

Production and Application of Synthetic Precursors Labeled with Carbon-11 and Fluorine-18

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I. Introduction

A. General Considerations in the Design of a PET Radiotracer

Without a doubt, the success of PET as an imaging tool for basic research in the life sciences stems largely from the effort and success of chemists over the years in developing suitable radiotracers. This success derives in part from the fact that there exists today an extensive inventory of synthetic precursors, or small molecules labeled with short-lived positron emitting radionuclides, that can be used either for attaching radioactive isotopes to suitable substrates, or used as building blocks toward constructing larger biomolecules of interest.

Since its infancy in the early 1960's, PET has evolved into a complex science for investigating the biochemical transformations of drugs and molecules within living systems. PET radiotracer chemistry too has evolved into a complex chemical science. Now radiotracers are engineered to be highly specialized probes for targeting specific regions such as neurotransmitter receptors, or chemical substances within the living system. In some instances this targeting can be as simple as measuring bioavailability. In others, it can become a more complex process of monitoring bioactivity of that region or substance. To keep pace with this growth, chemists are no longer driven solely by certain practical aspects of precursor production such as whether the precursor can be produced in amounts of radioactivity suitable for subsequent chemistry and final radiotracer formulation to meet the PET study protocol, whether it can be produced routinely over the course of the day, whether it is chemically and isotopically pure so as not to strongly influence subsequent chemistry and/or purification, or whether its specific activity is acceptable for the nature of the PET study. Now the design aspects of radiotracers for PET place additional demands on the chemist such as which radionuclide to choose to target a specific function (this is especially true in measurements of bioactivity), what position within the radiotracer to label, or which stereoisomer to use. (Långström *et al.*, 1989a; Långström *et al.*, 1989b; Långström *et al.*, 1989c) Thus special emphasis has to be placed on the development of precursors that can satisfy all of these demands, and more as time goes on.

A number of exhaustive reviews on the subject of precursor preparation have appeared in the literature over the years. (Wolf *et al.*, 1973; Clark and Buckingham 1975; Silvester, 1976; Wolf and Redvanly, 1977; Fowler and Wolf, 1982; Ferrieri, 1983; Vaalburg and Paans, 1983; Långström *et al.*, 1991; Fowler and Wölf, 1997) The interested reader, and especially newcomers, would certainly benefit from the insights of

these earlier works. The scope of this chapter will encompass old, as well as the new approaches for conducting PET precursor preparation with the intent on being comprehensive without being exhaustive in the procedural descriptions. The hope, of course, is that this work provides sufficient insight as a general guide into methodologies with citations to appropriate references. It should also be noted that most of this chapter is dedicated to the subject area surrounding PET precursors labeled with carbon-11 and fluorine-18, since most of the milestones delineating biochemical transformations and movement of drugs within living systems have involved radiosyntheses using these radioisotopes.

B. Short-Lived Positron Emitting Radionuclides for PET

Without a doubt, the short-lived positron emitting radionuclides that have had the greatest impact in PET for radiotracer synthesis are carbon-11, nitrogen-13, oxygen-15 and fluorine-18. This is understandable in view of the fact that the first three of these isotopes are elements of life, and can be substituted for their stable counterparts without influencing the bioactivity of the molecule. While fluorine-18 is not a significant element in living systems, its half-life and properties makes its use in labeling of considerable value. Table 1 lists some of the physical properties of these radionuclides.

The development of any radiotracer for a PET study begins with the selection of an appropriate radionuclide. This becomes especially difficult when there exists multiple synthetic precursors that can allow chemists to produce the same, or nearly the same biomolecule, but with a different radioactive tag. One example that comes to mind is the radiolabeling of N-methylspiroperidol for measuring dopamine D₂ receptors. This labeling has been performed with fluorine-18 in a multi-step two hour synthesis starting with [¹⁸F]fluoride (Shiue *et al.*, 1986), as well as with carbon-11 starting with [¹¹C]H₃I. (Wagner *et al.*, 1983) Several factors can influence one's decision in this regard. The first is whether the physical half-life of the radioisotope matches the biological half-life of the process under investigation. Perhaps more important in the decision process is the precursor's specific activity. As Table 1 reveals, theoretical specific activities for these common radionuclides are varied. On the practical side, actual precursor specific activities are significantly lower owing to sources of endogenous stable isotopes in the materials used to construct the targets, the chemical materials irradiated in order to generate the radioisotope, the transfer lines that allow the radioisotope to be manipulated between the target and laboratory, as well as in the starting materials used for subsequent synthesis. Typically, carbon-11 specific activities tend to be higher than the other isotopes (Wolf and Redvanly, 1977; Finn *et al.*, 1984; Fowler, 1986; Dannals *et al.*, 1991) owing to the lower amounts of endogenous stable carbon in the starting materials. Even so, it is important to realize that, since the radiotracer is not free of carrier, the specific activity is changing proportional to the radioactive decay. Thus, the time necessary to prepare the synthetic precursor, and manipulate it through the subsequent synthetic pathways, and/or purifications can weigh heavily on one's decision. Finally, the nature of the information one is seeking from the PET measurement also plays an important role in the selection of the radioisotope. Whether one is seeking spatial distribution and regional concentrations of a target substance or neurotransmitter binding or uptake site, or whether one is seeking to assess bioactivity relying on metabolic breakdown of the tracer could impact on this selection.

C. General Methodologies for Producing Labeled Precursors

Having addressed these important issues regarding the design of the radiotracer for the intended study, we now need to turn our attention to the actual stage of producing a useful synthetic precursor from what is typically a less useful source of the desired radionuclide. Historically, one can classify precursor preparation methods into those involving nonsynthetic approaches, and those involving more conventional synthetic approaches. The latter, of course, has received greater attention over the years perhaps owing to the fact that PET chemists are mostly derived from a synthetic organic chemistry background, and for whatever reasons, find greater security in developing more conventional synthetic approaches to doing things. In addition, such approaches are more readily automated as the chemical processing becomes standardized in the PET laboratory. This clearly becomes an issue when attempting to minimize radiation exposure to personnel. However, a brief discussion of nonsynthetic strategies to preparing precursors is warranted since, after all, PET's early roots in radiotracer development grew out of this area of research. Nonsynthetic approaches cover a rather broad area of radiochemistry that includes in-target or hot atom chemistry, radiation labeling, accelerated ion labeling, as well as labeling through the use of some excitation source of energy.

Between 1950 and the mid-1970's, a number of chemists studied the chemistry of these short-lived positron emitting radionuclides as they were produced within the irradiation target as high energy atoms. This field became known as Hot Atom Chemistry, and flourished for a number of years under the aegis of basic energy science. Aside from the intrinsic value of understanding the basic chemical properties of these energetic or hot atoms, there was a strong commitment to providing a basic framework of knowledge that could allow chemists to control the chemical fate of these radioactive atoms within complex chemical environments. Such action set the early stage for producing the short-lived positron emitters in chemical forms that were useful for the synthesis of complex radiotracers. (Wolf and Redvanly, 1977; Ferrieri, 1983a) Unfortunately, chemists quickly realized that to produce sufficient quantities of radioactivity necessary for clinical research and application, the chemical fate of these primary hot atom products were often compromised by the harsh radiation field. A classic example of this behavior is the production of H[¹¹C]N from a gaseous target comprised of 95% N₂ and 5% H₂. (Finn *et al.*, 1971) The reader will later see that this is an extremely useful synthetic precursor for radiolabeling. At low irradiation doses, nucleogenic carbon-11 atoms produced from the ¹⁴N(p,α)¹¹C reaction will react to form H[¹¹C]N as the hot atom product. However, at the higher irradiation doses necessary to provide adequate levels of carbon-11 for a PET study, the intense ionizing radiation field caused by the higher flux of incident charged particles induces radiolytic reduction of this product to a less desirable form as [¹¹C]H₄. For the most part, the chemical form of the desired radionuclide, as it exits in the target, is usually the result of one or more physical and chemical changes occurring to the primary hot atom product, or more simply put the result of the radiation chemistry. It is interesting to note that even today, many of these phenomena are not entirely understood, but are relied on daily in the PET field for their ability to routinely produce sources of radionuclides. It is also interesting to note that chemists have had very little success at altering what goes on inside the production target,

with the exception of a few cases, namely solid cryogenic targets, that will be discussed later under their appropriate subsections.

Radiation labeling, as it is applied outside the target confines, is another area that has not been extensively exploited in the PET field for producing radiolabeled substances. Such labeling can be facilitated by either the introduction of an external electromagnetic radiation source, or by the internal radiation accompanying radioactive decay of the nuclide. The labeling effectiveness is attributed to the charge-state and/or excitation of the reactants rather than their kinetic energy. Effective use of radiation labeling lies in designing the chemical environment such that the resultant radiolytic species are selective in their reactions leading to a single labeled product. Unfortunately, application of this approach to preparing labeled compounds has been limited to carbon-14. An example of what could be accomplished with selective radiation labeling includes the preparation of 2,3-[¹⁴C]propanol by exposing [¹⁴C]ethylene and methanol to a gamma source. (Oae *et al.* 1968)

Labeling by use of accelerated radioactive ions has also found limited application to preparing labeled compounds. (Wolf, 1960) Again, the majority of work utilizing this technique involved long-lived isotopes such as carbon-14 as ¹⁴C⁺, [¹⁴C]O⁺ and [¹⁴C]O₂⁺ (Cacace *et al.* 1958; Pohlit *et al.*, 1970; Lintermans *et al.* 1972), and tritium as T⁺. (Wolfgang *et al.*, 1956)

Finally, the use of external excitation sources such as electric discharge, microwave radiation or photosensitization have found application to producing labeled compounds through formation and reaction of radioactive ions or radicals. Unlike the other methods discussed, PET chemist have been successful at utilizing some of these strategies for producing PET precursors labeled with carbon-11, nitrogen-13 and fluorine-18. Examples include the production of [¹¹C]acetylene from [¹¹C]H₄ in an inductively coupled argon plasma (Crouzel *et al.* 1979), the production of [¹³N]NH₃ from [¹³N]nitrogen gas using a microwave generated hydrogen plasma (Ferrieri, 1983b), and the production of [¹⁸F]fluorine gas from electric anodic discharge. (Bergman *et al.*, 1997)

II. Precursors Labeled with Carbon-11

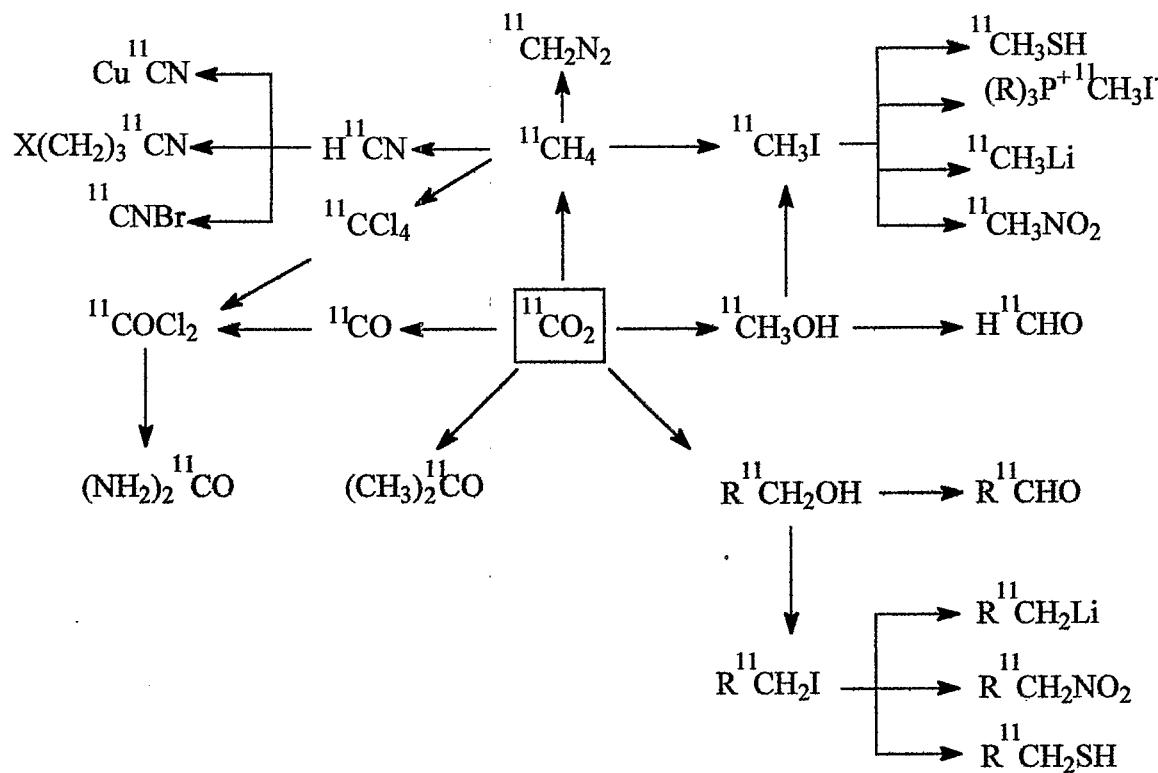
A. Nuclear Reactions for Producing Carbon-11

The nuclear reaction for producing carbon-11 that has had the greatest impact to PET has been the ¹⁴N(p, α)¹¹C reaction. This becomes clear for several reasons: (i) the radionuclide can be produced from non-carbon material thus providing a source of high specific activity tracer; (ii) the reaction possesses a substantial nuclear cross-section of about 250 millibarns, thus affording substantial amounts of radioactivity from reasonable irradiations; and (iii) the reaction also possesses a relatively low threshold of 3.1 MeV, thus allowing production of radionuclide at reasonable particle energies. Other relevant reactions for producing carbon-11 are summarized in Table 2.

B. Preparation of ¹¹C-Labeled Oxides

The most widely used chemical form of carbon-11 for PET radiotracer synthesis is [¹¹C]O₂. Its widespread use is attributed to the fact that it can be easily harvested from

the target gas stream either using liquid nitrogen cooled traps or even without the need for harsh cryogens using a mixture of reducing nickel catalyst and molecular sieve 5Å at ambient temperature. In addition, virtually every synthetic carbon-11 precursor can be derived from this chemical form of carbon-11, as seen in the schematic below.



The production of $[^{11}\text{C}]O_2$ can be carried out utilizing continuous-flow or batch-wise irradiations of high pressure gaseous targets comprised of research grade N_2 containing between 10 and 100 ppm levels of O_2 . As discussed earlier with regard to in-target chemistry, $[^{11}\text{C}]O_2$ is not the primary product, but the result of radiolytic oxidation of $[^{11}\text{C}]N$ radicals to $[^{11}\text{C}]O$ and eventually $[^{11}\text{C}]O_2$ under production conditions. (Christman *et al.*, 1975)

$[^{11}\text{C}]O_2$ can also be produced from the proton or deuteron irradiation of solid enriched boron-10 targets, typically in the form of boron oxides. The advantage, of course, with the enriched boron targets is the zero energy threshold making them appealing for low energy high intensity proton accelerators. Typically, particle irradiation of a boron oxide target using an appropriate inert sweep gas can yield reasonable quantities of carbon-11, distributed between the products $[^{11}\text{C}]O$, $[^{11}\text{C}]O_2$ and $[^{11}\text{C}]H_4$. (Buckingham and Forse, 1963; Welch and Ter-Pergossian, 1968; Clark and Buckingham, 1971; Winstead *et al.*, 1973; Ritchie, 1968; More and Troughton, 1972; Perris *et al.* 1974) These targets tend to work best with a high power density of beam focussed onto the powdered matrix that causes a “quick melt” yielding a glassy structure. Complete conversion to $[^{11}\text{C}]O_2$ can be obtained by passing the target effluent gas through a copper oxide combustion furnace maintained at 800°C.

$[^{11}\text{C}]O$ is most often prepared through the catalytic reduction of $[^{11}\text{C}]O_2$ over metallic zinc at 400°C. (Clark and Buckingham, 1975; Welch and Ter-Pergossian, 1968)

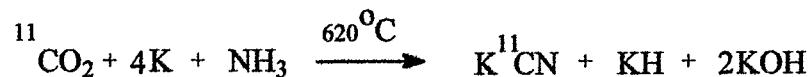
The zinc catalyst is most effective when dispersed on an inert support. Asbestos has worked well for this application. This reduction is typically high, but not quantitative. However, unconverted [¹¹C]O₂ can be easily removed from the gas stream using Ascarite™ (silica supported LiOH) thus rendering the [¹¹C]O in a pure form.

Direct in-target production of usable quantities of [¹¹C]O can be prepared as well using solid boron oxide targets. As described earlier, the same particle irradiations can be carried out with the exception that hydrogen gas is used instead of an inert gas to sweep the target matrix during bombardment. (Clark and Buckingham 1975; Winstead *et al.*, 1973) This action results in 94% yields of the desired oxide which can be purified in much the same way as described above.

