mass, m/z (%): 261 (M⁺⁺, 22), 239 (6), 217 (4), 176 (32), 162 (100), 160 (27), 134 (10), 130 (9), 104 (14), 91 (31), 77 (27), 57 (56). ¹H NMR (200 MHz, CDCl₃, DMSOd₆): δ 1.08 [9H, s, H-11, CH₃, t-butyl], 3.03 [1H, d, H-8, J=17.5 Hz], 3.21 [3H, s, NCH₃], 3.34 [1H, d, H-8', J= 17.5 Hz], 4.69 [1H, bs, OH], 6.84 [1H, d, H-7, J=8.0 Hz], 7.04 [1H, td, H-5, J=0.8, 7.5 Hz], 7.27-7.34 [2H, m, H-4 and H-6]. ¹³C NMR (50 MHz, CDCl₃, DMSO-d₆): δ 26.1 [p, C-11], 26.4 [p, C-12, CH₃N], 43.0 [s, C-8], 44.8 [q, C-10], 74.6 [q, C-3], 108.7 [t, C-7], 123.1 [t, C-5], 123.7 [t, C-6], 130.1 [t, C-4], 130.2 [q, C-3a], 143.9 [q, C-7a], 176.5 [q, C-2], 215.3 [q, C-9].

4.3. Condensation with cyclohexanone

4.3.1. 3-Hydroxy-3-(2-oxocyclohexyl)-2-oxindole (2j). Isatin (10 mmol) was suspended in EtOAc (20 ml) to which was added cyclohexanone (30 mmol) and a few drops of Et₂NH. The reaction mixture was left stirring at room temperature until complete consumption of the isatin had occurred (24 h). The product partially precipitated during the reaction. The precipitate was removed by filtration and the filtrate concentrated under reduced pressure. The combined solids were recrystallised from acetone/hexane to give a 4:1 mixture of diastereoisomers in 72% yield, mp 167-175°C; lit.53 198-199°C. A similar procedure using MeOH as the solvent gave a 1.6:1 mixture of diastereoisomers in 64% yield. IR (cm⁻¹): 3339, 3293, 3203, 3169, 3027, 2944, 2868, 1723, 1688, 1619, 1470, 1381, 1215, 1047, 757. Mass, m/z (%): 245 (M⁺⁺, 39), 227 (8), 172 (7), 162 (10), 148 (90), 147 (15), 120 (29), 119 (22), 98 (100), 92 (22), 70 (25). ¹H NMR (300 MHz, CDCl₃, DMSO-d₆): δ 1.4-2.6 [8H, m], 3.14 [1H, dd, H-8, J=5.3, 12.9 Hz], 5.80 [1H, s, OH], 6.88 [2H, m, H-7 and H-5], 7.17 [1H, t, H-6, J=7.4 Hz], 7.25 [1H, d, H-4, J=7.4 Hz], 10.07 and 10.10 [1H, s, NH diastereoisomers]. ¹³C NMR (75.5 MHz, CDCl₃, DMSO-d₆): δ Major diastereoisomer 23.8 [s, C-12], 25.8 [s, C-11], 26.0 [s, C-10], 56.4 [t, C-8], 73.8 [q, C-3], 108.9 [t, C-7], 120.3 [t, C-5], 123.7 [t, C-6], 127.9 [t, C-4], 129.5 [q, C-3a], 142.3 [q, C-7a], 178.3 [q, C-2], 208.7 [q, C-9].

4.4. Condensation of 3-hydroxybutan-2-one. Synthesis and isolation of the diastereoisomers of 3-hydroxy-3-(3hydroxy-2-oxobutyl)-2-oxindole (2n—the mixture, 20 and 2p—the individual diastereoisomers)

Isatin (10 mmol) was solubilised/suspended in MeOH (20 ml). To this was added 3-hydroxybutan-2-one

(20 mmol) and a few drops of Et_2NH . The reaction mixture was stirred at room temperature during 24 h. The complete consumption of the isatin was verified by TLC. The reaction mixture was evaporated under reduced pressure and the crude product was filtered through a short column of silica using CH₂Cl₂/EtOAc (1:4 v/v) as eluent. Evaporation of the solvent gave the diastereomeric mixture (**2n**) as a colourless solid (73% yield). The initial ratio of the diastereoisomers (3:1) was determined from analysis of the ¹H NMR spectrum. The H-11 (CH₃) and the H-9 (CH–OH) signals were sufficiently resolved permitting comparison of the integrated peak areas.

The diastereomeric mixture was solubilised in hot EtOAc, on cooling a product crystallized. The product was removed by filtration and washed with small portions of cold EtOAc. This product, compound **20**, was determined to be the diastereoisomer of higher melting point (40% yield). The filtrate was allowed to slowly evaporate. During this process, a colourless product crystallized. The solid was separated by filtration and determined to be the diastereoisomer (**2p**) of lower melting point (14% yield).

Alternatively, the reaction may be performed in EtOAc as solvent. This results in the precipitation of a colourless product in 68% yield (a further 20-25% of product can be obtained from the filtrate) that was found to be a 3:1 mixture of diastereoisomers. Recrystallisation from EtOAc gave the diastereoisomer of higher melting point in 48% yield.

4.4.1. Characterization data for the less soluble diastereoisomer (20). Yield: 48%; mp 170–172°C; lit.²³ 172–180°C. IR (cm^{-1}) : 3504, 3331, 3185, 2987, 1731, 1703, 1620, 1477, 1399, 1334, 1307, 1216, 1187, 1018, 775, 756. Mass, m/z (%): 235 (M^{+,}, 4), 207 (6), 191 (4), 162 (100), 148 (95), 147 (9), 146 (34), 120 (23), 119 (14), 92 (20), 65 (14). ¹H NMR (300 MHz, CDCl₃, DMSO-d₆): δ 1.23 [3H, d, H-11, J=6.9 Hz], 3.17 [1H, d, H-8, J=17.1 Hz], 3.49 [1H, d, H-8', J=17.1 Hz], 4.08 [1H, m, H-10], 4.83 [1H, d, C10-OH, J=5.1 Hz], 5.96 [1H, s, C3-OH], 6.87 [1H, d, H-7, J= 7.7 Hz], 6.94 [1H, t, H-5, J=7.5 Hz], 7.18 [1H, t, H-6, J=7.6 Hz], 7.26 [1H, d, H-4, J=7.3 Hz], 9.97 [1H, sl, NH]. ¹³C NMR (75.5 MHz, CDCl₃, DMSO-d₆): δ 18.2 [p, C-11], 43.8 [s, C-8], 71.8 [t, C-10], 72.4 [q, C-3], 109.0 [t, C-7], 120.8 [t, C-5], 122.6 [t, C-6], 128.2 [t, C-4], 129.9 [q, C-3a], 141.2 [q, C-7a], 177.7 [q, C-2], 209.7 [q, C-9]. Elemental analysis: C12H13NO4, calcd: C: 61.27, H: 5.57, N: 5.95, obs.: C: 61.25, H: 5.66, N: 5.76.

4.4.2. Characterization data for the EtOAc soluble diastereoisomer (2p). Yield 14%; mp 116–169°C. IR (cm⁻¹): 3420, 3357, 3263, 2988, 2918, 1729, 1704, 1622, 1472, 1347, 1186, 1115, 999, 779, 756. Mass, *m/z* (%): 235 (M⁺⁺, 5), 207 (5), 191 (5), 162 (100), 148 (84), 147 (10), 146 (54), 120 (28), 119 (17), 92 (28), 65 (22). ¹H NMR (300 MHz, CDCl₃, DMSO-d₆): δ 1.26 [3H, d, H-11, *J*= 7.0 Hz], 3.17 [1H, d, H-8, *J*=16.7 Hz], 3.42 [1H, d, H-8', *J*=16.7 Hz], 4.13 [1H, qd, H-10, *J*=4.8, 7.0 Hz], 4.66 [1H, d, C10–OH, *J*=4.8 Hz], 5.92 [1H, s, C3–OH], 6.87 [1H, d, H-7, *J*=7.7 Hz], 6.95 [1H, t, H-5, *J*=7.6 Hz], 7.19 [1H, td, H-6, *J*=1.2, 7.7 Hz], 7.27 [1H, dl, H-4, *J*=7.1 Hz], 9.87 [1H, sl, NH]. ¹³C NMR (75.5 MHz, CDCl₃, DMSO-d₆): δ 18.6 [p, C-11], 44.2 [s, C-8], 72.5 [t, C-10], 73.0 [q, C-3],

109.6 [t, C-7], 121.4 [t, C-5], 123.1 [t, C-6], 128.8 [t, C-4], 130.0 [q, C-3a], 141.4 [q, C-7a], 178.1 [q, C-2], 210.1 [q, C-9]. Elemental analysis: $C_{12}H_{13}NO_4$, calcd: C: 61.27, H: 5.57, N: 5.95, obs.: C: 61.46, H: 5.62, N: 5.73.

4.5. Synthesis of compounds 2q, 2r and 2s, methyl (1-alkyl-3-hydroxy-2-oxindol-3-yl)-acetates. General procedure

The 1-alkylisatin derivatives (5.0 mmol) were solubilised in a mixture of pyridine and EtOH (20 ml, 1:3 v/v), to which was added a slight excess of malonic acid (6–7 mmol). The reaction mixture was refluxed for 20 h, after which time TLC revealed the complete consumption of the starting material. The reaction mixture was evaporated under reduced pressure to give a solid. This was washed with dilute aqueous HCl (25 ml, 0.25 M), filtered and air-dried. The crude product was solubilised in MeOH (20 ml) and cooled on an ice water bath. Thionyl chloride (2 ml) was added dropwise to the solution. The reaction mixture was allowed to warm to room temperature and left stirring overnight. The crude products were isolated by evaporation of the reaction mixtures under reduced pressure.

4.5.1. Methyl (N-methyl-3-hydroxy-2-oxindol-3-yl)-acetate (2q). The title compound was purified by filtration through a column of silica using hexane/EtOAc (1:1 v/v) as eluent. Yield: 80%; mp 191–193°C. IR (cm⁻¹): 3297, 2959, 1742, 1695, 1617, 1473, 1434, 1388, 1349, 1203, 1098, 787, 760. Mass, *m/z* (%): 235 (M⁺, 39), 175 (18), 162 (100), 146 (10), 134 (15), 105 (13), 104 (10), 77 (16). ¹H NMR (300 MHz, CDCl₃, DMSO-d₆): δ 3.05 [1H, d, H-8, J=15.7 Hz], 3.13 [1H, d, H-8', J=15.7 Hz], 3.19 [3H, s, H-11, N-CH₃], 3.46 [3H, s, H-10, O-CH₃], 6.15 [1H, s, OH], 6.86 [1H, d, H-7, J=7.8 Hz], 7.04 [1H, t, H-5, J=7.8 Hz], 7.31 [1H, td, H-6, J=1.1, 7.8 Hz], 7.36 [1H, d, H-4, J=7.8 Hz]. ¹³C NMR (75.5 MHz, CDCl₃, DMSO-d₆): δ 25.3 [p, C-11], 41.0 [s, C-8], 50.7 [p, C-10], 72.0 [q, C-3], 107.4 [t, C-7], 121.7 [t, C-5], 122.8 [t, C-6], 128.8 [t, C-4], 129.2 [q, C-3a], 143.1 [q, C-7a], 168.6 [q, C-9], 175.9 [q, C-2].

4.5.2. Methyl (N-benzyl-3-hydroxy-2-oxindol-3-yl)-acetate (2r). The title compound was purified by filtration through a column of silica using hexane/EtOAc (1:1 v/v) as eluent. Yield 84%; mp 137–139°C. IR (cm⁻¹): 3316, 3054, 2953, 1737, 1698, 1617, 1495, 1468, 1429, 1352, 1210, 1183, 1074, 1010, 761, 734, 645. Mass, m/z (%): 311 (M^{+,}, 62), 293 (8), 238 (18), 234 (13), 220 (10), 180 (8), 146 (100), 91 (97), 65 (11). ¹H NMR (300 MHz, CDCl₃, DMSO-d₆): δ 3.11 [1H, d, H-8, J=15.7 Hz], 3.20 [1H, d, H-8', J= 15.7 Hz], 3.42 [3H, s, H-10, OCH₃], 4.85 [1H, d, H-11, J=15.8 Hz], 4.92 [1H, d, H-11', J=15.8 Hz], 6.35 [1H, bs, OH], 6.70 [1H, d, H-7, J=7.8 Hz], 7.00 [1H, t, H-5, J=7.8 Hz], 7.18 [1H, td, H-6, J=1.1, 7.8 Hz], 7.2-7.4 [6H, m]; ¹³C¹³C NMR (75.5 MHz, CDCl₃, DMSO-d₆): δ 40.7 [s, C-8], 42.4 [s, C-11], 50.4 [p, C-10], 71.7 [q, C-3], 108.0 [t, C-7], 121.4 [t, C-5], 122.7 [t, C-6], 126.3* [t, C-13], 126.4* [t, C-14], 127.5* [t, C-15], 128.4 [t, C-4], 129.1 [q, C-3a], 134.8 [q, C-12], 142.1 [q, C-7a], 168.2 q, C-9], 175.7 [q, C-2]. The assignments of the signals marked by an * may be interchanged.

4.5.3. Methyl (N-benzyl-3-hydroxy-7-ethyl-2-oxindol-3-

yl)-acetate (2s). The title compound was purified by silica gel column chromatography using hexane/EtOAc (1:1 v/v) as eluent. Yield 82%; mp 138–139°C. IR (cm⁻¹): 3312, 3032, 2974, 1744, 1701, 1605, 1454, 1387, 1358, 1297, 1270, 1165, 1046, 809, 753, 729, 698. Mass, *m/z* (%): 339 (M⁺⁺, 6), 174 (38), 91 (100). ¹H NMR (300 MHz, CDCl₃): δ 1.06 [3H, t, H12, *J*=7.5 Hz], 2.56 [2H, q, H11, *J*=7.5 Hz], 2.97 [1H, d, H8, *J*=15.7 Hz], 3.08 [1H, d, H8', *J*=15.7 Hz], 3.69 [3H, s, H10], 4.61 [1H, bs, OH], 5.14 [2H, s, H13], 7.06 [2H, m, CH aromatic], 7.22–7.35 [6H, m, CH aromatic]. ¹³C NMR (75.5 MHz, CDCl₃): δ 16.6 [p, C-12], 24.6 [s, C-11], 41.5 [s, CH₂], 45.6 [s, CH₂], 52.4 [p, C-10], 72.8 [q, C-3], 121.9 [CH], 123.8 [CH], 125.9 [CH], 127.3 [C], 127.5 [CH], 129.1 [CH], 130.3 [C], 132.7 [CH], 137.1 [C], 140.0 [C], 171.0 [q, C=O ester], 178.0 [q, C=O amide].