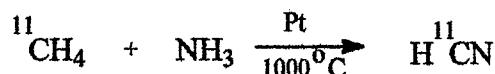
C. Preparation of [¹¹C]-Labeled Cyanides

Carbon-11 labeled cyanide as H[¹¹C]N can be an extremely useful synthetic precursor for the PET chemist for replacing halogen atoms through nucleophilic substitution with the radiolabeled cyano group. It has been used in the synthesis of labeled amines, ketones, aldehydes, acids, and amino acids. (Fowler and Wolf, 1986) Over the years, several synthetic and nonsynthetic approaches have been explored for their ability to routinely prepare useful quantities of this precursor. Only a few are notable. (Finn *et al.*, 1971; Lamb *et al.*, 1971)

Synthetic approaches for the preparation of H[¹¹C]N rely on either [¹¹C]O₂ or [¹¹C]H₄ as the starting material. One of the earliest methods involved the static reaction between [¹¹C]O₂ and potassium metal with carrier NH₃. (Cramer and Kistiokosky, 1941; Loftfield , 1947; Lamb *et al.*, 1971; Finn *et al.*, 1971) The reaction tends to be messy requiring distillation of the precursor over sulfuric acid.



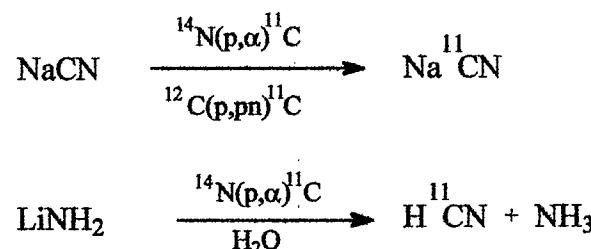
The most widespread approach for preparing H[¹¹C]N involves the catalytic conversion of [¹¹C]H₄ by reacting it with carrier NH₃ over platinum metal at 1000°C. (Christman *et al.*, 1975; Finn *et al.*, 1971)



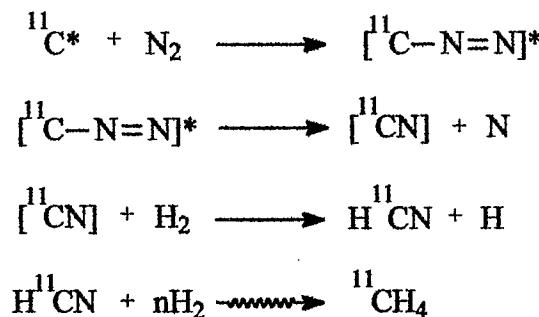
The conversion is typically 90% or greater for a single-pass flow reaction. The appeal of this approach is due to the fact that all the processing steps can be easily automated. Whether the chemist starts with ¹¹CH₄ produced from the N₂ + H₂ gas target, or from [¹¹C]O₂ from the N₂ + O₂ target is a matter of preference. Some believe the [¹¹C]H₄ target provides a higher specific activity precursor that would extend to subsequent chemistry. In addition, macroscopic amounts of radiolytic NH₃ are produced within the N₂ + H₂ target which can serve as the source of ammonia for the conversion to cyanide, thus eliminating the need to introduce an extraneous source of the gas. It should be noted, however, that trapping [¹¹C]H₄ on liquid nitrogen cooled molecular sieves can be problematic owing to the liquefaction of the target gas. Of course this is not an insurmountable problem, but it raises concern over certain safety issues. If one starts with [¹¹C]O₂ it can be readily trapped at ambient temperatures using a mixture of

reducing nickel catalyst and molecular sieve 5Å. Reduction to [¹¹C]H₄ in a hydrogen atmosphere at 365°C is fast and quantitative. One precautionary measure should be noted. Macroscopic amounts of nitrogen oxides will form in the gaseous N₂ + O₂ targets when operated with high (>100 ppm) levels of O₂. These oxides tend to trap on the nickel/molecular sieve, as well, giving rise to NH₃ that can eventually poison the catalyst's reducing effectiveness. This has not been a problem for lower O₂ levels.

Several non-synthetic approaches for preparing H[¹¹C]N have also been explored over the years. These included direct recoil labeling from proton irradiations of solid metallic cyanide targets, solid metallic amide targets (Lamb *et al.*, 1971; Finn *et al.* 1971; Christman *et al.* 1970), as well as from gaseous targets comprised of mixtures of N₂ and H₂. (Christman *et al.*, 1975; Lamb *et al.*, 1971; Finn *et al.*, 1971; Christman *et al.*, 1970)



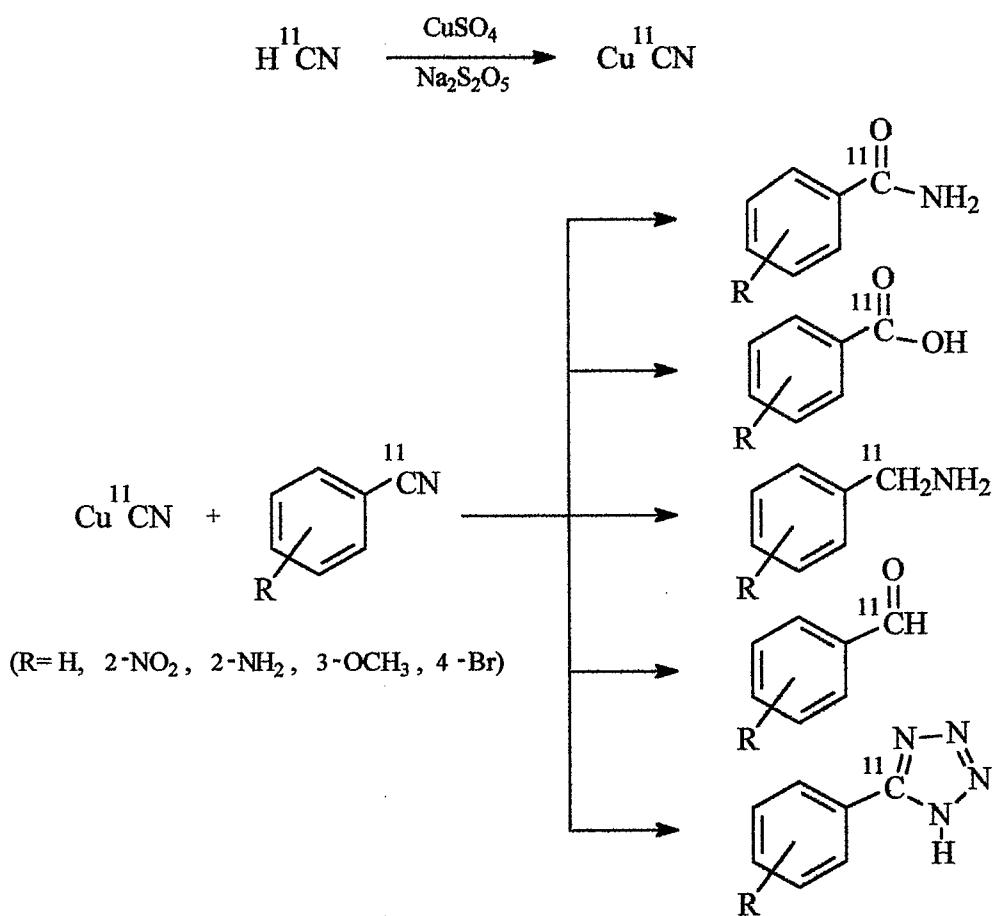
While the NaCN target produces large amounts of carbon-11, there is an obvious constraint in the precursor's specific activity that hampers its use for PET. Recoil synthesis from LiNH₂ is not any better owing to the low 3.6% yield of [¹¹C]cyanide extracted. Gas targets comprised of 5% H₂ and 95% N₂ (O₂ free) will also produce about a 50% yield of H[¹¹C]N, with the remainder of the carbon-11 activity present as [¹¹C]H₄.



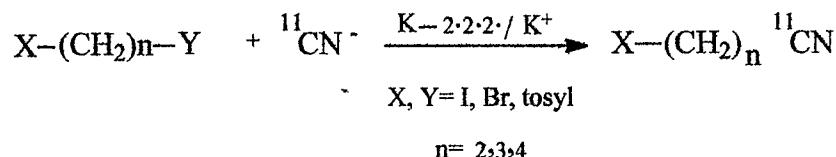
Unfortunately, this method is not practical in that the product distribution is only reproducible at low irradiation doses where microcurie levels of the precursor are generated. Once higher irradiation doses are applied (>1eV·molecule⁻¹·sec⁻¹) to the target gas, near quantitative radiolytic reduction of the H[¹¹C]N to [¹¹C]H₄ occurs thus requiring synthetic intervention in a post-irradiation treatment. More recently, cryogenic solid ammonia targets were investigated as a source for recoil labeling, and found to produce reasonable amounts of H[¹¹C]N (30-40% of theoretical) even for high dose irradiations. (Firouzbakht *et al.*, 1999a) A comparison of quartz and silver target materials revealed that the silver target was less sensitive to applied dose relative to carbon-11 recovery as cyanide.

Transition-mediated [¹¹C]-cyanation of aryl rings is also noteworthy as a means to introduce carbon-11 into larger molecules. The usefulness of the technique was first

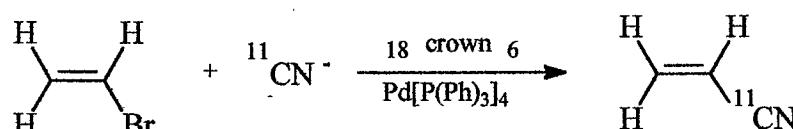
realized using tricarbonylchromium complexes (Balatoni *et al.*, 1989) and later with tetrakis(triphenylphosphine)palladium(0). (Andersson and Långström, 1994) These catalysts required special handling in order to exclude oxygen and water. More recently, it was demonstrated that copper(I) salts will mediate a vast number of aromatic nucleophilic substitutions using [¹¹C]N. (Ponchent *et al.*, 1997) The copper salts have the advantage in that they don't suffer the instability problems of the chromium or palladium catalysts. In addition, much of the chemistry generating the [¹¹C]aryl nitriles, and their subsequent conversion to other functional groups can be carried out as single-pot reactions.



Within the context of this section it is worth noting how one can introduce other functional groups into the labeled cyanide precursor thus producing a new line of precursors with multifunctional properties that can serve to increase the diversity of molecular structures possible for rapid labeling synthesis. For example, substitution between [¹¹C]N and corresponding dibromo-, diiodo- and ditosyl- compounds using Kryptofix 2.2.2 as an anion activator will produce 80-95% yields of the corresponding radiolabeled halonitriles.

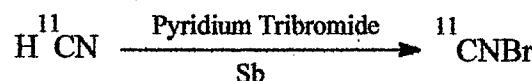


In one example cited, 4-iodobutyro[CN-¹¹C]nitrile was used to alkylate an achiral glycine derivative producing DL-[6-¹¹C]lysine. (Antoni *et al.*, 1989) In yet another example, [CN-¹¹C]acrylonitrile can be prepared in 35% yields from the substitution reaction between [¹¹C]N and vinylbromide catalysed by tetrakis(triphenylphosphine)palladium. (Antoni *et al.* 1991)

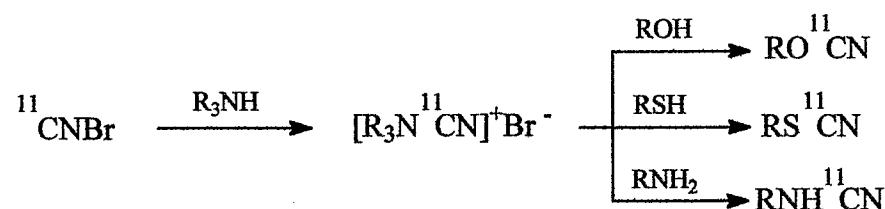


This precursor affords the synthetic opportunity to introduce a radiolabeled cyanoethyl group into a larger molecule.

It is also worth mentioning the development of an unusual precursor, [¹¹C]cyanogen bromide. Unlike hydrogen cyanide or any of the other nitriles previously mentioned, cyanogen bromide possesses a reversal of polarity, thus offering the cyano group as an electrophilic reagent. [¹¹C]Cyanogen bromide is readily prepared in 95% radiochemical yields from H[¹¹C]N using a simple solid-phase on-line procedure that involves passing the H[¹¹C]N through a tube containing pyridinium tribromide and antimony powder. (Westerberg and Långström, 1997)



This precursor can allow chemists an opportunity to achieve a variety of useful functional group transformations yielding radiolabelled cyanates, thiocyanates and cyanamides. (Westerberg and Långström, 1993)

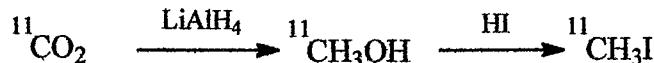


D. Preparation of [¹¹C]-Labeled Methylating Agents

Although some of the earliest syntheses with carbon-11 depended directly on radiolabeled carbon dioxide and cyanide (Fowler and Wolf, 1986) chemists today tend to

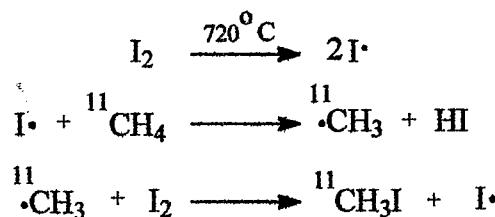
rely on [¹¹C]H₃I as the precursor of choice for introducing carbon-11 to organic molecules. (Långström and Lundqvist, 1976; Fowler and Wolf, 1982) This is with good reason as there exists today several commercial systems that will automatically process [¹¹C]O₂ and generate batches of [¹¹C]H₃I for the chemist.

Carbon-11 labeled methyl iodide can be prepared by both synthetic and nonsynthetic approaches. The most common preparative method depends on the reduction of [¹¹C]O₂ to [¹¹C]CH₃OH by LiAlH₄ followed by subsequent iodination using hydroiodic acid. (Långström and Lundqvist, 1976; Marazano *et al.*, 1977; Iwata *et al.*, 1979)



These steps can be easily carried out in a single-pot reactor. However, some precautionary measures should be noted. After the initial trapping of the [¹¹C]O₂ in the LiAlH₄, the solvent, which is typically tetrahydrofuran, requires removal using vacuum and heat. Very little loss of carbon-11 is seen during this step, as the activity remains complexed within the lithium salt. However, the salt must be cooled again prior to adding the concentrated hydroiodic acid, or else the exothermicity of the reaction could result in an explosion. Once added, the mixture is again heated to reflux thus allowing the [¹¹C]H₃I to be distilled off in an inert gas stream. Typically, conversion of [¹¹C]O₂ to ¹¹CH₃I is fast and efficient resulting in greater than 80% yields of the precursor within 5 to 10 minutes. Of course, the biggest issue is how to maintain some sense of control over the precursor's specific activity. This is especially critical when manipulating LiAlH₄ as it will readily absorb carrier CO₂ from exposure to air. Special attention must be given to maintaining an inert environment at all times. Typically, precursor specific activities in the range of 1 to 3 Ci/ μ mole are attainable.

Another method that has gained recent popularity relies on a gas-phase synthesis involving [¹¹C]H₄ and I₂. (Larsen *et al.*, 1997; Link *et al.*, 1997) The process can begin with either [¹¹C]H₄ that is produced directly within the target, or with [¹¹C]O₂ which must then be reduced to [¹¹C]H₄ over nickel at 365°C.



The [¹¹C]H₄ is passed through a quartz tube at 720°C which contains I₂ vapor. The high temperature dissociates the iodine molecule to generate iodine atoms that are free to abstract hydrogen from an [¹¹C]H₄ molecule. The resulting [¹¹C]H₃ radical, in turn, attacks another I₂ molecule yielding [¹¹C]H₃I. The disadvantage of this approach is that the thermolysis induced radical reaction is not terribly efficient, and so, the gas containing the reactants must be recirculated several times through the furnace. Nonetheless, the synthesized [¹¹C]H₃I can be easily harvested from this recirculated gas stream using porous polymer supports like Porapak N or Porapak Q, and later released

for subsequent synthesis. Typically, 40% of the carbon-11 is converted to [¹¹C]H₃I with 15 minutes of processing. The yield is more than adequate to produce several hundred millicuries of [¹¹C]H₃I on a per batch basis, with a specific activity of between 6 and 8 Ci/ μ mole, corrected to end-of-bombardment. Key advantages of this approach are that it is easily automated, and the precursor's specific activity typically exceeds that obtained by the "wet" chemistry method. GE Medical Systems, Inc. (Husbyborg 752 29 Uppsala, Sweden) presently markets a fully automated system of this approach.

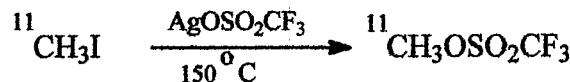
[¹¹C]Methyl iodide can also be prepared by recoil labeling through the proton irradiation of gaseous targets comprised of N₂ and 10% HI. (Wagner *et al.*, 1981) Unfortunately, the precursor yield is only 27% at low irradiation doses, and is dose sensitive. Attempts to minimize radiolytic destruction of the [¹¹C]H₃I using a high flow of target gas were unsuccessful in making this target practical for producing large amounts of radioactivity. Interestingly enough, this approach does possess potential for producing the highest specific activity of all the methods described. However, the inherent problems associated with manipulating the corrosive target gas, as well as dealing with a low yield of radiolabeled precursor that requires rigorous on-line purification, far outweigh this advantage.

Two other radiolabeled methylating agents are worth mentioning within the scope of this section as they represent attempts to create a more reactive precursor thus allowing chemists to perform methylations under milder conditions. Carbon-11 labeled methyl lithium is one example of this. This precursor can be prepared by an equilibrium reaction between n-butyl lithium and [¹¹C]H₃I. (Reiffers *et al.*, 1979; Reiffers *et al.*, 1980)



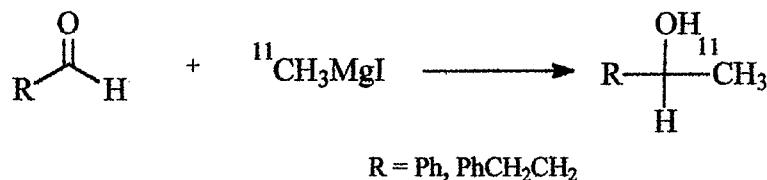
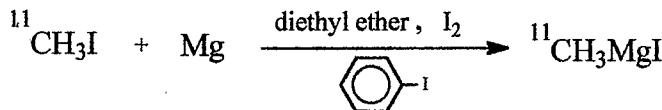
Typically, the interconversion is carried out at low temperature with excess n-butyl lithium to drive the reaction towards the [¹¹C]H₃I side, while at the same time avoiding unwanted coupling. Interconversions are nearly complete within 10 minutes yielding specific activities for the [¹¹C]H₃Li that are comparable to that of the starting material, [¹¹C]H₃I. The downside of this process is that a large amount of n-butyl lithium is present which can influence subsequent synthetic steps.

Carbon-11 methyl trifluoromethanesulfonate (methyl triflate) is another example of preparing a more reactive agent that allows chemists an opportunity to carry out alkylations under milder conditions. (Jewett, 1992)



The process for preparing this useful precursor begins by passing [¹¹C]H₃I through a small soda-glass column containing silver triflate-impregnated graphitized carbon. The conversion to [¹¹C]methyl triflate is fast and efficient at 150-200°C, with the precursor readily trapped at 0°C at the outlet stream.

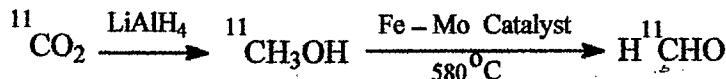
Finally, the [¹¹C]-labeled Grignard reagent methyl magnesium iodide should be mentioned for its versatility in 1,2-carbonyl additions yielding [¹¹C]-N-tert-butyl group on a larger molecule, and in the synthesis of [¹¹C]-sec-alcohols. (Elsinga *et al.*, 1995)



The process involves reaction of $[^{11}\text{C}]^{\text{H}_3}\text{I}$ with magnesium turnings mixed with iodobenzene in ether. The organic halide is an essential component toward initiating the Grignard reaction. Typically, conversions in the range of 60% to $[^{11}\text{C}]$ methyl magnesium iodide are obtainable.

E. Preparation of $[^{11}\text{C}]$ Formaldehyde

Like many of the other carbon-11 precursors, $[^{11}\text{C}]$ formaldehyde ($[^{11}\text{C}]^{\text{H}_2}\text{O}$) has its utility for allowing chemists to carry out $[^{11}\text{C}]$ -carbonylation reactions. Many procedures have been established to produce $[^{11}\text{C}]^{\text{H}_2}\text{O}$. The methods previously described typically require a two-step process involving reduction of target-produced $[^{11}\text{C}]^{\text{O}_2}$ to $[^{11}\text{C}]^{\text{H}_3}\text{OH}$ using lithium aluminum hydride, followed by oxidation of the $[^{11}\text{C}]^{\text{H}_3}\text{OH}$ to $[^{11}\text{C}]^{\text{H}_2}\text{O}$ on metallic converters and catalysts such as silver wool (Marazano *et al.*, 1977) or ferric molybdenum oxide. (Christman *et al.*, 1972; Straatman and Welch, 1975)

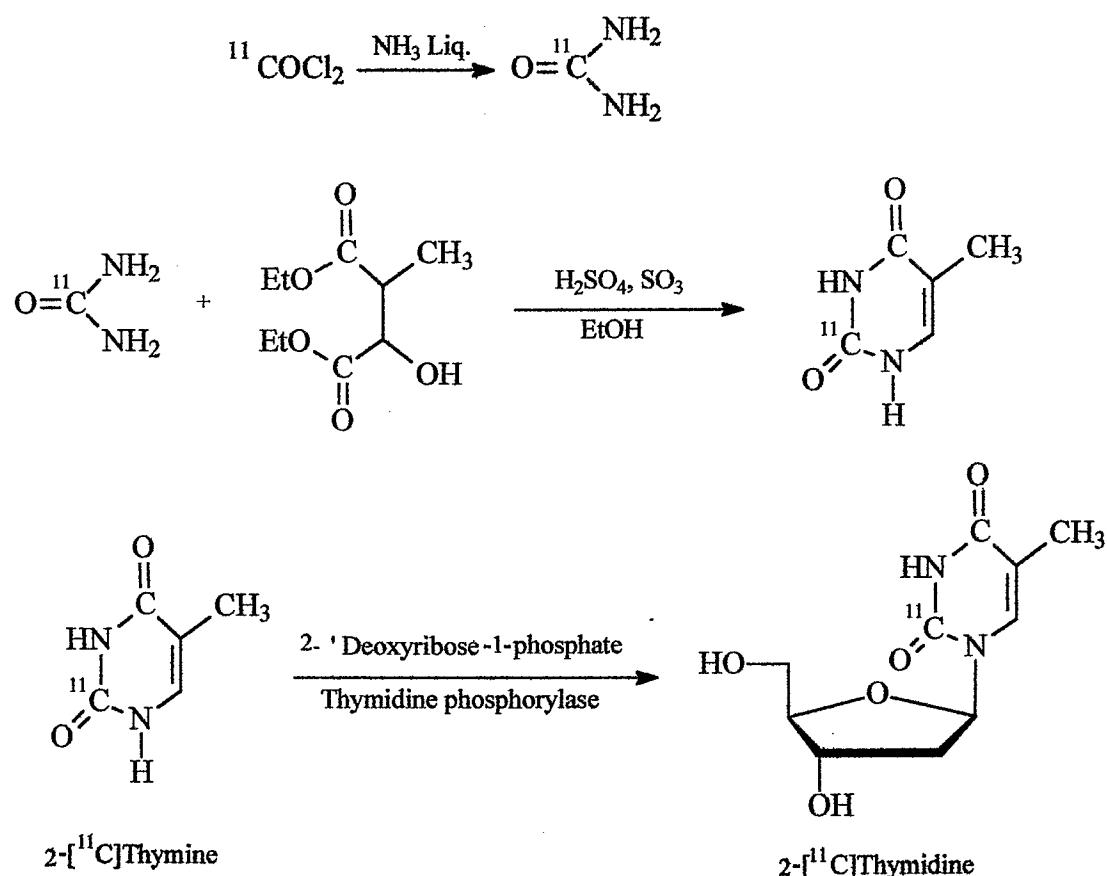


Two other solution-phase approaches are worth mentioning. The aqueous-phase oxidation of $[^{11}\text{C}]$ alcohols to $[^{11}\text{C}]$ aldehydes using tetrabutylammonium bichromate can be successful, but is limited to subsequent chemistry tolerant of the aqueous environment. (Halldin and Långström, 1984) Another recent approach relies on the direct reduction of $[^{11}\text{C}]^{\text{O}_2}$ to $[^{11}\text{C}]^{\text{H}_2}\text{O}$ using metal hydrides at low temperature. (Nader *et al.*, 1997) Typically, 58% yields of $[^{11}\text{C}]^{\text{H}_2}\text{O}$ can be attained using lithium aluminum hydride in tetrahydrofuran at -50°C . The nature of the metal hydride, as well as the solvent temperature are key to optimizing the reduction. For instance the radiochemical purity of the precursor drops significantly above -45°C due to large yields of $[^{11}\text{C}]^{\text{H}_3}\text{OH}$ produced in the process.

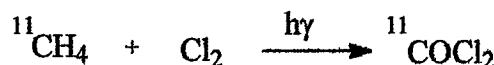
F. Preparation of $[^{11}\text{C}]$ Phosgene

As an acid chloride, $[^{11}\text{C}]$ phosgene ($[^{11}\text{C}]^{\text{OCl}_2}$) opens up many possibilities for preparation of other useful precursors. The preparation of anhydrous $[^{11}\text{C}]$ urea from $[^{11}\text{C}]^{\text{OCl}_2}$ is one such example where the $[^{11}\text{C}]$ urea precursor can be subsequently used to synthesize 2- $[^{11}\text{C}]$ thymidine. (Steel *et al.*, 1993; Steel *et al.*, 1999) Other possibilities include the synthesis of $[^{11}\text{C}]$ alkyl carbonates from reaction of $^{11}\text{COCl}_2$ with alcohol, or

the synthesis of $[^{11}\text{C}]$ alkyl carbamates from combined reaction with alcohol and ammonia.

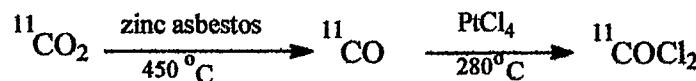


Perhaps one of the oldest methods for preparing $[^{11}\text{C}]O\text{Cl}_2$ involves the ultraviolet photochemical reaction between $[^{11}\text{C}]O$ and Cl_2 . (Brinkman *et al.*, 1978; Christman *et al.*, 1979; Roeda and Westera, 1981) The conversion is fast and quantitative when conducted under static conditions using excess Cl_2 gas.



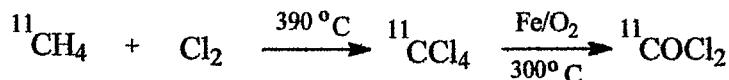
In addition, the $[^{11}\text{C}]O\text{Cl}_2$ is readily purified by passing the ampoule contents over antimony metal to remove the excess Cl_2 .

Another method that relies on $[^{11}\text{C}]O$ involves a catalytic chlorination reaction. (Roeda *et al.* 1978) Typically, $[^{11}\text{C}]O$ is produced through reduction of $[^{11}\text{C}]O_2$ over hot zinc, as described earlier in this chapter. The gas effluent from this step is simply passed through a second furnace at 280°C containing PtCl_4 .



The conversion of [¹¹C]O-to-[¹¹C]OCl₂ is usually 60%, and while less than the photochemical reaction, does offer the advantage of a flow system for manipulating the radioactive substances.

One other approach is worth mentioning because of its ability to produce large amounts of [¹¹C]OCl₂ relatively quickly. This method involves a two-step process. First, [¹¹C]H₄ is converted to [¹¹C]Cl₄ through reaction with Cl₂ gas at 390°C. The conversion under flow conditions is typically fast and in under 10 minutes, providing a 70% yield of [¹¹C]Cl₄. The source of [¹¹C]H₄ can either be from the N₂ + H₂ gas target where Cl₂ gas is mixed with the target gas during unloading. Another way is to start with [¹¹C]O₂ produced from the N₂ + O₂ target. The advantage here is that the [¹¹C]O₂ can be easily trapped during target unloading on molecular sieve/reduced nickel at ambient temperature, reduced to [¹¹C]H₄ and then slowly flowed through the chlorination furnace. Either source of carbon-11 will suffice. The [¹¹C]Cl₄ produced in the chlorination step is then mixed in a stream of O₂ gas, and passed through a second furnace at 300°C containing iron granules. (Steel *et al.*, 1999)



The conversion of [¹¹CCl₄ to [¹¹COCl₂ is about 79% and takes only about 3 minutes to complete. The [¹¹COCl₂ can be easily purified online by passing the gas effluent through metallic antimony.

G. Preparation of C₂ and Larger [¹¹C]Alkyl Iodides

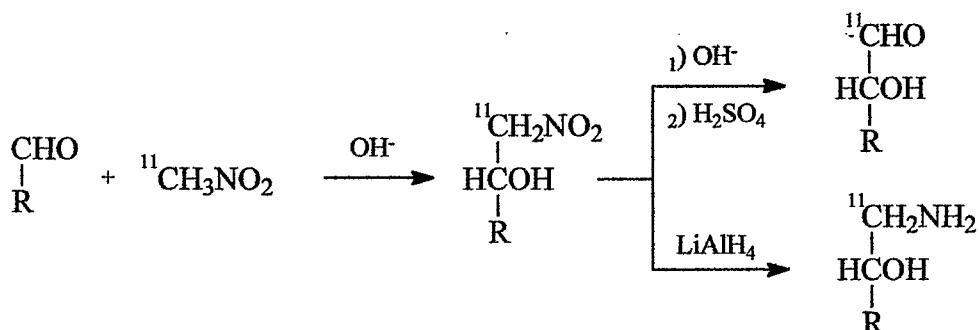
Carbon-11 labeled alkyl iodides such as ethyl, propyl, and butyl iodides are useful precursors that enable the chemist the ability to extend the size of the side alkyl chain beyond that of a simple methyl group. (Långström *et al.*, 1986) This is sometimes desirable when designing the radiotracer with the radioactive label on different positions of the molecule. One application of this is the radiolabeling of N,N-dipropyl-2-[4-methoxy-3-(2-phenylethoxy)phenyl]ethylamine (NE-100) in two different positions by alkylating the N-despropyl precursor with [¹¹C]propyl iodide, and the O-desmethyl precursor with [¹¹C]methyl iodide. (Ishiwata *et al.*, 1998) Another reason for adding these alkyl iodides to the arsenal of labeling precursors is that they provide a useful springboard for generating precursors with other functionalities.

The standard approach for preparing [¹¹C]alkyl iodides consists of the reaction of a Grignard reagent with [¹¹C]O₂ followed by reduction using lithium aluminum hydride and finally reaction with aqueous hydroiodic acid. A drawback to this approach is that it will produce [¹¹C]H₃I as a by-product. Unfortunately, [¹¹C]H₃I is more reactive than any of the higher-order alkyl iodides, and thus poses problems by potentially hindering the radiolabeling effectiveness of the desired alkyl iodide precursor, as well as in producing unwanted radiolabeled by-products that necessitate more complex purification schemes. The former issue is especially noteworthy in view of the fact that larger amounts of carrier CH₃I mass are produced in the process owing to CO₂ contamination of the lithium aluminum hydride. Chemists typically address these issues by designing an additional purification step into the synthetic scheme prior to reaction with the labeling substrate. One approach that has been extremely successful, owing to the volatility of the alkyl iodide precursors, is the use of gas chromatography. While this may sound complicated

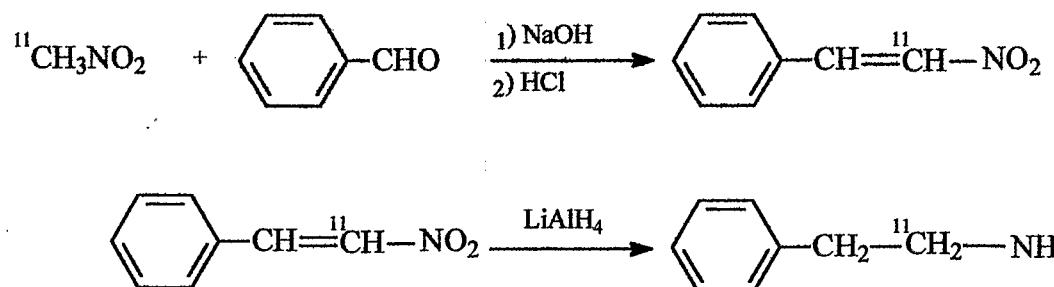
in the normal scheme of things, it can be a rather simply solution to the problem and amenable to automation. (Ishiwata *et al.*, 1999) Radiochemical yields after gas chromatography were on the order of 27%, 22% and 12% for [¹¹C]ethyl iodide, [¹¹C]propyl iodide and [¹¹C]butyl iodide, respectively, with preparation times increasing proportionally with the size of the alkylating agent from 12 to 19 minutes.

H. Preparation of [¹¹C]Nitroalkanes

The development of [¹¹C]-labeled nitroalkanes as a class of synthetic precursors occurred out of necessity to increase flexibility in radiochemistry. (Schoeps *et al.*, 1989; Schoeps *et al.*, 1991) Nitroalkanes are a versatile class of labeling precursor in the sense that they can be readily converted into carbon nucleophiles by the addition of base. Their reactions through nucleophilic substitution and aldehyde condensation are well documented. (Mathieu and Weill-Raynal, 1973) Once reacted, the nitro group can be easily converted to other functionalities such as a carbonyl group (Nef's reaction) or reduced to an amine.