4.5.4. Ethyl (3-hydroxy-7-ethyl-2-oxindol-3-yl)-acetate (2t). The general procedure for the synthesis of compounds 2q, 2r and 2s was adapted by using the mono-potassium ethyl malonate salt (10% excess) in place of malonic acid. The solvent used was a mixture of EtOH, pyridine and acetic acid (15:5:2 v/v/v). Reflux was maintained until complete consumption of the respective isatin derivative was observed. The crude reaction product was isolated as described for compounds 2q, 2r and 2s.

The title compound was purified by silica gel column chromatography using hexane/EtOAc (1:1 v/v) as eluent. Yield 78%; mp 115–116°C. IR (cm⁻¹): 3354, 3201, 3078, 2983, 2938, 2905, 1737, 1703, 1629, 1607, 1456, 1258, 1187, 1034, 820, 807, 752, 709. ¹H NMR (200 MHz, CDCl₃): δ 1.15 [3H, t, H-11, *J*=7.1 Hz], 1.23 [3H, t, H-13, *J*=7.5 Hz], 2.61 [2H, q, H-12, *J*=7.5 Hz], 2.94 [2H, s, H-8], 4.13 [2H, q, H-10, *J*=7.1 Hz], 7.01 [1H, t, H-5, *J*=7.3 Hz], 7.13 [1H, d, H-4 or 6, *J*=7.2 Hz], 7.23 [1H, d, H-4 or 6, *J*=7.3 Hz], 9.12 [1H, bs, NH]. ¹³C NMR (50 MHz, CDCl₃): δ 14.1 [CH₃], 14.2 [CH₃], 23.8 [CH₂], 41.3 [CH₂], 61.3 [CH₂O], 74.5 [C-3], 121.8 [CH], 123.5 [CH], 126.4 [C], 129.6 [C], 129.8 [CH], 138.9 [C], 170.6 [C=O, ester], 179.4 [C=O, amide].

4.6. Synthesis of tryptophol derivatives (3), general experimental procedure

The appropriate aldol derivative (10 mmol) was solubilised in dry THF (20 ml) under a nitrogen atmosphere. To the solution/suspension was added via a syringe a solution of BH₃·THF (1 M, 3 or 4 mol equiv.). The reaction mixture was stirred at room temperature until TLC revealed complete consumption of the starting material (generally 2 to 3 h). The reaction mixture was added to ethyl acetate (50 ml) and dilute aqueous HCl (0.3 M, 50 ml). The phases were mixed and separated. The aqueous phase was extracted with more ethyl acetate (50 ml). The combined organic phases were further washed with aqueous HCl (0.3 M, 50 ml) and water (50 ml), then dried over Na₂SO₄, filtered and evaporated under reduced pressure to yield the crude product.

Alternatively, 6 M HCl was added dropwise with caution to the reaction mixture whilst being cooled on an ice water bath until no further effervescence was observed. The reaction mixture was neutralised by dropwise addition of 3 M NaOH. The product was isolated by partitioning the reaction between water and ethyl acetate, then dried over Na_2SO_4 , filtered and evaporated under reduced pressure to yield the crude product.

Subsequent purification of the tryptophols was achieved by filtration through short columns of silica as indicated for each compound.

4.6.1. 3-(2-Hydroxypropyl)-indole (3a). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent. Yield 90%; mp 53-54°C; lit. 52-55;^{12a} 44-45;⁵⁴ 40-41°C.^{24b} IR (cm⁻¹): 3521, 3443, 3300, 3248, 3057, 2970, 2925, 2901, 1439, 1355, 1338, 1249, 1228, 1099, 1047, 926, 800, 739. Mass, m/z (%): 175 (M⁺⁺, 21), 130 (100), 103 (8), 77 (14). ¹H NMR (300 MHz, CDCl₃): δ 1.32 [3H, d, H-10, J=6.15 Hz], 1.79 [1H, bs, OH], 2.83 [1H, ddd, H-8, J=0.6, 8.3, 14.3 Hz], 3.01 [1H, ddd, H-8', J=0.9, 4.4, 14.3 Hz], 4.14 [1H, m, H-9, CHOH], 7.08 [1H, d, H-2, J=2.3 Hz], 7.15 [1H, td, H-5, J=1.2, 7.0 Hz], 7.23 [1H, td, H-6, J=1.2, 7.0 Hz], 7.38 [1H, dt, H-7, J=0.9, 8.0 Hz], 7.64 [1H, d, H-4, J=7.8 Hz], 8.14 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃): δ 22.6 [p, C-10], 35.2 [s, C-8], 67.6 [t, C-9, CHOH], 111.1 [t, C-7], 112.3 [q, C-3], 118.9 [t, C-5], 119.4 [t, C-4], 122.1 [t, C-6], 122.7 [t, C-2], 127.5 [q, C-3a], 136.3 [q, C-7a]. Elemental analysis: C₁₁H₁₃NO, calcd: C: 75.40, H: 7.48, N: 7.99, obs.: C: 75.29, H: 7.69, N: 7.91.

4.6.2. 3-(2-Hydroxypropyl)-N-methylindole (3b). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 89% yield. Mp 74-75°C; lit.⁵⁵ 75-76°C. IR (cm^{-1}) : 3326, 3051, 2959, 2919, 2866, 1615, 1475, 1372, 1328, 1250, 1080, 938, 735. Mass, m/z (%): 189 (M⁺⁺, 17), 144 (100), 129 (4), 115 (3), 102 (5), 77 (5). ¹H NMR (300 MHz, CDCl₃): δ 1.27 [3H, d, H-10, J=6.1 Hz], 1.79 [1H, bs, OH], 2.77 [1H, dd, H-8, J=8.2, 14.3 Hz], 2.95 [1H, dd, H-8', J=4.3, 14.3 Hz], 3.73 [3H, s, H-11, N-CH₃], 4.07 [1H, m, H-9], 6.91 [1H, s, H-2], 7.11 [1H, t, H-5, *J*=7.9 Hz], 7.20-7.30 [2H, m, H-6 and H-7], 7.59 [1H, d, H-4, J=7.9 Hz]. ¹³C NMR (75.5 MHz, CDCl₃): δ 22.6 [p, C-10], 32.5 [p, C-11, NCH₃], 35.0 [s, C-8], 67.6 [t, C-9, CHOH], 109.1 [t, C-7], 110.6 [q, C-3], 118.8 [t, C-5], 118.9 [t, C-4], 121.6 [t, C-6], 127.5 [t, C-2], 127.9 [q, C-3a], 137.0 [q, C-7a]. Elemental analysis: C₁₂H₁₅NO, calcd: C: 76.16, H: 7.99, N: 7.40, obs.: C: 75.72, H: 8.26, N: 7.30.

4.6.3. 3-(2-Hydroxypropyl)-5-iodoindole (3c). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 86% yield. Mp 93-95°C. IR (cm⁻¹): 3519, 3252, 2964, 2910, 1458, 1233, 1101, 1042, 931, 872, 795. Mass, m/z (%): 301 (M⁺⁺, 46), 256 (100), 129 (48), 102 (12). ¹H NMR (300 MHz, CDCl₃): δ 1.28 [3H, d, H-10, J=6.15 Hz], 1.73 [1H, s, OH], 2.75 [1H, dd, H-8, J=8.2, 14.4 Hz], 2.90 [1H, dd, H-8', J=4.3, 14.4 Hz], 4.08 [1H, m, H-9], 7.02 [1H, d, H-2, J=2.0 Hz], 7.13 [1H, d, H-7, J=8.5 Hz], 7.43 [1H, dd, H-6, J=1.4, 8.5 Hz], 7.94 [1H, sl, H-4], 8.22 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃): δ 23.1 [p, C-10], 35.2 [s, C-8], 67.9 [t, C-9, CHOH], 83.1 [q, C-5, C-I], 112.1 [q, C-3], 113.4 [t, C-7], 123.8 [t, C-2], 128.1 [t, C-4], 130.4 [q, C-3a], 130.6 [t, C-6], 135.6 [q, C-7a]. Elemental analysis: C₁₁H₁₂INO, calcd: C: 43.88, H: 4.02, N: 4.65, obs.: C: 43.74, H: 4.08, N: 4.42.