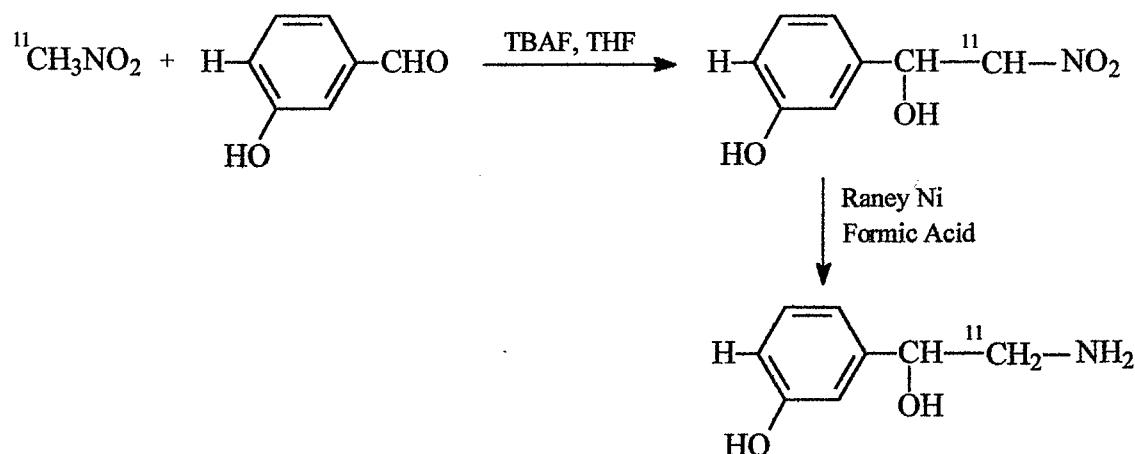


The synthetic importance of this class of labeling precursor has been demonstrated using [¹¹C]nitromethane in the synthesis of [¹¹C]phenethylamine (Schoeps and Halldin, 1992) and [¹¹C]dopamine (Schoeps *et al.*, 1993) via condensation with the appropriate aldehydes to yield the corresponding [¹¹C]nitrostyrenes.

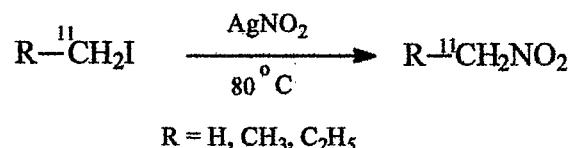


More recently, the utility of this class of precursor was extended by developing a strategy where the [¹¹C] β-nitrophenethyl alcohols could be obtained in preference to the

styrene product through condensation of [¹¹C]nitromethane with various substituted benzaldehydes using tetrabutylammonium fluoride (TBAF) as a catalyst. This strategy can then allow for the preparation of [¹¹C]-labeled phenylethanolamines such as norphenylephrine and norepinephrine. (Nagren *et al.*, 1994)



Nitroalkanes labeled with carbon-11 can be easily prepared by reacting the appropriate [¹¹C]alkyl iodide with silver nitrite at 80°C.



This approach is amenable to on-line processing where the purified [¹¹C]alkyl iodide is flowed in a nitrogen or helium stream through a 3 mm id x 4 cm length soda glass column packed with 0.4 g of silver nitrite at 20-30 mL/min. (Schoeps *et al.*, 1989) Radiochemical yields (based on ¹¹CO₂) of 55%, 30% and 40% are typical for preparing [¹¹C]nitromethane, [¹¹C]nitroethane and [¹¹C]nitropropane, respectively.

I. Preparation of [¹¹C]Alkylthiols

In yet another class of precursor that includes the [¹¹C]alkylthiols, the chemist has the ability to carry out S-alkylation reactions. One area where these precursors have been useful is in the enzymatic synthesis of 2-amino-4-([¹¹C]methylthio)butyric acid ([¹¹C]methionine) and its derivatives using immobilized γ -cyano- α -aminobutyric acid synthase. [¹¹C]Methionine is widely used for clinical PET studies on amino acid metabolism in tumors (Strauss and Conti, 1991; Koh *et al.*, 1994; Leskinen *et al.*, 1997) as well as in the brain. (Bustany, 1983; O'Tauma *et al.*, 1991; Salmon *et al.*, 1996)

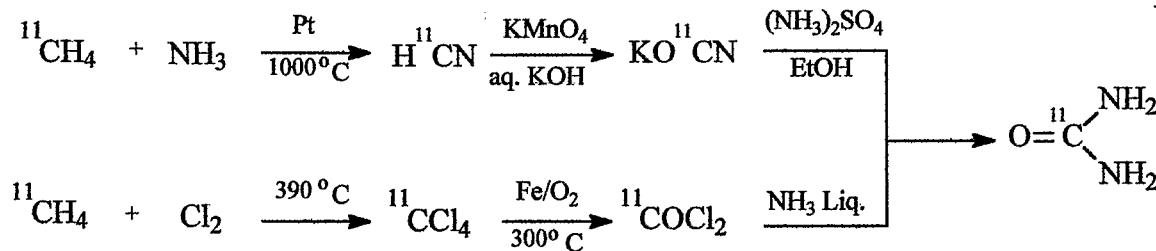
Synthetically, the [¹¹C]alkylthiols derive from a pure source of [¹¹C]alkyl iodides. (Suehiro *et al.*, 1995; Kaneko *et al.*, 1999) A number of synthetic methodologies have been tested including the use of heated reaction tubes. By far, the best procedure involves trapping the purified alkyl iodides in a 0.2 mL solution of DMF containing 2 mg of NaSH. The contents are then heated to 120°C, and the [¹¹C]alkylthiols are

immediately transferred under a nitrogen or helium gas stream to a second vessel where they can react. Typically, this approach will produce radiochemical yields of 91%, 92% and 98% for [¹¹C]methanethiol, [¹¹C]ethanethiol and [¹¹C]propanethiol, respectively. Interestingly enough, reaction efficiencies are extremely sensitive to the level of O₂ dissolved in the DMF solvent. Yields decrease when too little or too much O₂ is present. The exact reason for this behavior is not clear. However, peak performance for preparing these precursors appears to occur when the NaSH is dissolved in the DMF at room temperature approximately 30 to 40 minutes prior to use.

J. Preparation of [^{11}C]Urea

Over the years, [¹¹C]urea has received considerable attention owing to its use in synthesizing 2-[¹¹C]-thymidine, a radiotracer that has been investigated for *in vivo* monitoring of cell proliferation in tumors using PET. (Van der Borght *et al.*, 1991; Labar and Van der Borght, 1991) The development of a tracer to monitor DNA synthesis has far reaching applications for the investigation of both tumor growth and response to anti-proliferation therapies, although the use of 2-[¹¹C]-thymidine is limited by the presence of labeled metabolites. (Van der Borght *et al.*, 1990; Shields *et al.*, 1990; Shields, 1993)

Two methodologies for preparing usable quantities of [¹¹C]urea are available. These approaches are depicted below.



The first approach utilizes $\text{H}^{[11]\text{C}}\text{N}$. (Emran *et al.*, 1985; Link *et al.*, 1995) Several schemes have already been discussed for the preparation of $\text{H}^{[11]\text{C}}\text{N}$. The formation of urea from this precursor begins by converting it to $[^{11}\text{C}] \text{NH}_4\text{CN}$. This is accomplished by collecting the $\text{H}^{[11]\text{C}}\text{N}$ in 0.2 mL of KMnO_4 (0.032 M) containing 0.05 mL KOH (2M). The $^{11}\text{CN}^-/\text{MnO}_4^-$ mixture is heated to 100°C after which 0.2 mL $(\text{NH}_4)\text{SO}_4$ (0.75 M) and 0.1 mL ethanol are added. The mixture is again heated to 170°C for 3 minutes. Separation of insoluble MnO_2 from the reaction mixture is accomplished by filtering through a disposable column possessing a 0.45 μm filter. The alcoholic urea mixture must then be dried prior to further reaction. Radiochemical yields are typically greater than 35%.

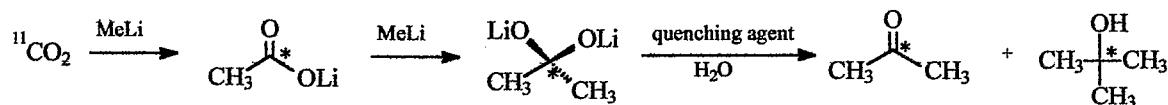
A second approach to preparing anhydrous [¹¹C]urea utilizes [¹¹C]phosgene. (Steel *et al.*, 1993) Like H[¹¹C]N, there are several methods to preparing the starting precursor, [¹¹C]phosgene, all of which have been discussed earlier. The [¹¹C]phosgene, as it is produced on-line, is mixed with a stream of oxygen at 10 mL/min and passed through a vessel containing 300 μ L of liquid ammonia maintained at -33°C. After about 5 minutes, the vessel is warmed to remove the ammonia thus allowing the [¹¹C]urea to be taken up in a suitable anhydrous solvent. Total radiochemical yield by this approach is

about 30%. This approach does offer a slight advantage in that it appears easier to automate. (Steel *et al.*, 1999)

K. Preparation of [¹¹C]Acetone

Carbon-11 labeled acetone is a useful precursor in the synthesis of radiolabeled compounds containing isopropyl (Berridge *et al.*, 1992; Rubottom and Kim, 1983) or acetonide functions. (Berridge *et al.*, 1994) Most recently, [¹¹C]procaterol, a β_2 -adrenoceptor agonist, has been radiolabeled for PET using this precursor. (Visser *et al.*, 2000)

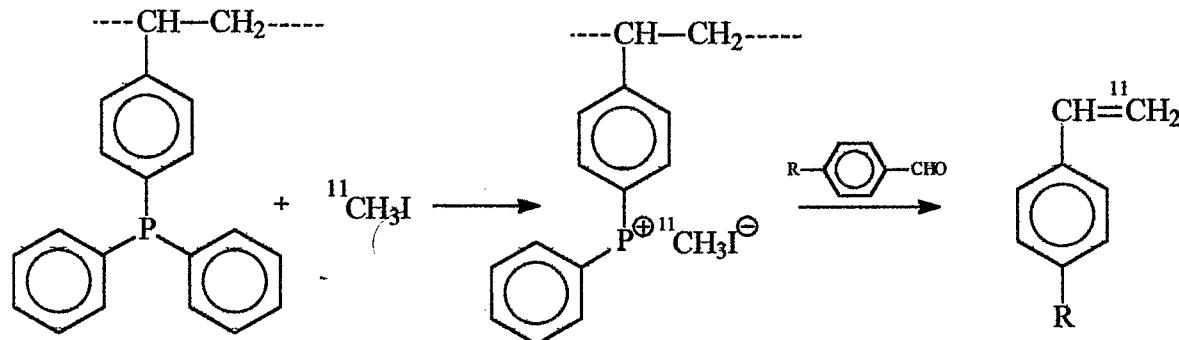
The general approach to preparing [¹¹C]acetone is through reaction of [¹¹C]O₂ with methyl lithium. (Berger *et al.*, 1980) Typically, the organolithium reagent is present in large excess relative to the no-carrier-added concentrations of [¹¹C]O₂. This aspect has a downside in that large amounts of [¹¹C]tert-butanol are also produced at the expense of [¹¹C]acetone.



However, a slight modification to this methodology includes introducing diphenylamine to selectively quench the excess organolithium reagent prior to hydrolysis of the acetone diolate intermediate. (Studenov *et al.*, 1999) This modification allows for 100% radiochemical yields of [¹¹C]acetone to be produced.

L. Preparation of [¹¹C]-Labeled Phosphonium Salts used as Wittig Reagents

The Wittig reaction is typically used for extending carbon chains with one or more carbon atoms by converting aldehydes and ketones into alkenes. (Maryanoff and Reitz, 1989) This reaction has been applied to the carbon-11 radiolabelling of several terminal and branch-chained alkenes (Kihlberg *et al.*, 1990; Grierson *et al.*, 1993), and more recently improved upon by utilizing polymer-bound reagents.(Ogren *et al.*, 1995)



In typical reactions, [¹¹C]H₃I is trapped at ambient temperature in a solvent solution of 10% tetrahydrofuran and *o*-dichlorobenzene containing 3 μ mol of the polymer-bound triphenylphosphine. Polystyrene cross-linked with 2% divinylbenzene works well as the polymer support. After trapping, the mixture is heated to 160°C for 3 minutes to allow the radiolabeled phosphonium salt to form. Once cooled, 0.20 mmol of the appropriate aldehyde in *o*-dichlorobenzene solvent is added and the reaction is again heated for 3 minutes at 160°C. Radiochemical yields ranging from 29-65% are typical depending on the nature of the aldehyde substrate.

III. Precursors Labeled with Fluorine-18

A. Nuclear Reactions for Producing Fluorine-18

Unlike carbon-11, fluorine-18 possesses a much lower positron energy (a maximum range of 2.4 mm) thus making it a very attractive radioisotope for localization measurements requiring high-resolution PET. An additional advantage is that it possesses a significantly longer half-life (110 min) than carbon-11 thus affording the radiochemist additional time to perform more complex synthetic manipulations. Over the years a number of nuclear reactions have been explored for their efficacy in generating synthetically useful quantities of fluorine-18. Table 3 lists these reactions along with pertinent nuclear data.

In the early days, fluorine-18 was a reactor produced radioisotope requiring a rather complicated two-step process involving fast neutron bombardment of a solid lithium-6 target to generate the requisite tritons to drive the ¹⁶O(t,n)¹⁸F reaction. Issues regarding tritium contamination within the beam-line as well as within the target never made this a practical approach. Today, cyclotron production is clearly the method of choice owing to the greater simplicity of the target designs, as well as the over-all higher yields of the radioisotope. The most commonly used nuclear reactions to produce fluorine-18 include the ¹⁸O(p,n)¹⁸F and ²⁰Ne(d, α)¹⁸F reactions with the proton bombardment on enriched oxygen-18 providing significantly higher yields and improved precursor specific activity. (Ruth and Wolf, 1979) One's decision in selecting a particular method over another for production is contingent on several factors including: (i) whether the available cyclotron is capable of multiple particles; (ii) whether it is desirable for the fluorine-18 source to be aqueous or anhydrous; (iii) whether the radiolabeled precursor needs to be nucleophilic or electrophilic; and (iv) whether that precursor needs to possess a high specific activity. As a general rule to follow, proton irradiation of enriched water will yield an aqueous source of [¹⁸F]fluoride for nucleophilic displacements while deuteron irradiation of neon will yield an anhydrous source of electrophilic fluorine-18 typically as elemental fluorine. However, as one reads on it will become apparent that many of these selection criteria are not as critical today as they were in the past. Now it is possible to render an aqueous source of [¹⁸F]fluoride anhydrous as well as interconvert the nucleophilic fluoride into electrophilic reagents.

B. Electrophilic Fluorination Reagents Labeled with Fluorine-18

Electrophilic reagents create a chemical environment in which the fluorine atom is highly polarized with a positive charge. In this way, it is possible to fluorinate a variety of electron-rich substrates including alkenes, aromatic compounds and carbanions with fluorine-18. Over the years several reviews on the subject of electrophilic fluorination have been written. The reader is encouraged to seek out these works for greater detail on the subject.(Kilbourn, 1990; Rozen, 1988; Wilkinson, 1992; Berridge, 1986) Without a doubt, electrophilic fluorination reactions are fast and efficient making them highly desirable synthetic pathways to achieve radiopharmaceuticals labeled with fluorine-18. The only downside seen is that most fluorine-18 labeled electrophilic reagents derive from [¹⁸F]F₂ which suffers from low specific activity.

i. Preparation of Fluorine-18 Labeled Elemental Fluorine:

The simplest reagent in this class of precursors is [¹⁸F]F₂. It typically is produced through the deuteron bombardment of a high-pressure neon gas target containing 0.1 to 2% of carrier F₂. (Casella *et al.*, 1980) The method, however, suffers in specific activity due to the carrier addition with practical limits around 12 Ci/mmol. (Blessing *et al.*, 1986) Two variations on this approach involve proton irradiations of ¹⁸O-enriched O₂ gas targets. Both methods rely on the fact that fluorine-18 will remain trapped on the target walls when there is no carrier present during the irradiation to chemically scrub the isotope. In the first approach, a mixture comprised of hydrogen and helium gases is swept through the target after bombardment while the target is heated to 600°C. The fluorine-18 is recovered as H[¹⁸F], and later converted to [¹⁸F]F₂ through microwave discharge using a mixture of 5% carrier F₂ in helium. (Straatman *et al.*, 1982) The rigors of heating a target to such high temperature eventually take their toll on pressure seals and internal surfaces.