4.6.4. 3-(2-Hydroxypropyl)-5-nitroindole (3d). Purified by filtration through a short column of silica using CH₂Cl₂ and EtOAc (3:2 v/v) as eluent, 66% yield. Mp 155-157°C. IR (cm⁻¹): 3504, 3228, 2965, 2924, 1619, 1518, 1474, 1327, 1074, 935, 808, 738. Mass, m/z (%): 220 (M+·, 34), 175 (81), 159 (48), 146 (4), 129 (100), 117 (7), 102 (15), 89 (5), 75 (7), 63 (6). ¹H NMR (300 MHz, CDCl₃, DMSO-d₆): δ 1.11 [3H, d, H-10, J=6.1 Hz], 2.79 [2H, d, H-8 and H-8', J=6.2 Hz], 3.14 [1H, sl, OH], 3.98 [1H, m, H-9], 7.11 [1H, d, H-2, J=1.2 Hz], 7.27 [1H, d, H-7, J=9.0 Hz], 7.89 [1H, dd, H-6, J=2.0, 9.0 Hz], 8.46 [1H, d, H-4, J=2.0 Hz], 10.47 [1H, sl, NH]. ¹³C NMR (75.5 MHz, CDCl₃, DMSO-d₆): δ 22.9 [p, C-10], 34.8 [s, C-8], 67.5 [t, C-9, CHOH], 111.3 [t, C-7], 114.9 [q, C-3], 116.3 [t, C-2], 116.8 [t, C-4], 126.3 [t, C-6], 127.1 [q, C-3a], 139.6 [q, C-7a], 140.9 [q, C-5, $C-NO_2$].

4.6.5. 3-(2-Hydroxypropyl)-4,6-dibromoindole (**3e**). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 90% yield. Mp 125-126°C. IR (cm⁻¹): 3417, 3259, 2965, 2924, 1638, 1612, 1399, 1261, (1122, 1049, 935, 819. Mass, m/z (%): 335 (M⁺, C₁₁H⁸₁₁Br₂NO, 18), 333 (M⁺, 38), 331 (M⁺, 17), 288 (100), 209 (15), 128 (29), 101 (7), 75 (8). ¹H NMR (300 MHz, CDCl₃): δ 1.31 [3H, d, H-10, J=6.1 Hz], 1.79 [1H, bs, OH], 2.84 [1H, dd, H-8, J=8.5, 14.5 Hz], 3.31 [1H, ddd, H-8', J=0.75, 4.0, 14.5 Hz], 4.18 [1H, m, H-9], 7.04 [1H, bd, H-2, J=2.4 Hz], 7.37 [1H, d, H-5, J=1.6 Hz], 7.41 [1H, d, H-7, J=1.6 Hz], 8.42 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃): δ 22.8 [p, C-10], 35.9 [s, C-8], 68.7 [t, C-9, CHOH], 113.8 [t, C-7], 114.1 [q, C-3], 114.8 [q, C-4], 115.2 [q, C-6], 124.7 [q, C-3a], 125.5 [t, C-2], 126.8 [t, C-5], 138.4 [q, C-7a]. Elemental analysis: C₁₁H₁₁Br₂NO, calcd: C: 39.67, H: 3.33, N: 4.21, obs.: C: 39.40, H: 3.15, N: 3.95.

4.6.6. 5,7-Dibromo-3-(2-hydroxypropyl)-indole (3f).Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 92% yield. Mp 128-130°C. IR (cm⁻¹): 3529, 3451, 3253, 2964, 1638, 1611, 1399, 1320, 1261, 1180, 1123, 1049, 935, 835, 819. Mass, m/z (%): 335 $(M^+, C_{11}H_{11}^{81}Br_2NO, 19), 333 (M^+, C_{11}H_{11}^{79,81}Br_2NO, 40),$ 331 (M⁺⁺, C₁₁H⁷⁹₁₁Br₂NO, 20), 288 (100), 207 (18), 128 (31), 101 (9), 75 (9). ¹H NMR (300 MHz, CDCl₃): δ 1.28 [3H, d, H-10, J=6.2 Hz], 1.67 [1H, sl, OH], 2.76 [1H, ddd, H-8, J=0.6, 7.9, 14.5 Hz], 2.89 [1H, ddd, H-8', J=0.8, 4.5, 14.5 Hz], 4.09 [1H, m, H-9], 7.15 [1H, d, H-2, J=2.3 Hz], 7.47 [1H, d, H-6, J=1.6 Hz], 7.70 [1H, dd, H-4, J=0.6, 1.6 Hz], 8.34 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃): δ 23.2 [p, C-10], 35.3 [s, C-8], 67.9 [t, C-9, CHOH], 105.4 [q, C-7], 112.7 [q, C-5], 113.9 [q, C-3], 121.3 [t, C-4], 124.8 [t, C-2], 126.1 [t, C-6], 130.2 [q, C-3a], 134.2 [q, C-7a]. Elemental analysis: C₁₁H₁₁Br₂NO, calcd: C: 39.67, H: 3.33, N: 4.21, obs.: C: 39.50, H: 3.21, N: 4.03.

4.6.7. 3-(**2**-**Phenyl-2-hydroxyethyl)-indole**²³ (**3g**). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 85% yield. Obtained as a slightl yellow oil. IR (*ν*, cm⁻¹): 3405, 3057, 3026, 2933, 2897, 1453, 1420, 1335, 1093, 1061, 1005, 745, 670. Mass, *m*/*z* (%): 237 (M⁺,5), 219 (12), 130 (100), 77 (18). ¹H NMR (300 MHz, CDCl₃): δ 2.17 [1H, bs, OH], 3.10 [1H, ddd, H-8, *J*=0.5, 8.8, 14.5 Hz], 3.23 [1H, ddd, H-8', *J*=0.8, 4.4, 14.5 Hz], 4.99 [1H, dd,

H-9, CHOH, J=4.4, 8.8 Hz], 6.98 [1H, d, H-2, J=2.3 Hz], 7.12–7.43 [8H, m, H-5, 6, 7, 11, 11', 12, 12', 13], 7.60 [1H, dd, H-4, J=0.6, 7.8 Hz], 8.05 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃): δ 36.1 [s, C-8], 74.1 [t, C-9, CHOH], 111.4 [t, C-7], 112.2 [q, C-3], 119.1 [t, C-5], 119.8 [t, C-4], 122.4 [t, C-6], 123.3 [t, C-2], 126.1 [t, C-11], 127.7 [t, C-13], 128.6 [t, C-12], 136.6 [q, C-3a], 144.3 [q, C-7a]. Elemental analysis: C₁₆H₁₅NO, calcd: C: 80.98, H: 6.32, N: 5.90, obs.: C: 80.72, H: 6.59, N: 5.71.

4.6.8. 3-(2-Phenyl-2-hydroxyethyl)-4,6-dibromoindole (3h). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 88% yield. Mp 151-152°C. IR (cm^{-1}) : 3501, 3233, 3024, 2940, 1610, 1537, 1395, 1319, 1191, 1167, 1049, 999, 804, 746, 699. Mass, m/z (%): 397 $(M^+, C_{16}H_{13}^{81}Br_2NO, 5), 395 (M^+, C_{16}H_{13}^{79,81}Br_2NO, 11),$ 393 (M⁺⁺, C₁₆H⁷⁹₁₃Br₂NO, 6), 377 (46), 288 (100), 217 (21), 207 (10), 189 (7), 128 (22), 107 (26), 79 (18). ¹H NMR (300 MHz, CDCl₃): δ 2.08 [1H, bs, OH], 3.15 [1H, dd, H-8, J=9.0, 14.6 Hz], 3.60 [1H, dd, H-8', J=4.1, 14.6 Hz], 5.11 [1H, dd, H-9, J=4.1, 9.0 Hz], 7.02 [1H, d, H-2, J=2.2 Hz], 7.29-7.50 [7H, m, H-5, 7, 11, 11', 12, 12', 13], 8.18 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃): δ 36.4 [s, C-8], 74.6 [t, C-9, CHOH], 113.7 [q, C-3], 113.8 [t, C-7], 114.9 [q, C-4], 115.4 [q, C-6], 124.7 [q, C-10], 125.9 [t, C-2], 126.2 [t, C-5], 127.0 [t, C-11], 127.8 [t, C-13], 128.6 [t, C-12], 138.3 [q, C-3a], 144.2 [q, C-7a]; FAB-MS: C₁₆H₁₃Br₂NO, calcd: 392.9364, 394.9343, 396.9323, obs.: 396.9360, 392.9352, 394.9345. Elemental analysis: C₁₆H₁₃Br₂NO, calcd: C: 48.64, H: 3.32, N: 3.55, obs.: C: 48.35, H: 3.35, N: 3.39.

4.6.9. 3-(2-Phenyl-2-hydroxyethyl)-5,7-dibromoindole (3i). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 90% yield. Mp 120-121°C. IR (cm⁻¹): 3502, 3416, 3329, 3065, 3029, 2922, 2879, 1638, 1556, 1463, 1188, 1111, 1053, 700. Mass, m/z (%): 397 $(M^+, C_{16}H_{13}^{81}Br_2NO, 6), 395 (M^+, C_{16}H_{13}^{79,81}Br_2NO, 13),$ 393 (M⁺⁺, C₁₆H⁷⁹₁₃Br₂NO, 7), 377 (13), 288 (100), 207 (19), 128 (32), 107 (41), 79 (39). ¹H NMR (300 MHz, CDCl₃): δ 2.10 [1H, bs, OH], 3.11 [1H, bd, H-8, J=3.0 Hz], 3.13 [1H, bs, H-8'], 4.96 [1H, t, H-9, J=6.5 Hz], 7.05 [1H, d, H-2, J=2.3 Hz], 7.31-7.38 [5H, m, H-11, 11', 12, 12', 13], 7.47 [1H, d, H-6, J=1.5 Hz], 7.58 [1H, d, H-4, J=1.5 Hz], 8.25 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃): δ 35.8 [s, C-8], 74.3 [t, C-9, CHOH], 105.3 [q, C-7], 112.7 [q, C-5], 113.4 [q, C-3], 121.2 [t, C-4], 125.0 [t, C-2], 126.1 [t, C-6], 126.9 [t, C-11], 128.0 [t, C-13], 128.7 [t, C-12], 130.1 [q, C-10], 134.0 [q, C-3a], 144.0 [q, C-7a, CN]. Elemental analysis: C₁₆H₁₃Br₂NO, calcd: C: 48.64, H: 3.32, N: 3.55, obs.: C: 48.35, H: 3.35, N: 3.39.

4.6.10. *trans*-**3**-(**2**-Hydroxycyclohexyl)-indole (*trans*-**3**j). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 80% yield. Mp 157–160°C; lit. 157;⁵⁴ 160–162;^{13d} 166–169°C.¹⁰ IR (cm⁻¹): 3488, 3249, 3057, 2925, 2853, 1442, 1221, 1106, 1026, 947, 868, 797, 734. Mass, *m*/*z* (%): 215 (M⁺⁺, 62), 197 (10), 168 (8), 156 (49), 143 (17), 130 (100), 117 (14). ¹H NMR (300 MHz, CDCl₃): δ 1.43–2.08 [8H, m, CH₂ cyclohexanol], 2.18 [1H, bs, OH], 2.75 [1H, ddd, H-8 cyclohexanol, *J*=3.5, 10.0, 12.2 Hz], 3.78 [1H, td, H-9, CHOH, *J*=4.3, 10.0 Hz], 7.06 [1H, d, H-2 indole, *J*=2.4 Hz], 7.14 [1H, td, H-5, *J*=1.1, 7.5 Hz], 7.22 [1H, td, H-6, *J*=1.1, 7.5 Hz], 7.36 [1H, bd, H-7, *J*=7.5 Hz], 7.74 [1H, bd, H-4, J=7.5 Hz], 8.27 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃): δ 25.0 [s, C-11], 26.1 [s, C-12], 32.5 [s, C-13], 34.1 [s, C-10], 44.3 [t, C-8], 74.6 [t, C-9, CHOH], 111.2 [t, C-7], 117.4 [q, C-3], 119.3 [t, C-5], 119.4 [t, C-4], 121.2 [t, C-6], 122.1 [t, C-2], 126.9 [q, C-3a], 136.4 [q, C-7a]. HRMS: C₁₄H₁₇NO, calcd: 215.1311, obs.: 215.1288.

4.6.11. *cis*-**3**-(**2**-Hydroxycyclohexyl)-indole (*cis*-**3**j). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 10% yield. Mp 110–112°C; lit.¹⁰ 115°C. IR (cm⁻¹): 3529, 3316, 3060, 2928, 2858, 1452, 1433, 1341, 1219, 984, 955, 767, 737, 681. Mass, *m/z* (%): 215 (M⁺⁺, 98), 156 (55), 143 (16), 130 (100), 117 (11). ¹H NMR (300 MHz, CDCl₃): δ 1.4–2.1 [9H, m, CH₂, OH], 3.14 [1H, dt, H-8, *J*=1.2, 11.4 Hz], 4.19 [1H, bs, H-9, CHOH], 7.03 [1H, dd, H-2 indole, *J*=0.8, 2.4 Hz], 7.11 [1H, td, H-5, *J*=1.1, 7.0 Hz], 7.20 [1H, td, H-6, *J*=1.1, 7.0 Hz], 7.35 [1H, m, H-7], 7.62 [1H, m, H-4], 8.15 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃): δ 19.7 [s, C-11], 25.0 [s, C-12], 26.2 [s, C-13], 31.8 [s, C-10], 39.5 [t, C-8], 68.2 [t, C-9, CHOH], 111.1 [t, C-7], 118.2 [q, C-3], 118.8 [t, C-5], 119.2 [t, C-4], 121.5 [t, C-6], 122.2 [t, C-2], 126.3 [q, C-3a], 136.4 [q, C-7a].