A second more practical variation on this concept involves the same target irradiations as described in the first with the exception that a small amount of carrier F₂ is added to the target, and it is briefly re-irradiated. This manipulation allows for relatively efficient exchange of the fluorine-18 producing a source of [¹⁸F]F₂. (Nickels *et al.*, 1984; Solin and Bergman, 1986)

A more recent approach for generating higher specific activity [¹⁸F]F₂ (1.5 Ci/ μ mol) involves a two-step process beginning with [¹⁸F]fluoride produced from the ¹⁸O(p,n)¹⁸F reaction on ¹⁸O-enriched water. (Bergman, 1997) The aqueous fluoride solution, as K¹⁸F, is mixed with kryptofix and acetonitrile followed by heating to dryness. A small amount of methyl iodide in acetonitrile solvent is then added to the dry residue to yield CH₃[¹⁸F] within 1 minute. The CH₃[¹⁸F] is flushed with neon gas into a quartz discharge chamber containing 150 nmole of carrier F₂ where the mixture is discharged at 20-30 keV, 280 μ A, for 10 seconds resulting in about 30% conversion of the original [¹⁸F]fluoride to [¹⁸F]F₂.

ii. Preparation of Fluorine-18 Labeled Trifluoromethyl Hypofluorite:

Over the years, several other electrophilic [¹⁸F]fluorinating agents have been successfully prepared and applied in the laboratory. [¹⁸F]Trifluoromethyl hypofluorite, CF₃O[¹⁸F], was the first in a line of a subclass of "milder" electrophilic fluorinating agents that offered more regioselective control with less degradation to substrate. (Neirinckx *et al.*, 1978) The process of production involves cesium fluoride mediated

reaction between F₂ and carbonyl fluoride. The reaction is conducted within an F₂-passivated nickel irradiation target. Without carrier present, the target walls will retain all of the fluorine-18 radioactivity upon removal of the irradiation gas. The target is then used as a reaction vessel into which cesium, fluoride, F₂ and carbonyl fluoride are introduced. Optimal results are obtained within 15 minutes of reaction at 110°C producing a 33% yield of CF₃O[¹⁸F].

iii. Preparation of Fluorine-18 Labeled Acetyl Hypofluorite:

The preparation of this important precursor has been re-examined over the years for a couple of reasons. Compared to [¹⁸F]F₂, it is milder as a fluorinating agent. Perhaps more importantly, it possesses a much greater solubility over a wider range of reaction solvents. In the original methodology, [¹⁸F]F₂ produced from a neon gas target is slowly emptied into a glass reaction vessel containing a solution of aqueous ammonium hydroxide in glacial acetic acid. (Shiue *et al.*, 1982)



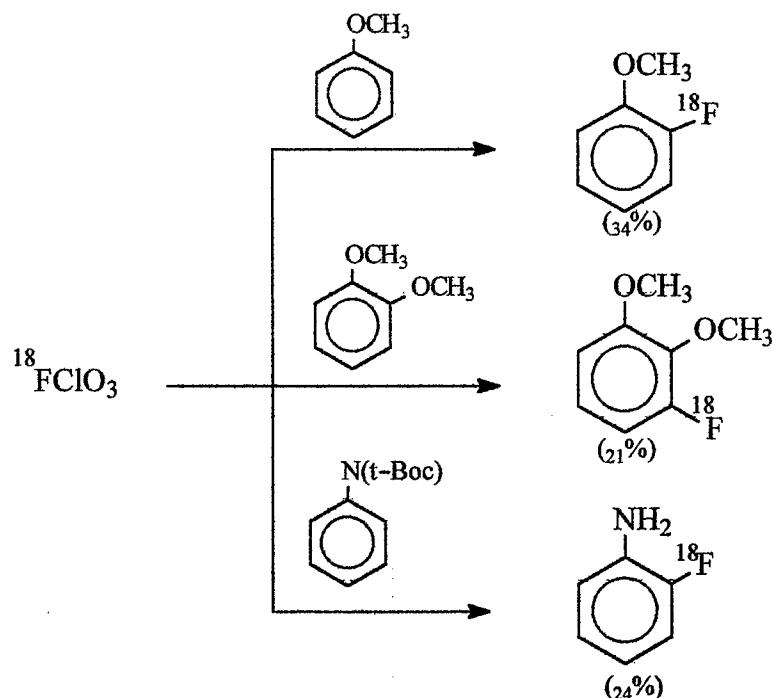
Reaction is almost immediate yielding 40% CH₃CO₂[¹⁸F] although the process of emptying the pressurized target in a controlled manner is a limiting factor. Most likely, any method for generating [¹⁸F]F₂ will suffice for this reaction although deuteron irradiation on neon/F₂ mixtures would seem the course to take. Preparation of this precursor was greatly simplified and made more reliable by the development of a gas-solid phase reaction. (Jewett *et al.*, 1984; Chirakal *et al.*, 1988)



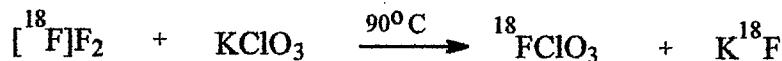
The method involves passing [¹⁸F]F₂ through a column containing a complex of alkali metal acetate with acetic acid. The fluorine-18 reacts, and is retained on the column as CH₃CO₂¹⁸F, which can be removed in an aqueous rinse.

iv. Preparation of Fluorine-18 Labeled Perchloryl Fluoride:

Perchlorofluoride, FCLO₃, as an electrophilic reagent will react with unfunctionalized aryllithium compounds, such as phenyl lithium, to produce modest yields of the respective aryl fluorides. (Muchowski and Venuti, 1980) Even so, its general utility as a fluorine-18 labeling agent has never really been fully exploited. Examples where it has been successfully used include the syntheses of [¹⁸F]-labeled 2-fluoroaniline, 2-fluoroanisole, and 3-fluoroveratrole in modest yields. (Ehrenkauf *et al.*, 1983a)



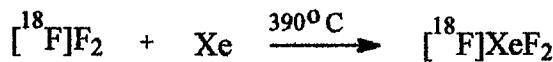
The method for producing $[^{18}\text{F}]\text{ClO}_3$ involves passing $[^{18}\text{F}]F_2$ through a column containing KClO_3 maintained at 90°C .



Rapid on-line purification of the precursor is achieved by passing the effluent from the reaction column through a series of two solid-phase scrubbers containing granular NaOH and $\text{Na}_2\text{S}_2\text{O}_3$. These scrubbers must be large enough to effectively remove any unreacted F_2 and chlorinated oxides that may form in the KClO_3 reaction. Although the reaction is quantitative, only half the radioactivity ends up as $[^{18}\text{F}]\text{ClO}_3$ with the remainder consumed as K^{18}F .

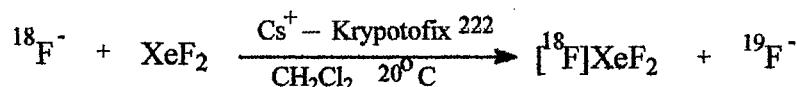
v. Preparation of Fluorine-18 Labeled Xenon Difluoride:

Like the preceding precursors, $[^{18}\text{F}]\text{xenon difluoride}$, $[^{18}\text{F}]\text{XeF}_2$, has received only limited attention where its efficacy for synthesizing $[^{18}\text{F}]\text{-2-fluoro-2-deoxy-D-glucose}$ and $\text{L}-[^{18}\text{F}]6\text{-fluorodopa}$ has been demonstrated. (Sood *et al.*, 1983; Firnau *et al.*, 1980) The precursor can be prepared through a couple of approaches. The most common involves the thermal reaction between $[^{18}\text{F}]F_2$ and xenon gas in a sealed nickel vessel maintained at 390°C .



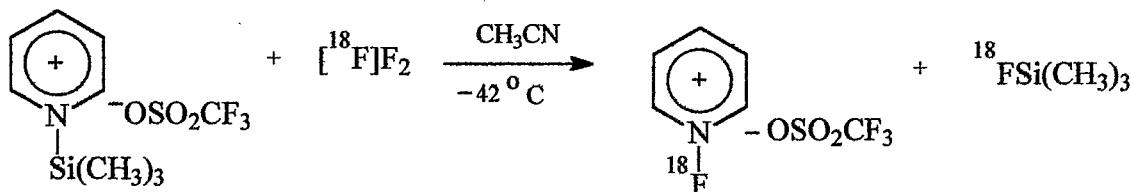
The reaction typically takes 40 minutes to achieve a 70% yield. However, due to radioactive decay during this reaction time a specific activity of only about 450 mCi/mmol is achievable. (Chirakal *et al.*, 1984) A second method involves isotopic exchange between $\text{H}^{[18}\text{F}]$, or some similarly suitable Bronsted or Lewis acid such as

$[^{18}\text{F}]Si\text{F}_4$ or $[^{18}\text{F}]As\text{F}_5$, and $Xe\text{F}_2$. The reaction involves treating sulfuryl chloride solutions of $Xe\text{F}_2$ with the radiolabeled acid in fluorinated ethylene propylene vessels. (Schrobilgen *et al.*, 1981) Yields are typically low (<30%) and erratic, and precursor specific activity is low. A simpler approach involves $[^{18}\text{F}]$ fluoride ion exchange reaction with $Xe\text{F}_2$ that is catalyzed by the Cs^+ -Kryptofix 2.2.2. complex. (Constantinou *et al.*, 2001) The complex acts to ionize the $Xe\text{F}_2$ when the reaction is performed in chlorinated solvents such as methylene chloride or chloroform. The catalyzed exchange reaction is much more efficient producing on average 60% yields of $[^{18}\text{F}]Xe\text{F}_2$ from 50 minutes of reaction at room temperature, but doesn't provide any advantage in specific activity as approximately 50 mg of $Xe\text{F}_2$ is needed in the exchange.

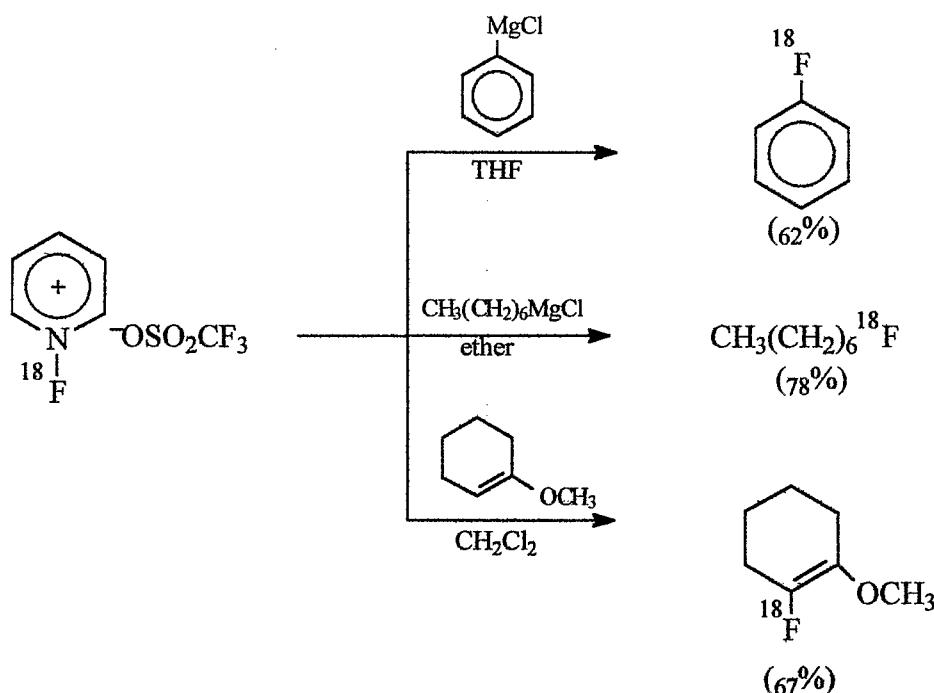


vi. Preparation of Fluorine-18 Labeled N-Fluoropyridinium Triflate:

N-Fluoropyridinium salts have also been investigated as potential fluorine-18 radiolabeling agents. (Oberdorfer *et al.*, 1988a) $[^{18}\text{F}]\text{-N-Fluoropyridinium triflate}$ was the first, and only, of a potential series of analogous N-fluoro-compounds that was tested. It can be readily prepared by direct reaction between $[^{18}\text{F}]F_2$ and N-trimethylsilylpyridinium triflate in acetonitrile solvent at -42°C yielding 46% of the radiolabeled precursor with specific activity of 167 mCi/mol.

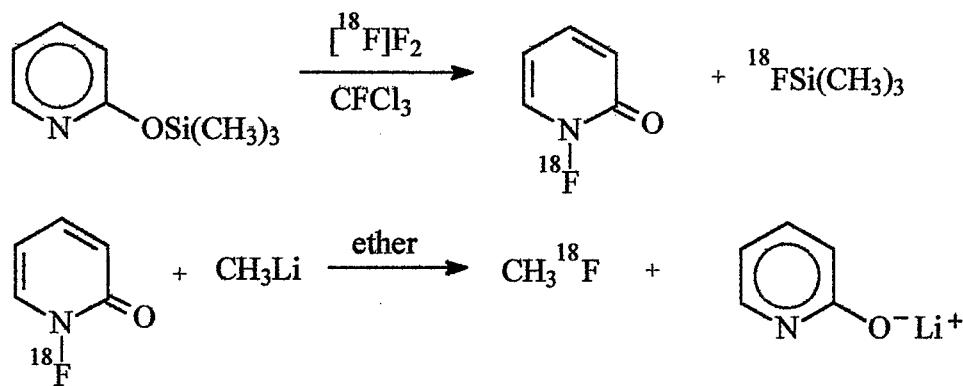


The precursor exhibits high efficiency for reacting with Grignard compounds, related carbanions, and enolates yielding the corresponding $[^{18}\text{F}]$ -labeled products in high yields.



vii. Preparation of Fluorine-18 Labeled 1-Fluoro-2-Pyridone:

1-[¹⁸F]Fluoro-2-pyridone as an electrophilic fluorinating agent also exhibits excellent qualities in terms of its chemical reactivity to undergo efficient ¹⁸F-for-metal exchange with organometallic compounds. (Oberdorfer *et al.*, 1988b) For example, reaction of 1-[¹⁸F]fluoro-2-pyridone with methyl lithium will yield CH₃[¹⁸F] quantitatively.

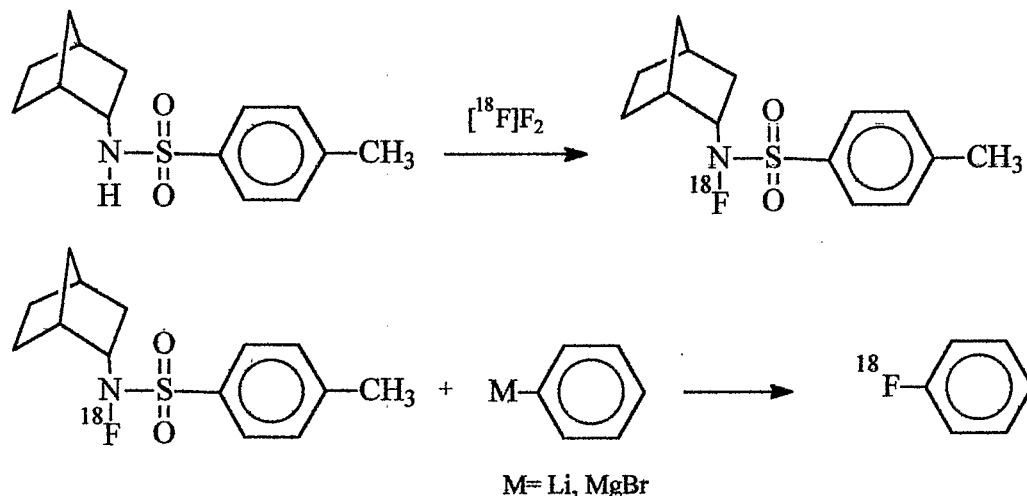


Carrier added 1-[¹⁸F]fluoro-2-pyridone can easily be prepared in yields of 40-49% (out of a maximum possible yield of 50%) by bubbling ^{[18]F}F₂ through a solution of 2-(trimethylsiloxy)pyridine in CFCl₃, at low temperature. Typically, the process takes about 1 hour which includes the time to irradiate and deliver ^{[18]F}F₂ to the reaction vessel. The pure precursor is obtained by subliming the crude reaction residue for 30 minutes.

viii. Preparation of Fluorine-18 Labeled N-Fluoro-N-Alkylsulfonamides:

The alkylsulfonamides represent yet another line of "mild" radiofluorinating agents that were developed to regiospecifically react with a variety of carbanions and

organometallic compounds. (Satyamurthy *et al.*, 1990a) As with the preceding precursors, the sulfonamides are readily labeled with fluorine-18 by bubbling [¹⁸F]F₂ through a solution of the appropriate sulfonamide in Freon at -78°C. Reaction is almost immediate, and the solvent easily removed through evaporation at room temperature. The reaction residue can be taken up in some suitable solvent like ether for subsequent reaction. Typically, 45% radiochemical yields of the radiolabeled sulfonamide can be obtained, with subsequent reaction carried out in the same vessel in which the precursor was prepared.



On testing reactivity of various sulfonamides, endonorbornyl-p-tolylsulfonamide exhibited the highest level toward exchange yielding [¹⁸F]fluorobenzene in roughly 60% yield.

C. Nucleophilic Fluorinating Agents Labeled with Fluorine-18

i. Preparation of Fluorine-18 Labeled Fluoride Ion:

Today, radiofluorinations based on nucleophilic processes rely almost exclusively on no-carrier-added [¹⁸F]fluoride as the labeling precursor. For years, a number of problems which greatly affected [¹⁸F]fluoride reactivity had to be solved in order for radiochemists to successfully move ahead with this precursor. Several papers discuss these issues. (Kilbourn, 1990; Brodack *et al.*, 1986; Gatley *et al.*, 1986; Gatley and Shaughnessy, 1981; Kilbourn *et al.*, 1986; Coenen, 1989)

One key issue is how to render the [¹⁸F]fluoride in a suitable solvent that is devoid of an excess of water. Since the method of choice for producing no-carrier-added fluorine-18 is the ¹⁸O(p,n)¹⁸F reaction on ¹⁸O-enriched water targets, it is necessary that the fluoride and aqueous media be separated prior to subsequent chemistry. It is worth mentioning that a cryogenic target design relying on a frozen state of ¹⁸O-enriched carbon dioxide during irradiation generates reasonable yields of fluorine-18, and provides an easy way to separate the target material from the radioisotope after bombardment. (Firouzbakht, *et al.*, 1999b) Essentially, the target material is thawed and the enriched gas recovered leaving the fluorine-18 deposited on the walls. However, even in this instance,

the [¹⁸F]fluoride was recovered through basic aqueous rinses of the target bringing us back to the same issue of anhydrous fluoride.

Typically, most nucleophilic radiofluorinations will tolerate trace levels of water in the reaction medium so it is not essential, and probably next to impossible to render the [¹⁸F]fluoride entirely anhydrous. Simple distillation of the aqueous phase can lead to two problems. On the one hand, recovery of the enriched water while maintaining isotopic purity may not be effective. More importantly, distillation can lead to a concentration of anionic and cationic contaminants from the target materials that can influence reactivity of the [¹⁸F]fluoride. (Nickles *et al.*, 1986) Cations, especially Al³⁺ and Ca²⁺, will probably impinge on reactivity the most.

A number of procedures have been described for isolating [¹⁸F]fluoride and target water that render it in suitable reaction media. Typically, the target water is processed through an ion exchange resin that provides a means not only to recover the target water, but also a way to remove some of the target water ion contaminants that can impact on reactivity. One way involves using Dowex AG1-X8 anion exchange resin. (Schlyer *et al.*, 1987; Jewett *et al.*, 1988; Schlyer *et al.*, 1990) Interestingly enough, this resin seems to have a high affinity for metal cations, as well. Extensions of this approach have also been described. One includes using quaternary ammonium resins for isolation of the [¹⁸F]fluoride from the target water, as well as for creating a reactive nucleophilic media for subsequent chemistry. (Mulholland *et al.*, 1988; Mulholland *et al.*, 1989) Additionally, a supported aminopolyether can be used to a similar extent as the quaternary ammonium resin with perhaps some enhancement of fluoride reactivity. (Hamacher *et al.*, 1990) Finally, [¹⁸F]fluoride can be extracted from target water using a potassium ion/cryptand complex immobilized on a stationary support. (Jewett *et al.*, 1988) Two other approaches are worth mentioning because they don't rely on a trapping agent to achieve separation of the radioisotope and target water. One method utilizes electrochemical deposition as a means to achieve reasonable extraction efficiency of [¹⁸F]fluoride from target water. (Alexoff *et al.*, 1989) By controlling the polarity on an applied potential across an electrochemical cell, it is possible to selectively deposit [¹⁸F]fluoride on the cell's walls and later remove it with reasonable efficiency. Unfortunately, the technique has not found wide-spread acceptance. The other method involves chemically converting the [¹⁸F]fluoride into gaseous [¹⁸F]fluorotrimethylsilane to achieve separation. The gas can be trapped in near anhydrous acetonitrile and hydrolyzed back to fluoride using a small amount of base. (Gatley, 1989)

Another key issue is how to maintain [¹⁸F]fluoride solubility. Without a doubt this is the most important requirement for successful nucleophilic radiofluorinations. A counterion is usually required that possesses sufficient solubility within the reaction media to maintain fluoride solubility, as well. Typically, [¹⁸F]fluoride is extracted from the anion exchange resin using a dilute alkali metal carbonate solution. Typically, potassium carbonate is preferred. However, the K⁺ counterion possesses limited solubility in some reaction solvents. Larger alkali metals such as cesium or rubidium do offer some enhancement to fluoride solubility although they are still limited in some respects. Even so, these salts have been successfully used in a number of radiofluorinations. (Shiue *et al.*, 1985; Shiue *et al.*, 1986a; Shiue *et al.*, 1986b)

A number of alternate methodologies have been investigated to provide enhancement to solubility, as well as to reactivity. Some of these involve adding complexing agents to enhance cation solubility, while others explore different cations altogether. For example, addition of 18-crown-6 ether will greatly improve [¹⁸F]fluoride

reactivity in certain instances such as radiofluorinating progesterone. (Irie *et al.*, 1982; Irie *et al.*, 1984) Use of aminopolyether Kryptofix 2.2.2. as a complexing agent will also improve K^+ solubility, and greatly enhance nucleophilic radiofluorinations with [^{18}F]fluoride on both aliphatic and aromatic substrates. Examples of successful radiofluorinations include the preparation of [^{18}F]-2-deoxy-D-mannose, [^{18}F]-2-deoxy-D-glucose, [^{18}F]-N-methylspiperone, [^{18}F]-spiperone, as well as [^{18}F]-aliphatic carboxylic acids. (Block *et al.*, 1986; Coenen, *et al.*, 1986a; Hamacher *et al.*, 1986a; Hamacher *et al.*, 1986b; Hamacher *et al.*, 1986c) A good choice for alternate cations includes the tetraalkylammonium salts, R_4N^+ (R =methyl, ethyl or butyl). These salts are extremely proficient at promoting nucleophilic radiofluorinations without the need for additional complexing agents. They also offer greater utility in terms of their ability to remain solubilize in a variety of solvent classes. (Kiesewetter *et al.*, 1986)

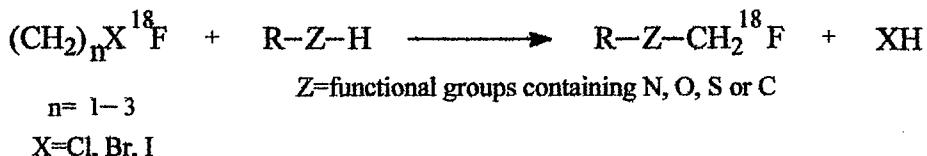
ii. Preparation of Fluorine-18 Labeled Hydrogen Fluoride:

Fluorine-18 labeled hydrogen fluoride, $H[^{18}F]$, can be used in nucleophilic radiofluorinations of aromatic compounds by the Schiemann or triazene decomposition reactions although the former requires the presence of carrier, and neither reaction is terribly efficient. (De Kleijn, 1977; Ng *et al.*, 1981; Barrio *et al.*, 1983; Berridge *et al.*, 1985; Satyamurthy *et al.*, 1990b)

Shortly after the development of the neon gas target for [^{18}F]F₂ production using the $^{20}Ne(d,\alpha)^{18}F$ nuclear reaction, researchers quickly realized that in the absence of any reactive scavenging gas, the fluorine-18 remains trapped to the inside walls of the target. This phenomenon can be exploited as a way to prepare large quantities of presumably anhydrous $H[^{18}F]$ for nucleophilic radiofluorinations. This process, however, involves heating the target after irradiation up to 1000°C while flushing hydrogen gas through it. (Winchell, 1976) The hydrogen gas reacts with the surface bound fluorine-18, and allows it to be harvested as $H[^{18}F]$. A similar strategy can be applied to irradiations of oxygen-18 enriched O₂ gas. Unfortunately, the rigors of heating a metal target to such extreme temperatures will eventually take their toll on target surface morphology, as well as on target hardware. A more practical approach involves the addition of hydrogen gas to the target during the irradiation. Non-heated recirculating gas targets work, but only generate modest amounts of $H[^{18}F]$ (20-30 mCi). (Tewson and Welch, 1980; Levy *et al.*, 1982) By combining the features of heating the target during the irradiation along with adding hydrogen gas to the neon will produce much larger amounts of $H[^{18}F]$. (Blessing *et al.*, 1986; Clark and Buckingham, 1982; Ehrenkaufer *et al.*, 1983b; Kilbourn *et al.*, 1982) The advantage here is that the target doesn't have to be heated to such extreme temperatures as in the post-irradiation treatment described above. Even so, this approach is not terribly dependable for consistent recovery of no-carrier-added $H[^{18}F]$. Improved reliability can be achieved, at the cost of specific activity, through the addition of small amounts of carrier HF. Even so, controlling the amount of carrier introduced is not trivial. Anhydrous HF gas is highly corrosive requiring suitable valves and plumbing to safely manipulate small amounts of the material. A variation on this strategy uses mixtures of CF₄ and H₂ in neon. Small but adequate amounts of carrier HF are generated *in situ* presumably through radiolysis. (Ferrieri *et al.*, 1982)

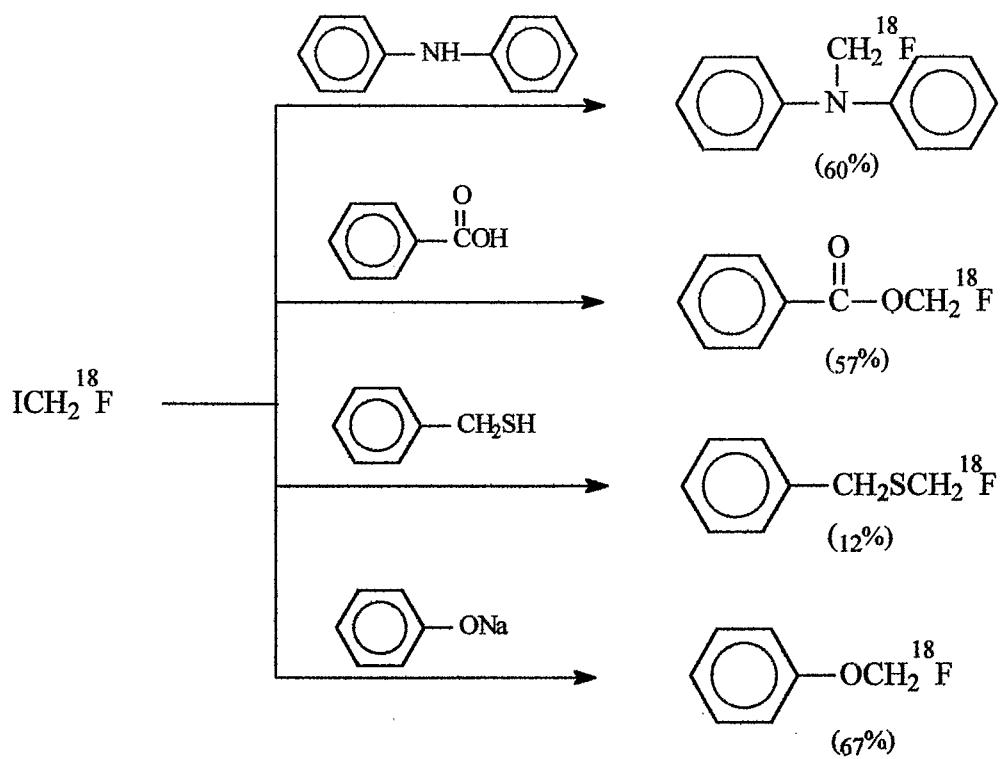
D. Preparation of Fluorine-18 Labeled Alkylating Agents

Direct nucleophilic substitution with no-carrier-added [¹⁸F]fluoride is often difficult and sometimes even impossible to carry out in certain complex molecules. A classic example is the aryl radiofluorination of phenolic compounds. Due to the acidity of the phenolic hydrogen, abstraction of hydrogen by fluoride will dominate over substitution. Researchers quickly realized that there was a need to expand the arsenal of radiofluorinating agents beyond the scope of the simple electrophilic precursors, and “naked” fluoride. An alternate labeling strategy evolved for introducing fluorine-18 onto larger molecules by first attaching the radioisotope to a prosthetic group. One of the first areas to be developed involved the preparation and application of bifunctional [¹⁸F]fluoroalkanes. The intent here was to replace radiopharmaceuticals labeled with [¹¹C]alkyl iodides with near equivalent compounds labeled with longer-lived fluorine-18.

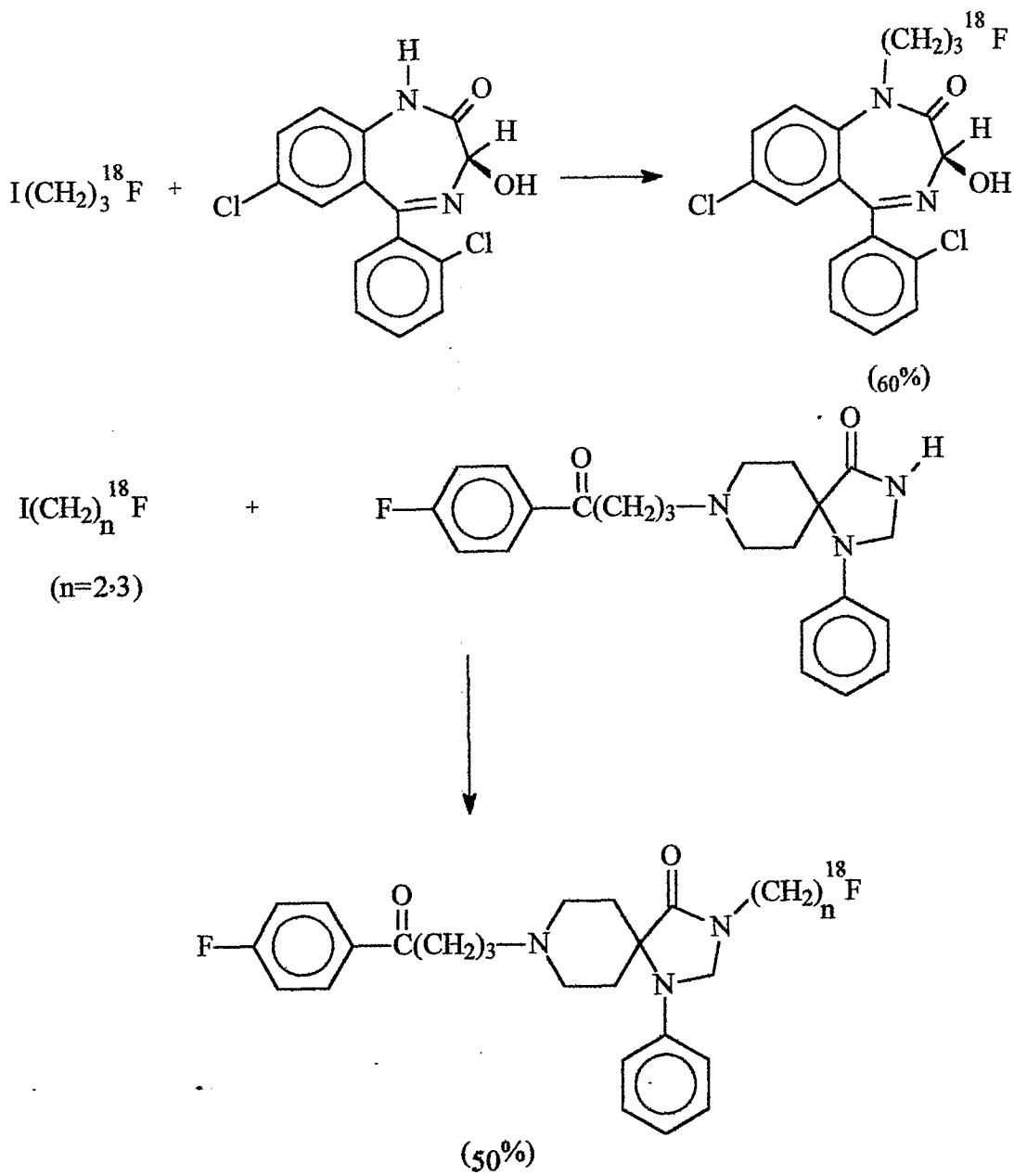


No-carrier-added CH₂Br[¹⁸F] was the first to be prepared in this class of precursor. (Coenen *et al.*, 1986b) It can be readily prepared by exchange of ¹⁸F-for-Br through nucleophilic substitution of [¹⁸F]fluoride with CH₂Br₂. Typically, the reaction is carried out in anhydrous acetonitrile at 115°C, and the volatile radiolabeled product collected cryogenically using liquid nitrogen. The trick to getting an efficient reaction here is to render the fluorine-18 in a reactive form. As described earlier, this is readily accomplished by adding potassium carbonate and aminopolyether Kryptofix 2.2.2. as a complexing agent to the aqueous phase containing the fluorine-18. Yields of 62% can be attained in this fashion.