4.6.12. 3-(3,3-Dimethyl-2-hydroxybutyl)-indole (3k). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 82% yield. Mp 121-122°C; lit. 125–126;²² 120–122°C.^{24a} IR (cm⁻¹): 3537, 3419, 3266, 2922, 2862, 1619, 1456, 1234, 1100, 1064, 1003, 737. Mass, m/z (%): 217 (M⁺⁺, 15), 130 (100), 118 (4), 103 (4), 77 (6). ¹H NMR (300 MHz, CDCl₃): δ 1.05 [9H, s, H-11, *t*-butyl], 1.67 [1H, s, OH], 2.63 [1H, dd, H-8, J=10.9, 14.3 Hz], 3.10 [1H, bd, H-8', J=14.3 Hz], 3.56 [1H, dd, H-9, J=1.8, 10.9 Hz], 7.07 [1H, d, H-2, J=1.5 Hz], 7.12 [1H, td, H-5, J=1.0, 7.4 Hz], 7.21 [1H, td, H-6, J=1.0, 7.5 Hz], 7.29 [1H, bd, H-7, J=8.0 Hz], 7.60 [1H, bd, H-4, J=7.8 Hz], 8.07 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃): δ 26.1 [p, C-11, t-butyl], 28.1 [s, C-8], 34.9 [q, C-10], 78.9 [t, C-9, CHOH], 111.5 [t, C-7], 113.5 [q, C-3], 119.1 [t, C-5], 119.6 [t, C-4], 122.4 [t, C-6], 122.9 [t, C-2], 127.6 [q, C-3a], 136.8 [q, C-7a]. Elemental analysis: C₁₄H₁₉NO, calcd: C: 77.38, H: 8.81, N: 6.45, obs.: C: 77.47, H: 8.99, N: 6.20.

4.6.13. 3-(3,3-Dimethyl-2-hydroxybutyl)-N-methylindole (31). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 80% yield. Mp 49-50°C. IR (cm⁻¹): 3564, 3057, 2953, 2863, 1482, 1358, 1327, 1252, 1153, 1122, 1069, 1005, 821, 735. Mass, m/z (%): 231 (M+-9), 144 (100), 84 (6), 77 (6). ¹H NMR (300 MHz, CDCl₃): δ 1.04 [9H, s, H-11, t-butyl], 1.65 [1H, s, OH], 2.65 [1H, dd, H-8, *J*=10.9, 14.3 Hz], 3.08 [1H, dd, H-8', *J*=1.5, 14.3 Hz], 3.53 [1H, dd, H-9, J=1.5, 10.9 Hz], 3.75 [3H, s, H-12, NCH₃], 6.96 [1H, s, H-2], 7.11 [1H, td, H-5, *J*=1.1, 7.6 Hz], 7.24 [1H, td, H-6, J=1.0, 7.6 Hz], 7.30 [1H, bd, H-7, J=7.6 Hz], 7.59 [1H, bd, H-4, J=7.6 Hz]. ¹³C NMR (75.5 MHz, CDCl₃): δ 26.1 [p, C-11, t-butyl], 28.0 [s, C-8], 32.8 [p, C-12], 34.9 [q, C-10], 79.1 [t, C-9, CHOH], 109.5 [t, C-7], 111.9 [q, C-3], 119.0 [t, C-5], 119.2 [t, C-4], 122.0 [t, C-6], 127.7 [t, C-2], 128.3 [q, C-3a], 137.5 [q, C-7a, C-N]. Elemental analysis: C₁₅H₂₁NO, calcd: C: 77.88, H: 9.15, N: 6.05, obs.: C: 77.74, H: 8.93, N: 5.88.

4.6.14. 3-(2-Phenyl-2-hydroxyethyl)*-N***-benzylindole** (**3m**). Purified by filtration through a short column of silica

using CH₂Cl₂ as eluent, 80% yield. Obtained as an oil. IR (cm^{-1}) : 3547, 3404, 3060, 3029, 2914, 1614, 1495, 1467, 1454, 1357, 1333, 1200, 1182, 1047, 1028, 1014, 740, 700. Mass, m/z (%): 327 (M^{+,}, 7), 309 (28), 279 (10), 220 (81), 167 (22), 149 (84), 91 (100), 71 (34). ¹H NMR (300 MHz, CDCl₃): δ 2.13 [1H, d, OH, J=2.7 Hz], 3.11 [1H, dd, H-8, J=8.6, 14.5 Hz], 3.23 [1H, dd, H-8', J=4.6, 14.5 Hz], 5.00 [1H, dd, H-9, J=4.6, 8.6 Hz], 5.26 [2H, s, H-14, CH₂ benzilic], 6.92 [1H, s, H-2], 7.07-7.41 [13H, m, CH aromatic], 7.63 [1H, d, H-4, J=7.4 Hz]. ¹³C NMR (75.5 MHz, CDCl₃): δ 36.1 [s, C-8], 50.1 [s, C-14], 74.2 [t, C-9, CHOH], 110.0 [t, C-7], 111.2 [g, C-3], 119.3 [t, C-5], 119.5 [t, C-4], 122.2 [t, C-6], 126.1 [t, C-11], 127.0 [t, C-16], 127.4 [t, C-17], 127.7 [t, C-13], 127.8 [t, C-2], 128.4 [q, C10], 128.6 [t, C-12], 129.0 [t, C-18], 136.9 [q, C-15], 137.7 [q, C-3a], 144.3 [q, C-7a]. Elemental analysis: C₂₃H₂₁NO, calcd: C: 84.37, H: 6.46, N: 4.28, obs.: C: 83.95, H: 6.28, N: 4.03.

4.6.15. 3-(2,3-Dihydroxybutyl)-indole (3n). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 83-5% yield. Obtained as a colourless oil. IR (cm^{-1}) : 3411, 3057, 2972, 2924, 1705, 1619, 1457, 1339, 1230, 1050, 743. Mass, m/z (%): 205 (M⁺⁺, 21), 160 (3), 130 (100), 118 (5), 103 (3), 77 (4). ¹H NMR (300 MHz, CDCl₃): δ 1.29 [3H, d, H-11, J=6.1 Hz, major isomer], 1.29 [3H, d, H-11, J=6.3 Hz, minor isomer], 2.39 [1H, bs, OH], 2.64 [1H, bs, OH], 2.82 [1H, dd, H-8, J=8.2, 14.6 Hz, major isomer], 2.85 [1H, d, H-8, J=10.2 Hz, minor isomer], 3.01 [1H, d, H-8', J=3.2 Hz, minor isomer], 3.05 [1H, dd, H-8', J=3.8, 14.6 Hz, major isomer], 3.65–3.77 [2H, m, H-9 and H-10, major isomer], 3.88-3.92 [2H, m, H-9 and H-10, minor isomer], 7.04 [1H, d, H-2, J=2.4 Hz], 7.16 [1H, td, H-5, J=1.2, 7.5 Hz], 7.22 [1H, td, H-6, J=1.2, 7.5 Hz], 7.36 [1H, bd, H-7, J=7.5-8.0 Hz], 7.62 [1H, bd, H-4, J=7.5-8.0 Hz], 8.25 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃): δ major isomer 19.3 [p, C-11], 29.4 [s, C-8], 70.1 [CHOH], 75.3 [CHOH], minor isomer 17.2 [p, C-11], 27.3 [s, C-8], 69.7 [CHOH], 74.4 [CHOH], aromatic carbons 111.2 [t, C-7], 111.4 [q, C-3], 118.7 [t, C-5], 119.4 [t, C-4], 122.1 [t, C-6], 122.8 [t, C-2, CH minor isomer], 122.9 [t, C-2, CH major isomer], 127.3 [q, C-3a], 136.2 [q, C-7a, CN]. HRMS: C₁₂H₁₅NO₂, calcd: 205.1103, obs.: 205.1120.

4.6.16. 3-(**2**-Hydroxyethyl)-*N*-methylindole⁵⁶ (**3**q). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 87% yield. Obtained as a slight yellow oil. IR (cm⁻¹): 3363, 3053, 2928, 1726, 1642, 1473, 1378, 1328, 1248, 1045, 740. Mass, *m*/*z* (%): 175 (M⁺⁺, 24), 144 (100), 115 (4), 102 (4), 77 (5). ¹H NMR (200 MHz, CDCl₃): δ 1.69 [1H, bs, OH], 2.99 [2H, t, H-8, *J*=6.35 Hz], 3.72 [3H, s, H-10, N–CH₃], 3.86 [2H, t, H-9, O–CH₂, *J*=6.35 Hz], 6.91 [1H, s, H-2], 7.10 [1H, ddd, H-5, *J*=1.6, 6.5, 7.0 Hz], 7.24 [2H, m, H-6 e H-7], 7.58 [1H, d, H-4, *J*=7.0 Hz]. ¹³C NMR (50 MHz, CDCl₃): δ 28.8 [s, C-8], 32.7 [p, C-10, N–CH₃], 62.9 [s, C-9, CH₂OH], 109.4 [t, C-7], 110.8 [q, C-3], 119.0 [t, C-5], 119.1 [t, C-4], 121.9 [t, C-6], 127.4 [t, C-2], 128.0 [q, C-3a], 137.3 [q, C-7a].

4.6.17. 3-(**2**-Hydroxyethyl)-*N*-benzylindole⁵⁶ (**3**r). Purified by filtration through a short column of silica using CH_2Cl_2 as eluent, 90% yield. Obtained as an oil. Lit.⁵⁷ 53°C. IR (cm⁻¹): 3368, 3056, 3029, 2927, 1614, 1496, 1467,

1454, 1357, 1333, 1177, 1044, 740, 700. Mass, *m/z* (%): 251 (M⁺⁺, 20), 220 (43), 129 (15), 102 (10), 91 (100), 65 (15). ¹H NMR (300 MHz, CDCl₃): δ 1.73 [1H, bs, OH], 3.00 [2H, t, H-8, *J*=6.4 Hz], 3.85 [2H, t, H-9, *J*=6.4 Hz], 5.22 [2H, s, H-10, CH₂ benzyl], 6.96 [1H, s, H-2], 7.07–7.26 [8H, m, CH aromatic], 7.61 [1H, bd, H-4, *J*=6–7 Hz]. ¹³C NMR (75.5 MHz, CDCl₃): δ 28.9 [s, C-8], 50.0 [s, C-10], 62.8 [s, C-9, CH₂OH], 109.9 [t, C-7], 111.6 [q, C-3], 119.2 [t, C-5], 119.3 [t, C-4], 122.1 [t, C-6], 126.8 [t, C-12], 127.0 [t, C-13], 127.8 [t, C-2], 128.3 [q, C-3a], 128.9 [t, C-14], 137.0 [q, C-11], 137.7 [q, C-7a].

4.6.18. 3-(*N*-**Benzyl-2-hydroxyethyl)-7-ethylindole** (3s). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 82% yield. Obtained as an oil. ¹H NMR (300 MHz, CDCl₃): δ 1.28 [3H, t, H-11, *J*=7.5 Hz], 2.88 [2H, q, H-10, *J*=7.5 Hz], 3.06 [2H, t, H-8, *J*=6.4 Hz], 3.94 [2H, t, H-9, *J*=6.4 Hz], 5.53 [2H, s, CH₂ benzyl], 6.96 [3H, m, CH aromatic], 7.02 [1H, d, H-2, *J*=7.5 Hz], 7.12 [1H, t, CH, *J*=7.5 Hz], 7.28 [3H, m, CH aromatic], 7.54 [1H, d, H-4, *J*=7.5 Hz]. ¹³C NMR (75.5 MHz, CDCl₃): δ 16.2 [p, C-11], 25.4 [s, C-10], 28.8 [s, C-8], 52.3 [s, C-12], 62.7 [s, C-9], 111.7 [q, C-3], 117.1 [t, CH], 119.8 [t, CH], 123.3 [t, CH], 125.7 [t, CH], 127.5 [t, CH], 127.9 [q, C-3a], 128.9 [t, CH], 129.0 [t, CH], 129.6 [q, C-7], 134.9 [q, C-13], 139.6 [q, C-7a].

4.6.19. 3-(2-Hydroxyethyl)-7-ethylindole^{8a} (**3t**). Purified by filtration through a short column of silica using CH₂Cl₂ as eluent, 78% yield. Obtained as an oil that solidified, mp 47–48°C. IR (cm⁻¹): 3399, 3057, 2960, 2926, 2865, 1613, 1494, 1436, 1344, 1221, 1094, 1048, 1006, 820, 797, 747. ¹H NMR (200 MHz, CDCl₃): δ 1.39 [3H, t, H-11, *J*= 7.6 Hz], 2.88 [2H, q, H-10, *J*=7.6 Hz], 3.06 [2H, t, H-8, 6.3], 3.93 [2H, t, H-9, *J*=6.3 Hz] 7.12 [3H, m, CH], 7.51 [1H, dd, CH, *J*=1.6, 7.0 Hz], 8.12 [1H, bs, NH]. ¹³C NMR (50 MHz, CDCl₃): δ 14.0 [p, C-11], 24.2 [s, C-10], 29.0 [s, C-8], 62.8 [s, C-9], 112.8 [q, C-3], 116.7 [t, CH], 119.9 [t, CH], 120.9 [t, CH], 122.4 [t, CH], 126.8 [q, C], 127.3 [q, C], 135.5 [q, C-7a].

4.7. Isolation of the intermediate diols (5a and 5m)

4.7.1. 3-(2-Hydroxypropyl)-3-hydroxy-2-oxindole (5a). Compound 5a was obtained when the aldol derivative 2a was treated with a deficiency of BH₃·THF (2 mol equiv.) in anhydrous THF. The crude product was isolated as described in the general tryptophol synthesis procedure and the mixture of products was separated by silica gel chromatography. The tryptophol 3a and the diol 5a were separated using a solvent gradient of CH₂Cl₂/EtOAc (9:1, 8:2, 7:3 v/v) where **3a** was eluted first in 72% yield followed by **5a** in 21% yield, mp 194–195°C. IR (cm⁻¹): 3417, 3239, 2972, 2934, 2909, 1708, 1624, 1475, 1189, 619. Mass, m/z (%): 207 (M⁺⁺, 34), 189 (11), 174 (28), 162 (27), 149 (79), 146 (100), 120 (81), 92 (38), 77 (17), 65 (32). ¹H NMR (300 MHz, CDCl₃, DMSO-d₆): δ 0.99 [3H, d, H-10, J=6.2 Hz], 1.69 [1H, dd, H-8, J=2.8, 14.1 Hz], 2.03 [1H, dd, H-8', J=9.7, 14.1 Hz], 3.97 [1H, m, H-9], 4.44 [1H, d, C9-OH, J=4.2 Hz], 6.05 [1H, bs, C3-OH], 6.74 [1H, d, H-7, J=7.7 Hz], 6.91 [1H, td, H-5, J=1.2, 7.7 Hz], 7.09 [1H, td, H-6, J=1.2, 7.7 Hz], 7.19 [1H, d, H-4, J=7.7 Hz], 9.90 [1H, bs, NH]. ¹³C NMR (75.5 MHz, CDCl₃,

DMSO-d₆): δ 23.2 [p, C-10], 44.5 [s, C-8], 61.9 [t, C-9], 74.2 [q, C-3], 108.5 [t, C-7], 120.3 [t, C-5], 122.6 [t, C-6], 127.6 [t, C-4], 131.0 [q, C-3a], 140.5 [q,C-7a], 178.6 [q, C-2]. Elemental analysis: C₁₁H₁₃NO₃, calcd: C: 63.76, H: 6.32, N: 6.76, obs.: C: 63.93, H: 6.11, N: 6.20. HRMS: C₁₁H₁₃NO₃, calcd: 207.0896, obs.: 207.0872.