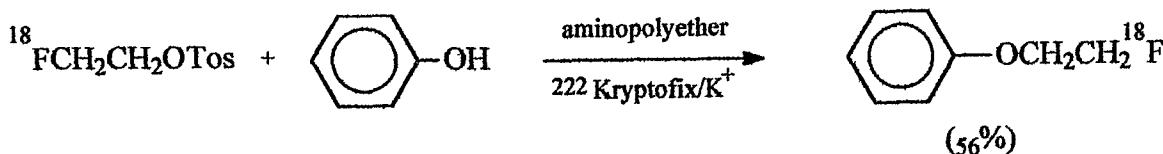
More recently [¹⁸F]fluoromethyl iodide, CH₂I[¹⁸F], was prepared using much the same strategy as described above where reactive [¹⁸F]fluoride is mixed with diiodomethane. (Zheng and Berridge, 2000) Although yields are not as high (40% in 15 minutes time) as the bromide form, an advantage here is that cryogenic trapping of the precursor does not have to be as rigorous. A dry ice bath at -20°C will perform nicely. A number of applications for labeling with CH₂I[¹⁸F] have also been tested and it seems that the iodo form is slightly more reactive toward SN₂ reactions.



This class of precursor was quickly expanded to include [¹⁸F]fluoroalkanes with larger carbon side-chains. However, the size of the alkyl side-chain, as well as the nature of the leaving group, can strongly influence the nucleophilic substitution yield where higher yields are usually obtained for larger side-chains, and for a sequence of leaving groups Br < mesyl < tosyl.(Block *et al.*, 1987) The choice of starting material for larger side-chains is somewhat independent of the leaving substituent, and can be made on the basis of commercial availability. It should be noted, however, that symmetrical bistosyloxyalkanes offer a greater advantage with respect to the stability of the educts and the fluorinated products when compared to the respective halides. Even so, the number of successful applications of N-alkylation of neurotransmitter receptor active amides and amines using [¹⁸F]fluoroalkyl halides suggests that these precursors can work equally well in many circumstances. (Shiue *et al.*, 1987) Examples below illustrate that radiolabeling of N-(3-[¹⁸F]fluoropropyl)lorazepam and N-(2-[¹⁸F]fluoroethyl) and N-(2-[¹⁸F]fluoroproyl) spiroperidols by this approach can be accomplished with very good yields.



Successful radiofluorination of H-acidic compounds can also be carried out using [¹⁸F]fluoroalkylating agents. (Block *et al.*, 1988a) As mentioned earlier, compounds in this class, such as the phenols, can not be radiofluorinated with "naked" fluoride. However, it is possible to accomplish this task in high yields using suitable [¹⁸F]fluoroalkylating agents. In this instance, the best no-carrier-added labeling yields are obtained using tosylates as leaving groups.

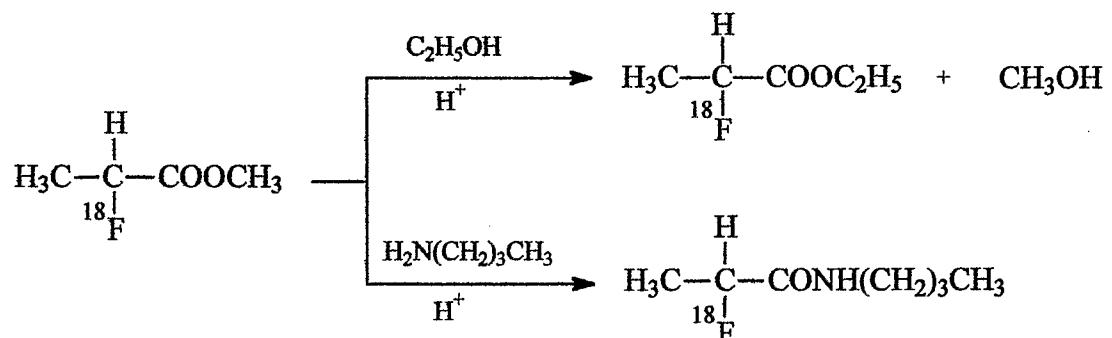


The trifluoromethylsulfonates (triflates) are also good leaving groups for inducing efficient nucleophilic exchange with [¹⁸F]fluoride to yield the respective [¹⁸F]alkylating agent. Both 3-bromopropyl-1-triflate and 3-iodopropyl-1-triflate can be used as starting materials for preparing useful amounts of the labeling precursors, 3-[¹⁸F]fluoropropyl bromide and 3-[¹⁸F]fluoropropyl iodide. Their usefulness in radiofluorinations has been demonstrated in the labeling of several diprenorphine derivatives, (Chesis and Welch, 1990) of certain dopamine D-1 and benzodiazepine receptor radioligands, (Teng *et al.*, 1990) as well as in the labeling of certain derivatives of spiperone. (Oh *et al.*, 1999)

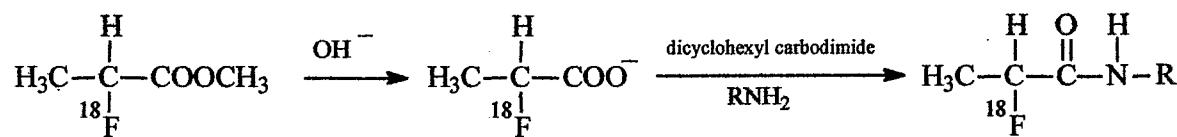
E. Preparation of Fluorine-18 Labeled Acylating Agents

Developments in radiolabeled peptides and antibody fragments possessing relatively fast *in vivo* kinetics for receptor and immunoimaging quickly lead to a need for ways to radiofluorinate large biologically active molecules at no-carrier-added levels. While radiofluorination of peptides by electrophilic fluorination has been shown to proceed with reasonable efficiency, the process requires carrier fluorine which is not tolerable in many instances. (Hebel *et al.*, 1990) Chemists turned their attention to developing a new class of labeling precursor based on no-carrier-added [¹⁸F]fluoroacylating agents. Agents in this class include [¹⁸F]fluorocarboxylic acids, their esters and the acid halides.

In the early stages of development, fluoroacetylation with no-carrier-added 2-[¹⁸F]fluoropropionic acid methylester was successfully applied to primary alcohols and amines. (Block *et al.*, 1988b)



This synthetic scheme can be optimized for reactions with amines by incorporating an additional step to convert the ester to its free acid form using base mixed with dicyclohexylcarbodiimide.



The preparation of 2-[¹⁸F]fluoropropionic acid methylester is similar to what has already been described for the [¹⁸F]fluoroalkylating agents. Activation by the aminopolyether 2.2.2./K₂CO₃ complex is used for the nucleophilic fluorine-18 exchange in α -substituted acid esters. Increasing yields for formation of the precursor are found with the sequence of leaving groups: I<<Cl<Tos<Br.

Unfortunately, there are limitations to this approach to radiofluorination of peptides and proteins or even non-biological compounds of interest. The proficiency for the [¹⁸F]fluoropropionic acid methylester precursor to radiolabel secondary alcohols and amines is considerably less than on primary substrates. In addition, it has not been possible to sustain efficient nucleophilic substitutions on smaller acid moieties such as the highly activated esters of bromoacetic acid. This shortcoming, however, can be overcome using a variation involving activated esters and imidazolides of [¹⁸F]acetic acid or [¹⁸F]propionic acid, but at the expense of increased complexity to the radiosynthesis. (Guhlike *et al.*, 1994)

Additional applications for labeling monoclonal antibodies with ¹⁸F can be found utilizing radiolabeled acylating agents such as the [¹⁸F]-N-succinimidyl 8-(4-fluorobenzyl)amino substrates, (Garg *et al.*, 1991) and [¹⁸F]-N-succinimidyl 4-fluorobenzoate (Vaidyanathan and Zalutsky, 1992) that are prepared from 4-[¹⁸F]fluorobenzoic acid. The process for radiolabelling the benzoic acid involves [¹⁸F]fluoride substitution for trimethylammonium group on 4-formyl-N,N,N-trimethylanilinium triflate followed by oxidation to the acid. More recently, a greatly simplified one-step synthesis of [¹⁸F]-N-succinimidyl 4-(fluoromethyl)benzoate was reported that involved nitro substitution using Kryptofix 2.2.2/[¹⁸F] and N-succinimidyl-4-[(4-nitrobenzenesulfonyl)oxymethyl]benzoate to produce the acylating agent in a radiochemical yield of 18% within 30 minutes. (Lang and Eckelman, 1994)

F. Fluorine-18 Labeled Fluoroaryl Precursors

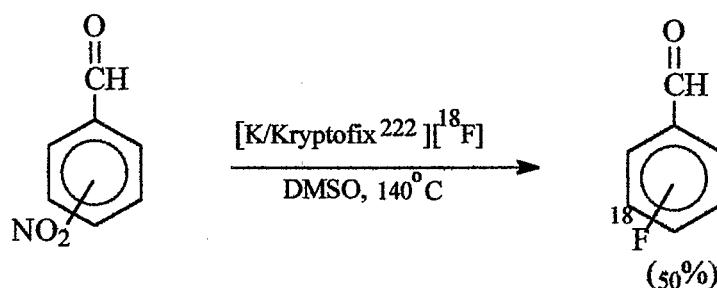
A number of no-carrier-added fluorine-18 labeled aromatic compounds can be made that add enormous versatility in the chemist's arsenal of labeling synthons to allow him to tackle rather complex multi-step syntheses of radiopharmaceuticals successfully. No-carrier-added synthesis of many of these key intermediates usually involves nucleophilic aromatic substitution. This process most often proceeds with high efficiency, and in high yield for radiofluorinations involving [¹⁸F]fluoride ion displacement of either a nitro group, halogen atom or a N⁺(CH₃)₃ group on an aromatic ring that is activated by some strongly electron-withdrawing function such as a cyano, nitro or keto group. (Angelini *et al.*, 1985; Attina *et al.*, 1983; Shiue *et al.*, 1984) It has been possible to use this reaction in the presence of electron-donating groups. (Ding *et al.*, 1990)

i. Preparation of [¹⁸F]fluorobenzaldehydes:

[¹⁸F]Fluorobenzaldehydes are regarded as extremely useful precursors not only for their ability to produce other radiofluorinating agents such as [¹⁸F]benzyl alcohols and [¹⁸F]benzyl halides, but also because they can be used directly in the preparation of some rather complex radiopharmaceuticals. 4-[¹⁸F]Fluorobenzaldehyde was first successfully

used for the synthesis of the amino acid D,L-4-[¹⁸F]fluoroalanine. (Lemaire *et al.*, 1987) Other examples using either 4-[¹⁸F]fluorobenzaldehyde or 6-[¹⁸F]fluoropiperonal include the radiolabeling of L-6-[¹⁸F]fluorodopa (Lemaire *et al.*, 1990), L-4-[¹⁸F]fluorotyrosine (Lemaire *et al.*, 1991), the MAO inhibitor [¹⁸F]fluorodeprenyl (Plenevaux *et al.*, 1991), as well as the false adrenergic transmitter [¹⁸F]fluoronorepinephrine. (Ding *et al.*, 1991) Reductive amination of these fluoroaldehydes in the presence of suitable secondary amines can also be a good source of radiopharmaceuticals possessing a benzyl amino group. [¹⁸F]Fluorotropapride, a D₂ antagonist, is prepared in this manner. (Damhaut *et al.*, 1991) Oxidation of [¹⁸F]fluorobenzaldehydes by the Baeyer-Villiger reaction followed by dealkylation using boron tribromide will also produce [¹⁸F]fluorocatechol. (Chakraborty and Kilbourn, 1991)

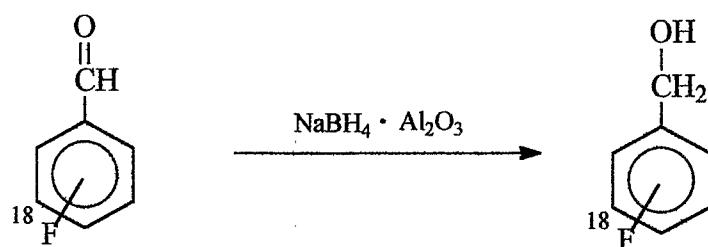
[¹⁸F]Fluorobenzaldehyde is typically prepared in high yield by radiofluorination of o- or p-nitrobenzaldehyde using [¹⁸F]fluoride activated with Kryptofix 2.2.2./K⁺ as a complexing agent. (Lemaire *et al.*, 1987; Lemaire *et al.*, 1992)



The reaction is typically carried out in 1 mL DMSO solvent using about 15 mg of the corresponding nitroaldehyde. Reaction time is 20 minutes with heating in a closed vessel at 130-140°C. The crude product is purified using a C-18 Sep Pak to extract the product and tetrahydrofuran or some suitable solvent to eventually extract the aldehyde for subsequent reaction. Radiofluorination yields in this step are usually >50%.

ii. Preparation of [¹⁸F]fluorobenzylalcohols:

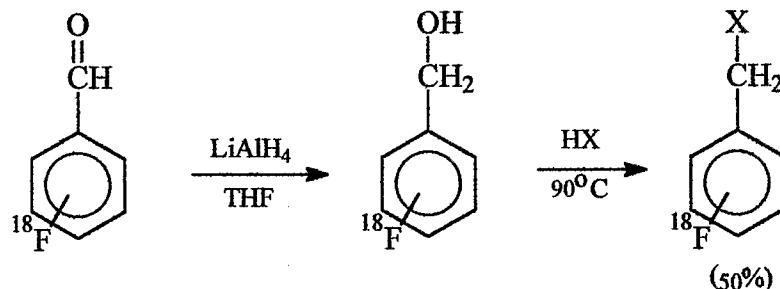
The [¹⁸F]fluorobenzylalcohols are important only in the sense that they are key intermediates to generating [¹⁸F]fluorobenzylhalides. These compounds are prepared from their respective [¹⁸F]fluorobenzaldehydes using the procedures described above. However, purification of the radiofluorinated aldehyde is not necessary after the first step of the reaction as reduction to the alcohol can be carried out in the same vessel. The contents must be cooled, however, at the end of the first step after which 10 mg NaBH₃CN and a trace of bromocresol green are added. The mixture must also be made acidic (pH 4) typically by adding dilute HCl/methanol. (Hatano *et al.*, 1991) Reduction using lithium aluminum hydride is also possible, but the added complexity to render the [¹⁸F]fluorobenzaldehyde anhydrous, as well as devoid of DMSO creates much more complexity than is needed. A third approach is appealing because of its simplicity. The method uses solid-phase reduction involving a small column of NaBH₄ supported on aluminum oxide. (Lemaire *et al.*, 1991) The reaction contents from the [¹⁸F]fluorobenzaldehyde synthesis are simply passed through a potassium carbonate drying tube before entering the reduction column. The [¹⁸F]fluorobenzyl alcohol is directly recovered from the column using THF solvent.



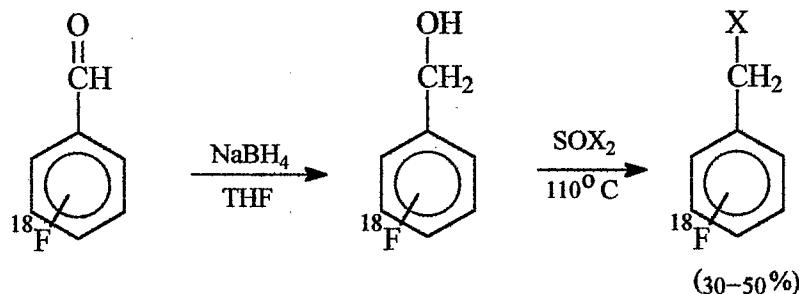
iii. Preparation of [¹⁸F]fluorobenzylhalides:

Within the class of [¹⁸F]fluoroaryl precursors, the [¹⁸F]fluorobenzylhalides are perhaps the most versatile in the sense that they provide a widest range of useful radiopharmaceuticals by simple [¹⁸F]fluorobenzylation. The usefulness of [¹⁸F]fluorobenzylations in radiopharmaceutical synthesis was first demonstrated with the preparation of several radiolabeled benzamide neuroleptics that exhibited high specific binding toward D₂-dopamine receptors *in vivo* (Hatano *et al.*, 1991). In addition, several other receptor ligands have been prepared by this approach including 2- and 4-[¹⁸F]fluorotropaprides (Damhauat *et al.*, 1992), [¹⁸F]NCQ 115 (Halldin *et al.*, 1994), and *p*-[¹⁸F]fluorobenzyltrozamicol. (Efange *et al.*, 1994)

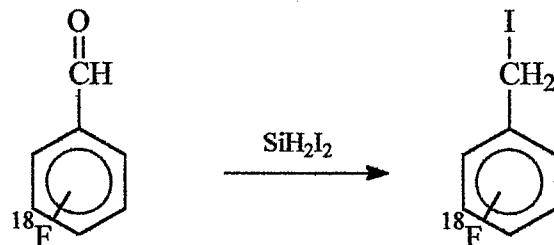
[¹⁸F]Fluorobenzyl halides can be prepared in a number of ways, most of them involving complicated multi-step reactions. All begin with the preparation of a [¹⁸F]fluorobenzaldehyde using the methods described above. From this point one of four ways can be used to convert the fluoroaldehyde into the appropriate fluorobenzyl halide. The first three methods require a reduction step to convert the aldehyde to the corresponding alcohol. The best ways to accomplish this task have already been described in the preceding section under [¹⁸F]fluorobenzyl alcohols. In the first method, which was tailored for making 4-[¹⁸F]fluorobenzyl iodide, the [¹⁸F]fluorobenzaldehyde is reduced to the alcohol using a solution of lithium aluminum hydride in THF solvent. (Mach *et al.*, 1993) As mentioned earlier, care must be taken to remove excess water and DMSO solvent from the proceeding reaction. Reduction occurs rapidly and efficiently at room temperature with adequate stirring, after which the solvent is evaporated. The radiofluorinated alcohol remains complexed as the lithium salt. Hydrolysis of the salt and iodination of the free alcohol is accomplished using hydroiodic acid (57%) and reaction for 3 minutes at 90°C. This can be carried out in the same reaction vessel as that used in the aldehyde reduction. After the iodination reaction, the crude product is purified through extraction with a C-18 Sep Pak. A variation on this approach uses hydrobromic acid, HBr, in place of the hydroiodic acid to make [¹⁸F]fluorobenzyl bromide. (Hatano *et al.*, 1991)



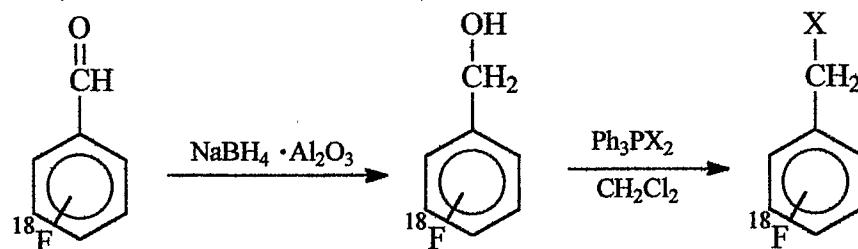
In the second method, either thionyl chloride or thionyl bromide can be used in place of hydroiodic or hydrobromic acids to convert the alcohol to the corresponding halide. (Hwang *et al.*, 1991; Damhaut *et al.*, 1992) This method offers a slight advantage over the previous one in that the THF solvent used either in the reduction step or in the [¹⁸F]fluorobenzyl alcohol extraction does not have to be evaporated to dryness. Volumes are reduced slightly and reaction carried out for 1-2 minutes at 110°C in a sealed vessel. Yields on average are slightly less than the previous method, but certainly adequate.