4.7.2. 3-(2-Phenyl-2-hydroxyethyl)-3-hydroxy-N-benzyl-2-oxindole (5m). Compound 5m was obtained in a similar manner to compound 5a when the aldol derivative 2m was treated with a deficiency of BH₃·THF. The products were purified by silica gel column chromatography using a CH₂Cl₂/EtOAc gradient (9:1, 8:2, 7:3 v/v) as eluent. The tryptophol **3m** was eluted first in 63% yield followed by compound **5m**, 25% yield, mp 143–144°C. IR (cm⁻¹): 3443, 3360, 3030, 2940, 1694, 1615, 1468, 1371, 1351, 1176, 1056, 756, 699. Mass, m/z (%): 359 (M⁺⁺, 1), 252 (2), 239 (60), 162 (8), 161 (16), 146 (13), 133 (6), 105 (7), 92 (11), 91 (100), 77 (19), 65 (17). ¹H NMR (200 MHz, CDCl₃): δ 1.96 [1H, dd, H-8, J=2.5, 15.5 Hz], 2.59 [1H, dd, H-8', J=11.0, 15.1 Hz], 3.40 [1H, d, C9-OH, J=2.5 Hz], 4.84 [1H, d, H-14, J=15.7 Hz], 4.95 [1H, d, H-14', J= 15.7 Hz], 5.45 [1H, sl, C3-OH], 5.50 [1H, dd, H-9, J=2.5, 11.0 Hz], 6.69 [1H, dd, H-7, J=0.6, 7.7 Hz], 7.03 [1H, td, H-5, J=1.5, 7.7 Hz], 7.17 [1H, td, H-6, J=1.5, 7.7 Hz], 7.2-7.4 [11H, m, CH aromatic]. ¹³C NMR (50 MHz, CDCl₃): δ43.9 [s, C-8], 45.9 [s, C-14], 70.8 [t, C-9, CHOH], 76.2 [q, C-3, COH], 109.6 [t, C-7], 123.4 [t, C-5], 123.9 [t, C-6], 125.7 [t, C-16], 127.4 [t, C-17], 127.9 [t, C-11], 127.9 [t, C-12], 128.8 [t, C-18], 129.0 [t, C-4], 129.7 [t, C-13], 131.2 [q, C-3a], 135.7 [q, C-15], 142.1 [q, C-10], 144.1 [q, C-7a], 178.5 [q, C-2, C=O, amide]. Elemental analysis: C₂₃H₂₁NO₃, calcd: C: 76.86, H: 5.89, N: 3.90, obs.: C: 76.90, H: 5.72, N: 3.79.

4.8. General experimental procedure for the synthesis of the dioxindole diols (5b and 5m)

The respective aldol derivatives (3.0 mmol) were solubilised/ suspended in anhydrous THF (10 ml) and cooled on an ice water bath. A solution of BH_3 ·THF (1 mol equiv.) was slowly added to the reaction mixtures. The substrate was observed to completely solubilise after a couple of minutes. The reactions were left stirring in the cooling bath for an hour after which time TLC (ethyl acetate/hexane) revealed the consumption of the substrate with the formation of a product of similar polarity and the absence of the respective tryptophol.

The crude product was isolated by quenching the reaction mixture with saturated aqueous NH₄Cl (30 ml) and extraction with EtOAc (2×25 ml). The organic phase was washed once with saturated aqueous NH₄Cl, dried over Na₂SO₄, and evaporated under reduced pressure. The crude products were characterized by IR, ¹H and ¹³C NMR.

4.8.1. 3-Hydroxy-3-(2-hydroxypropyl)-*N*-methyl-2-oxindole (5b). Yield 94%, diastereomeric ratio 2:1; mp 103– 110°C. IR (cm⁻¹): 3431, 3338, 3059, 2960, 2937, 1706, 1616, 1472, 1382, 1356, 1300, 1113, 755. ¹H NMR (200 MHz, CDCl₃): δ 1.18 [major 3H, d, H-10, *J*= 4.1 Hz], 1.21 [minor 3H, d, H-10, *J*=3.7 Hz], 1.73 [minor 1H, dd, H-8, *J*=2.6, 14.9 Hz], 1.80 [minor 1H, dd, H-8, *J*=2.1, 14.9 Hz], 2.07 [major 1H, dd, H-8, *J*=10.1, 14.8 Hz], 2.23 [major 1H, dd, H-8, *J*=10.7, 14.8 Hz], 3.16 [minor 3H, s, N–CH₃], 3.18 [major 3H, s, N–CH₃], 4.44 [both isomers 1H, m, H-9], 6.82 [1H, t, *J*=7.5 Hz], 7.11 [1H, m], 7.30–7.48 [2H, m]. ¹³C NMR (50 MHz, CDCl₃): δ 22.8, 23.2 [CH₃], 26.4, 26.5 [CH₃], 45.1, 45.2 [CH₂], 64.6, 64.8 [CH], 76.3, 76.5 [C3], 108.5, 108.8 [CH], 123.4 [CH], 124.0, 124.4 [CH], 129.7, 129.8 [CH], 131.0, 131.4 [C3a], 142.9 [C7a], 178.5, 178.7 [C=O].

4.8.2. 3-Hydroxy-3-(2-hydroxy-2-phenylethyl)-N-benzyl-2-oxindole (5m). Yield 97%, diastereomeric ratio 2:1; mp 120-125°C. IR (cm⁻¹): 3347, 3030, 2940, 1697, 1614, 1468, 1371, 1351, 1176, 755, 699. ¹H NMR (200 MHz, CDCl₃): δ 1.98 [major 1H, dd, H-8, J=2.5, 15.0 Hz], 2.05 [minor 1H, dd, H-8, J=2.5, 14.9 Hz], 2.49 [minor 1H, dd, H-8', J=10.5, 14.9 Hz], 2.61 [major 1H, dd, H-8', J=11.1, 15.0 Hz], 4.76 [minor 1H, d, NCH₂ benzylic, J=15.5 Hz], 4.86 [major 1H, d, NCH₂ benzylic, J=15.6 Hz], 4.96 [major 1H, d, NCH₂ benzylic, J=15.6 Hz], 5.32 [minor 1H, dd, H-9, J=2.5, 10.5 Hz], 5.49 [major 1H, dd, H-9, J=2.5, 11.1 Hz], 6.6–7.6 [14H, CH aromatic]. ¹³C NMR (50 MHz, CDCl₃): δ 43.9, 44.1 [CH₂], 45.8, 46.0 [CH₂], 70.7, 71.3 [CH], 76.4, 76.6 [C3], 109.6, 109.9 [CH], 123.4, 123.5 [CH], 123.9, 124.5 [CH], 125.7, 126.1 [CH], 127.4 [CH], 127.85, 127.92 [CH], 128.68, 128.73 [CH], 129.00, 129.04 [CH], 129.7, 129.9 [CH], 130.7, 131.2 [C], 135.5, 135.7 [C], 142.1 [C], 143.8, 144.1 [C], 178.2, 178.5 [C=O].

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