A third method involves direct reductive iodination of [¹⁸F]fluorobenzaldehyde using diiodosilane, SiH₂I₂. (Lemaire *et al.*, 1994; Dence *et al.*, 1997) While the method does eliminate the need for an intermediate reduction step, one must still isolate the aldehyde from the DMSO solvent prior to the iodination step.

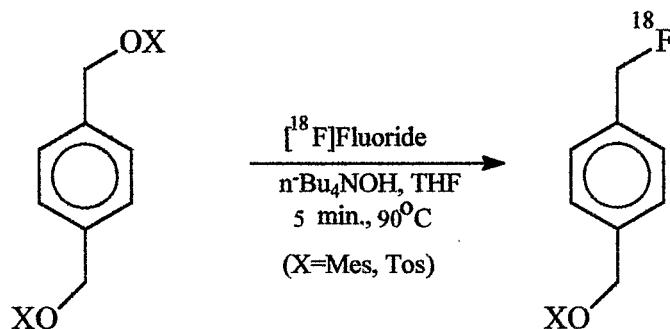


The last method offers one key advantage over the other methods in that the processes are greatly simplified by utilizing a solid-phase reaction in the reduction step followed by halogenation using dihalotriphenylphosphine, PH₃PX₂ (X=Br, I). The entire process is amenable to system automation requiring about 30 minutes. (Iwata *et al.*, 2000) Once the [¹⁸F]fluorobenzaldehyde is made it is reduced to the alcohol using a solid-phase reaction involving alumina supported NaBH₄. This procedure was described earlier. The halogenation step is carried out at room temperature in CH₂Cl₂ using about 10mg of either PH₃PBr₂ or PH₃PI₂. Conversions of the alcohol to the bromide are near quantitative for 2 minutes of reaction, and somewhat less to convert to the iodide.



iii. Preparation of [¹⁸F]fluoroalkylbenzylsulfonate esters:

An extension of the [¹⁸F]benzylating agents includes the small group of [¹⁸F]fluoroalkylbenzylsulfonate esters which provide a way to attach radiofluorinated aromatic groups with longer carbon side-chains. (Choe *et al.*, 1998) The method for making these precursors involves [¹⁸F]fluoride displacement of the corresponding bisulfonate ester. The incorporation of [¹⁸F]fluoride into 1,4-benzenedimethanol bimesylate or bitosylate is somewhat low (on average 32%), but acceptable for subsequent radiolabeling. In application, the [¹⁸F]fluoromethylbenzylsulfonate ester was prepared and reacted with spiperone and 1-phenylpiperazine to yield 3-N-(4-[¹⁸F]fluoromethylbenzyl)spiperone and 1-N-(4-[¹⁸F]fluoromethylbenzyl)-4-phenylpiperazine as products demonstrating the precursor's efficacy for radiolabeling amides and secondary amines.



iv. Preparation of [¹⁸F]fluorohalobenzenes:

[¹⁸F]Fluorohalobenzenes are useful precursors in the synthesis of a variety of fluorine-18 labeled aryl-lithium, aryl-magnesium and aryl-zinc compounds, which can be used to form carbon-carbon bonds through their reaction with suitable electrophilic reagents. A number of methods exist for producing this class of precursor although only two are acceptable for radiofluorination of receptor-based imaging agents.

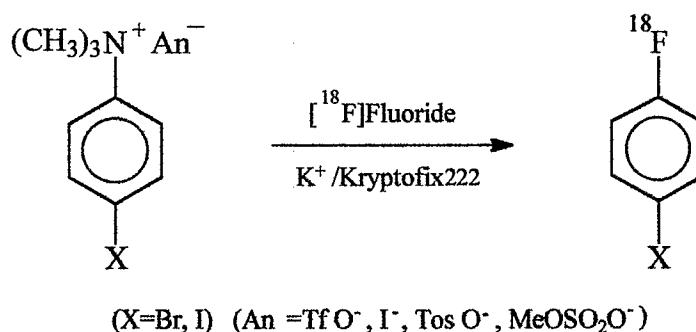
The first reported method involved recoil labeling of halobenzenes using a target comprised of an appropriate halobenzene mixed with hexafluorobenzene. (Berei *et al.*, 1974; Berei *et al.*, 1987) Fluorine-18 was produced using the $^{19}\text{F}(\text{n},2\text{n})^{18}\text{F}$ nuclear reaction. As is typical with this approach, radiochemical yields of the [¹⁸F]fluorohalobenzene are <1% with low specific activity.

A second approach relies on electrophilic fluorination using [¹⁸F]F₂ or [¹⁸F]acetyl hypofluorite on *para*-substituted phenyl derivatives of tin or other suitable metal. (Coenen *et al.*, 1987) While radiochemical yields are typically in excess of 60%, specific activity of the final product is usually unsuitable to make this approach practical.

A third approach involves nucleophilic substitution of no-carrier-added [¹⁸F]fluoride producing 4-[¹⁸F]fluorochlorobenzene in a 14% yield after a rather long (85 minute), and complicated three-step synthesis. (Feliu, 1988) The process involves [¹⁸F]fluoride exchange on 1,4-dinitrobenzene followed by reduction and diazotization to yield [¹⁸F]-*p*-fluorobenzene-diazonium chloride. The key reaction in this three-step synthesis is the reduction of the diazonium chloride using sodium cyanoborohydride.

The final approach is very attractive because it requires only a single step involving direct nucleophilic aromatic substitution of [¹⁸F]fluoride on appropriate

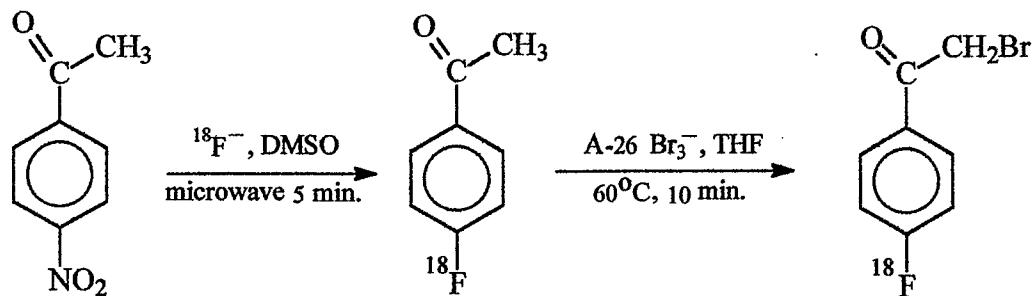
halophenyl-trimethylammonium salts. The method was applied to the preparation of 4-[¹⁸F]fluorobromobenzene and 4-[¹⁸F]fluoroiodobenzene in relatively high yield (50%).



v. Preparation of [¹⁸F]fluoroarylketones:

Attempts to expand the scope of radiofluorinations of large biologically active molecules resulted in the development of *p*-[¹⁸F]fluorophenacyl bromide as a radiofluorinating agent. (Kilbourn *et al.*, 1987; Downer *et al.*, 1997) In addition to providing a means to radiofluorinate amine sites of large molecule, *p*-[¹⁸F]fluorophenacyl bromide can be potentially useful for alkylating the thiol of free cysteine to form the corresponding thioether, or the methionine residues of proteins. (Glaser *et al.*, 1966; Kanstrup *et al.*, 1993)

p-[¹⁸F]Fluorophenacyl bromide can be prepared by two methods both relying on the intermediate synthesis of *p*-[¹⁸F]fluoroacetophenone. (Dence *et al.*, 1993) The *p*-[¹⁸F]fluoroacetophenone is prepared by nucleophilic substitution of [¹⁸F]fluoride ion for the nitro group on *p*-nitroacetophenone. Typically, 55-60% radiochemical yields are obtained in 5 minutes of reaction using microwave heating of a sealed 5 mL Reactivial™ containing 2 mg of substrate dissolved in DMSO. (Hwang *et al.*, 1987) After reaction, the *p*-[¹⁸F]fluoroacetophenone is purified using a C-18 Sep Pak. The first method for converting the radiolabeled acetophenone to *p*-[¹⁸F]fluorophenacyl bromide involves dissolving the intermediate in THF containing a small amount (600 mg) of Perbromide on Amberlyst™ A-26 resin. After 10 minutes of reaction at 60°C, the mixture can be easily extracted with dilute thiosulfate solution, and purified by Sep-Pak to generate 65% yield of the radiofluorinating precursor.



In a second less efficient method, the radiolabeled acetophenone is mixed in glacial acetic acid treated with 10 mg of 4-(dimethylamino)pyridiniumbromide perbromide and heated

for 10 minutes at 90°C. Final extraction generates about 42% of purified precursor, somewhat lower than the resin approach, but acceptable.

IV. Conclusions

It is evident from this chapter that there is enormous flexibility both in the selection of the nature of the radioisotope and ways to generate it, as well as in the selection of the labeling precursor to appropriately attach that radioisotope to some larger biomolecule of interest. The arsenal of radiolabeling precursors now available to the chemist is quite extensive, and without a doubt will continue to grow as chemists develop new ones. However, the upcoming years will perhaps reflect a greater effort in refining existing methods for preparing some of those precursors that are already available to us. For example, the use of solid-phase reactions to accomplish in a single step what would normally take several using conventional solvent-based reactions has already been shown to work in many occasions. The obvious advantage here is that processes become more amenable to system automation thus affording greater reliability in day-to-day operations. There are perhaps other technologies in science that have yet to be realized by the chemist in the PET laboratory that could provide a similar or even a greater benefit. One only needs to be open to new ideas, and imaginative enough to apply them to the problems at hand.

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Table 1. Physical Properties of the Short-Lived Positron Emitters

Isotope	Half-life (min)	Specific Activity ^a (Ci/mmol)	Maximum Energy (MeV)	Range (mm) in Water ^b	Decay Product
Fluorine-18	110	1.71×10^6	0.635	2.4	Oxygen-18
Carbon-11	20.4	9.22×10^6	0.96	4.1	Boron-11
Nitrogen-13	9.96	1.89×10^7	1.19	5.4	Carbon-13
Oxygen-15	2.1	9.08×10^7	1.72	8.2	Nitrogen-15

a. Theoretical maximum specific activity; in practice, specific activities are typically 5000 times lower because of unavoidable dilution with the stable element.

b. Maximum linear range.

Table 2. Nuclear Reactions for Producing Carbon-11

Particle	Reaction	Q-Value (MeV)	Threshold (MeV)	Cross Section (mb)	Reference
γ	$^{12}\text{C}(\gamma, \text{n})^{11}\text{C}$	-18.7	18.7	4	Hylten, 1970
p	$^{11}\text{B}(\text{p}, \text{n})^{11}\text{C}$	-2.8	3.0	100	Hintz and Ramsey, 1952
p	$^{10}\text{B}(\text{p}, \gamma)^{11}\text{C}$		0		Crane and Lauritsen, 1934
p	$^{12}\text{C}(\text{p}, \text{pn})^{11}\text{C}$	-18.7	20.3	100	Aamodt <i>et al.</i> , 1952
p	$^{14}\text{N}(\text{p}, \alpha)^{11}\text{C}$	2.9	3.1	250	Epherre and Seide, 1971
d	$^{10}\text{B}(\text{d}, \text{n})^{11}\text{C}$	6.5	0	180	Brill and Sumin, 1960
d	$^{11}\text{B}(\text{d}, 2\text{n})^{11}\text{C}$	-5.0	5.9	48	Brill and Sumin, 1960
d	$^{12}\text{C}(\text{d}, \text{p}2\text{n})^{11}\text{C}$	-20.9	24.4	61	Wilkinson, 1955
^3He	$^9\text{Be}({}^3\text{He}, \text{pn})^{11}\text{C}$	7.6	0	113	Hahn and Ricci, 1966
^3He	$^{10}\text{B}({}^3\text{He}, \text{pn})^{11}\text{C}$	1.2	0	285	Brill, 1965
^3He	$^{11}\text{B}({}^3\text{He}, \text{p}2\text{n})^{11}\text{C}$	-1.8	2.3	35 ^a	
^3He	$^{12}\text{C}({}^3\text{He}, {}^4\text{He})^{11}\text{C}$	1.9	0	260	Brill, 1965
^4He	$^{16}\text{O}({}^4\text{He}, {}^2\text{He})^{11}\text{C}$	-5.3	6.3	49	Brill, 1965
^4He	$^9\text{Be}({}^4\text{He}, 2\text{n})^{11}\text{C}$	-13.0	18.8	17	Brill and Sumin, 1960
^4He	$^{10}\text{B}({}^4\text{He}, \text{p}2\text{n})^{11}\text{C}$	-19.6	27.4	50 ^a	
^4He	$^{11}\text{B}({}^4\text{He}, \text{p}3\text{n})^{11}\text{C}$	-31.1	42.4	17 ^a	
^4He	$^{12}\text{C}({}^4\text{He}, {}^4\text{He}, \text{n})^{11}\text{C}$	-18.7	24.9	48	Lindner and Osbourne, 1953

a. Theoretical cross-section calculated according to statistical model. (Vaalburg and Paans, 1983)

Table 3. Nuclear Reactions For The Production of Fluorine-18

Particle	Reaction	Q-Value (MeV)	Threshold (MeV)	Reference
t	$^{16}\text{O}(\text{t},\text{n})^{18}\text{F}$	1.270	0	Vera Ruiz, 1988
^3He	$^{16}\text{O}(^3\text{He},\text{p})^{18}\text{F}$	2.003	0	Nozaki <i>et al.</i> , 1974; Fitschen <i>et al.</i> , 1977
^3He	$^{16}\text{O}(^3\text{He},\text{n})^{18}\text{Ne} \rightarrow ^{18}\text{F}$	-3.196	3.795	Nozaki <i>et al.</i> , 1974; Knust and Machulla, 1983
α	$^{16}\text{O}(\alpha,\text{d})^{18}\text{F}$	-18.544	23.180	Clark and Silvester, 1966
α	$^{16}\text{O}(\alpha,2\text{n})^{18}\text{Ne} \rightarrow ^{18}\text{F}$	-23.773	29.716	Nozaki <i>et al.</i> , 1974
d	$^{20}\text{Ne}(\text{d}, \alpha)^{18}\text{F}$	2.796	0	Helus <i>et al.</i> , 1979; Casella <i>et al.</i> , 1980; Blessing <i>et al.</i> , 1986
^3He	$^{20}\text{Ne}(^3\text{He}, \alpha\text{p})^{18}\text{F}$	-2.697	3.102	Backhausen <i>et al.</i> , 1981
^3He	$^{20}\text{Ne}(^3\text{He}, \alpha\text{n})^{18}\text{Ne} \rightarrow ^{18}\text{F}$	-7.926	9.115	Backhausen, <i>et al.</i> , 1981; Crouzel and Comar, 1978
p	$^{18}\text{O}(\text{p},\text{n})^{18}\text{F}$	-2.436	2.571	Ruth and Wolf, 1979; Nickles <i>et al.</i> , 1984

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